

skydive

The Mag



The British Parachute
Association Magazine



www.bpa.org.uk
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June 2007

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* The FFU does not book your flights, when you book with us, we will advise of the flight cost and our ATOL protected travel agent will call you to make the flight reservation.



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My editorial is sandwiched between two unequivocal testaments to the quality of British skydiving: the *Brit Chicks* 52-way red cross and UK 10's outstanding freefly jumps. The all-female 52-way was built with no warm-up jumps, just straight into the big-way from three aircraft. It completed on the third attempt – effectively only the second as the first didn't have a chance due to circumstances beyond our control. In 2002 Kate Stephens and I started *Brit Chicks* – at that time we worked all week to eventually build a 50-way British female record. Just five years later it's possible to go up and throw a 52-way together!

To me, that says just how far British skydiving and especially that of women has progressed. We have world champion women's 4-way teams, the highest female national record in Europe and a tremendous standard of skydiving on the streets. It's also a comment on the coming of age of our sport that, increasingly, worthy organisations such as the Red Cross approach *us!* The British Red Cross wanted the *Brit Chicks* to build a freefalling red cross to draw attention to National Appeal Week and their fantastic work. We were honoured to oblige! I am bursting with pride at our chicks delivering the goods when it most counted – and raising over £30,000 for the Red Cross too!

UK 10 – Get IN! Just 23 jumps yielded the impressive head-down formations you can see over the next few pages. The control and skill of Britain's freeflyers is evident and, again, what makes this so impressive is that these guys just got together and made some truly awesome skydives which anyone in the world would be overjoyed to be on. Way to go dudes! The VRW these guys are doing too is remarkable and I hope we will see them strut their stuff on the world stage.

We in the UK are privileged to enjoy the standard of flying, coaching and mental strength evident in our skydiving scene. We have undoubtedly some of the finest talent in the world right here at home. I'm proud!

Lesley

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If you're interested in skydiving, whatever nation you're from whether a first jump student, an adventure sports enthusiast, or you jump abroad, you'll enjoy The Mag.

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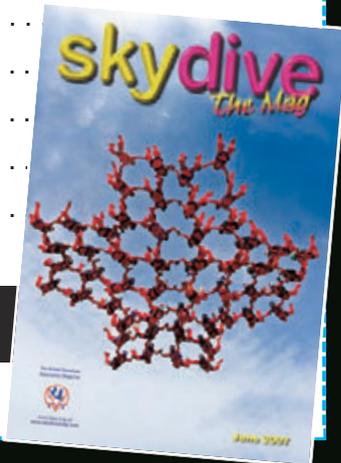
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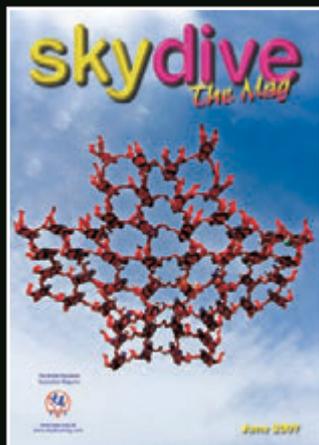
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Cover
Brit Chicks complete a
52-way red cross, by
Willy Boeykens

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The Mag

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NOTE: Some of the photos in this magazine may show skydivers without helmets or altimeters, or otherwise not obeying the BPA Operations Manual, in which case they were taken abroad. In the UK it is mandatory to wear a helmet and alti for obvious safety reasons. Students within The Mag are complying with BPA regulations.

Skydiving training and systems vary in different countries. If you are considering taking a skydiving course or qualification abroad, we recommend you first establish its relevance in the UK, through your CCI.

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The information in this magazine was, to the best of our ability, correct at the time of going to press. Reproduction, printing and mailing take a total of ten days so some information may be out of date, or superseded.

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UK 10

Get IN!

UK 10 Vertical Sequential Group Busts it out in Seville!

April saw some of the UK's best freeflyers get together to fly some sequential head-down dives over the warm skies near Seville at Skydive Spain. Three days focused on vertical head-down jumps, bringing together to the current top two freefly teams in the UK (*Outbreak*: Andy Newell; Jim Harris; Mike Carpenter & *The Bad Lieutenants*: Martin Reynolds; Matt O'Riordan; James Davies), World and European freefly record holders, a former world champion and new British freefly talent.

The group, led by James Davies, focussed on establishing basic formations before moving on to more complex sequential formations, displaying a high level of skills and flying some complex head-down formations – 4 points, including block moves! The mix blended experienced freeflyers like Andy Ford and some of the UK's new talent like Mark Joyner, allowing for a good mix of great enthusiasm and discipline. Everyone enjoyed the cool dives and some hard core après-jumping.

The Origin

Over the last few years a number of projects, invitational events and hard core group training sessions have occurred: Project Horizon; Lodi Sequentials; Babylon & Aria to name just a few. These events, along with the creation of VRW 4-way and the popularity of big-ways (53-way is the current world record for head down), have pushed the skill level of vertical group flying to a much higher standard. Whilst the level has been primarily driven by foreign skydivers, the last few years have seen a relatively fragmented group of UK freeflyers actively jumping in the UK and abroad, travelling for events and to experience a variety of flying styles.

Autumn 2006 saw a brief coming-together of eventual group members at the Langar Go Vertical. The freeflyers had all met and jumped together over the last few years, meeting via friends or at events. After a few years of ideas being thrown around, some jumps were made and finally the skill level and motivation were reached to plan some jumps for 2007.





The Group – More to Come!

The group was roughly 15 freeflyers but not all could make it due to personal commitments. Some fundamentals for joining were established and recommendations from core members lead to new additions. The group aims are to present a high level of British freefly jumps to the UK scene, to challenge the participants, and to stimulate the UK freefly scene so that people who are enthused and wish to reach the required level can obtain the knowledge to progress and be included in future events. Ideas for spreading the information and assisting people who are interested are pending, watch this space!

The Format

The plan was eight jumps a day with full briefing and debriefing, primarily by Mike Carpenter and Jim Harris, with contributions from the group. This was key to the success. The aim was to start with clean head-down formations and move on to sequential skydives depending on the success of the basic jumps.

The Jump Progression

Day 1

The first few jumps comprised single point jumps with a 4-way base and 5 stingers. The first jump was a non-contact jump to promote slot flying and to familiarise the jumpers with each other. Two stage breakoffs and 180° turns before moving away from the formation were instilled to realise the safety standards of current head-down formation jumping. The basic dives were to enable speed, level, proximity and leg issues to be ironed out. Bad weather moved in limiting the day to five jumps but the final couple showed promise with a solid base and stingers all docked leading to a sense of anticipation for Day 2...

Day 2

An 8.30am start lead to ten fantastic jumps. Formations built quickly and cleanly as the group gained confidence. Progression was quick, resulting in multiple point jumps. By lunch, 3 points were being built in a single jump, with a 9-way round being built to end. The skydives were improving thick and fast. 9-way rounds were building easily and the group started to investigate flying pieces within the formation. Late afternoon saw energy levels re-energised by a 'snake jump' before finishing the day with a final four point dive. Confidence and enthusiasm were high as the day came to a close. No-one had anticipated the standard that had been achieved! The day finished off with a 'swoop and chug', a great sense of achievement and Mike Carpenter reaching his 4,000 jump milestone. Celebrations started as everyone headed off for a barbecue and a couple of Jägermeisters...

Day 3

Military activity in the area restricted jumping times, resulting in an early start. Initial jumps were a tad impaired by the prior evening's activities! As the day moved on the jumps reached the level of the previous day. Block moves were flown; fragments of the group (2-ways & 3-ways) were flown in synchronisation, moving from one formation to another. Other formations of note included 9-way lines, opposed flowers and clusters.





Camera and all stills photos: Andy Lovemore
Flyers: James Davies, Matt O'Riordan, Martin Reynolds, Jim Harris, Mike Carpenter, Andy Newell, Andy Ford, Dan Parker, Mark Joyner



A final superb jump on the level exhibited throughout the second and third day ensured the first group event finished on a high.

Highlights were the ease of creating rounds and lines which were solid to fly and clean in appearance. The flying of paired pieces and separate formations within certain jumps was an achievement and a new experience for most.

The Feedback

Debriefs were keenly watched by other skydivers and 4-way teams at the dropzone. Complimentary comments from 4-way team members were gratefully received and reflected the level of success the group had achieved and the progression of the sport in the area of sequential formation flying. The inevitable multiple camera angles were eagerly anticipated by everyone in the hangar. Daily video of the jumps was produced by Andrew Lovemore and enthusiastically watched in the bar.

The Vibe

The group included a range of personalities brought together by their joint intent to improve their flying skills and be involved in the event concept. Throughout the weekend the atmosphere was supportive and fun. Debriefs were often brutal for people making stupid mistakes or flying innovative positions, as were the briefings with regards to ideas and suggestions! But the positive vibe was one of the fundamental drivers that lead to the jumps succeeding. Discipline was exemplary with regards to group dynamics – bar the Matt O’Riordan driving school experience and the inevitable group drinking session!

The Close

23 jumps from 15k in three days gave an amazing progression for the group culminating in four point sequential 9-ways, easily built rounds, block turning and a fantastic vibe. Everyone left happy with the jumps and enthusiastic to meet again. At the end of the day, it’s all about the jumps and nobody expected to reach the level achieved.

The Future

The future of the UK 10 group depends on its organisers and participants. As long as everyone remembers why they are involved, to push their own levels and have fun, the concept’s future is bright. The group aims to meet again over the summer between training and event commitments. Those who didn’t make this first event will no doubt add to the skill pool. With the likes of Rob Silver, Chris Lynch, Tim Porter and the Bullet Boys missing, the group certainly has more talent to add. With more people travelling and training to improve their flying skills, and new freeflyers frequenting the UK shores, the summer looks bright for the UK freefly scene!

For those wishing to get involved in the future, learn more about the standards required and who are just enthusiastic about freefly: keep the radar on, more about future events to come!

Stay safe and fly hard!

UK 10
Get IN!







Claire "Sparky" Scott

"The Icon is so comfortable and compact, that I have to remind myself in freefall that it's on my back!"

Skydiver / not much time for anything else.
World Record Holder (female 4-way - 30 points)
4 times World Champion (female category)
2006 British 4 way champion.



Hannah Betts

"The Pilot always has the absolute softest, most predictable openings. It is amazingly light on the toggles and the landings are phenomenal!"



Milko

11K Jumps - 4K on Pilots
British Parachute School
British 8 way "Connexion"
World Team Member



Kate Stephens

"I want my equipment to be the last thing on my mind when I am training or competing."

Gold medal 1999 World Cup Australia (female category)
British women's record and Jump for the Cause.



Brian Oacher

6.5K Jumps
Safe Flight School
(Empuriabrava)



Sarah Smith

"Aerodyne delivered Team Storm's rigs, perfectly fitted and beautifully designed well within time for our first training camp."

"None of us are looking back, its Icons, Pilots, and Smarts all the way from now on..."



Paul Rossouw

World Cup CP - 2nd,
World Champs CP - 4th
PST Swoop Festival - 1st



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VRW Competition



France is hosting a VRW competition, 28-30 September in Châlon sur Saône, they have four teams confirmed so far (4 flyers plus camera). They will use the rules submitted from the US to the IPC last year, the competition will be over six rounds with 35 seconds working time out of a Pilatus Porter. Philippe Schorno, French National Artistic coach is co-ordinating the competition.

p.schorno@wannado.fr

VRW over Seville, by Marcus Goodsell

JM's Newsround

Gap Vector Festival



Patrick Passe
by Eric Aasberg

Patrick Passe and Damien Sorlin (8-way World Champion) are organising FS at the Gap Vector Festival, 23 June to 1 July in Gap Tallard,

France. The boogie boasts a relaxed, open and friendly atmosphere in beautiful surroundings, with a Twin Otter, a Porter and a Beech 99. Email to confirm participation.

patrickpasse@wanadoo.fr

Wingin' It

Liz Ashley and friends from Wingin' It wingsuit school smashed the Netheravon flocking record when nine of them flew together over the Easter weekend. New wingsuit instructor Mike Ehlas joined the school which has introduced many to their first wingsuit flight. Their next events are 9-10 June and a biggie 21-23 September when the European BirdMan Tour is in town. The school has seven wingsuits of various types available for use: 2 Prodigies, 2 Classics, an Aero, a Vampire and an Apache – all reviewed on the school's website.

www.wingin-it.co.uk



Netheravon 9-way flock record by James Boole

Space Hopper Fun!

Andy Carr and Smiley the space hopper exited a hot air balloon at 5,000 feet over Figueres, Spain at Easter, on behalf of the Orchid Cancer Appeal to raise awareness of testicular cancer. No space hoppers were harmed in the making of this jump!

www.bounceyourballs.com



Photo: Bruno Brokken

Find Your Inner Rhythm

Pete Allum (of Inner Rhythm Coaching) is running the FS coaching school in Empuriabrava, Spain for the summer season, until October. He will be teaching teams and individuals at the DZ and running monthly tunnel camps at Bodyflight, Bedford. In conjunction with Performance Designs, Pete is organising an innovative 4-way camp, 19-22 July. The camp offers free world class coaching to 24 lucky applicants for four days at Empuriabrava.

www.innerrhythmcoaching.com
www.performancedesigns.com



Pete Allum by Bodyflight

UK Skydiver

The now well-known skydiver website UKSkydiver.com has reached 700 members. If you've not checked it out yet or not been there for a while then log in and find out what's happening. The first UK Skydiver boogie 16-17 June is at Hib, with something for everyone.

www.ukskydiver.co.uk

Dragon's Den

A Dragon's Den type event around skydiving business propositions is being organised later this year for BPA Members. It will follow the format of the TV show with new products, services and ideas being pitched to a panel of potential investors. Those wishing to pitch or to be on the investor panel should email Dave Turner for an application form.

DavTur2@aol.com

Boxer Shorts

Don't forget to get your kit off at Weston, 14-15 July, to raise much needed awareness and funds for testicular cancer research.

www.boxershortsskydive.com

Midweek Storm

4-way FS team Storm, with the line up of Sparky, Kate Stephens, Sarah Smith and Hannah Betts will be training midweek at Langar this summer. They are encouraging others to come along to keep the plane flying all day, contact Langar if interested.

info@bpslangar.co.uk

World Largest Sequential

An unofficial World Record sequential skydive was set at Zephyrhills, Florida, when a 2 point 139-way was made on Saturday 31 March. The jump was organised by Guy Wright, and his Z-Team, who increased from their previous largest world sequential of 121, in 2004. The jump was from 17,000 feet out of seven Twin Otters and included 19 different nationalities. Experience ranged from 250 to 11,000 jumps and the average age was 38.



Second point of 139-way, photos by Tony Hathaway



First point

World's Biggest Tunnel?

A new Skyventure wind tunnel being built in North Carolina, USA, scheduled to open in July 2007, will apparently be the largest tunnel in the world. The tunnel is a recirculating monster that boasts a 16.5ft diameter circular chamber. It is climate controlled, has high-definition video throughout, and will use an in-tunnel communication system to communicate verbally while flying. The 9,000sq ft facility will house classrooms, party rooms, state-of-the-art team rooms, and a huge viewing area.

www.paracletexp.com

World First – Islamic Women

Dean Ghobadi of PA Aviation has set up the world's first skydiving school in Iran, which allows women to jump in accordance with Islamic regulations. It is based at Azadi airport, 50km from Tehran, using an Islander aircraft. They are currently recruiting for staff, especially women tandem instructors. No sport skydiving has taken place since the Islamic revolution in 1979 so PAAviation anticipates a high demand.

www.paaviation.com

Freefly Thursday

Thursday is now freefly night at Airkix, Milton Keynes, with expert coaching from the talented Andrew Lovemore.

andrewlovemore@yahoo.co.uk

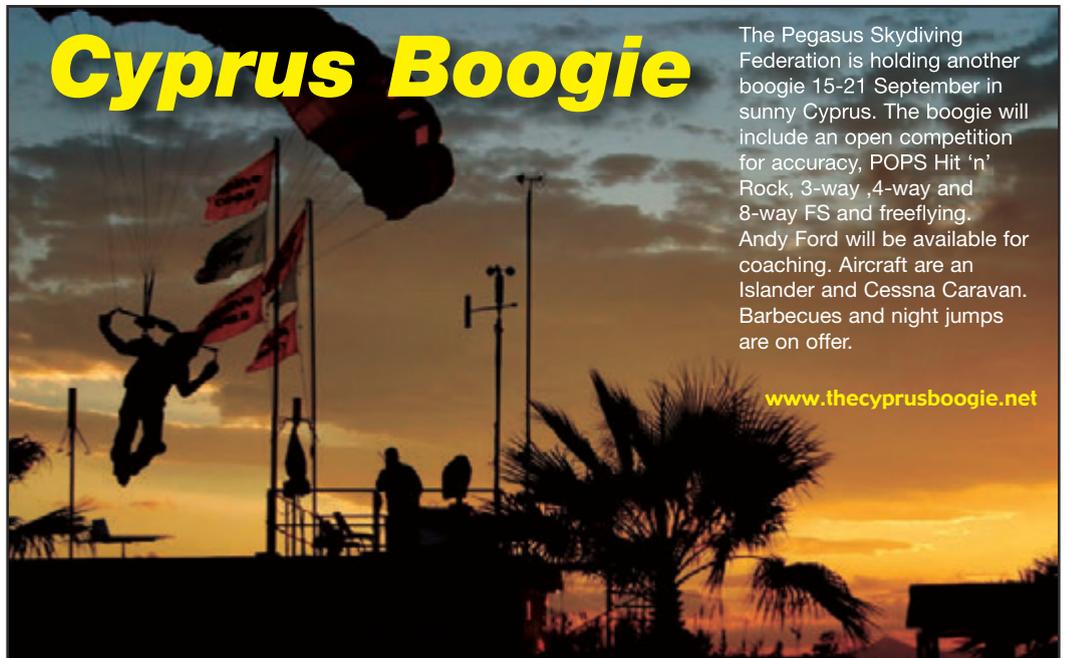
139-way Brit participants were:

Billy Payn
Charlie Hoare
Craig Poxon
Dave Lewis

Dave Ruffell
Derek Thomas
Fiona Robinson
Gareth Holder
Garry Willard
Gordon Hodgkinson
Graham Stone
John Kallend

Kyle Thomas
Mike Ehlas
Milko
Ruth Green
Simon Bristow
Simon Darch
Tom Leonard
Tony Bradbury

Cyprus Boogie



The Pegasus Skydiving Federation is holding another boogie 15-21 September in sunny Cyprus. The boogie will include an open competition for accuracy, POPS Hit 'n' Rock, 3-way, 4-way and 8-way FS and freeflying. Andy Ford will be available for coaching. Aircraft are an Islander and Cessna Caravan. Barbecues and night jumps are on offer.

www.thecyprusboogie.net

Buck House Lunch

HRH Prince Philip, Duke of Edinburgh, hosted a lunch at Buckingham Palace for the current and past Chairmen of the Royal Aero Club, of which he is the senior. Included were two past Chairmen of the BPA; Jim Crocker and Charlie Shea-Simonds (front row, left).



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3 time World champion
27th – 29th June

Hayabusa (FS)

Europe's finest
26th – 28th June



Regular coaching sessions also take place on Tuesday nights (FS) and Thursday nights (FF).

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To learn more about superuser accounts, coaching, The Airkix Fund, offers and promotions, visit the 'skydiver zone' at www.airkix.com



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SITUATIONAL *Awareness*

Photo: Nick Davison

With the season about to hit full swing we'll have brushed the cobwebs off and are ready to make the most of the British summer! Our turns are getting faster, smoother and more efficient, be it head up, down, flat or under canopy. Maybe we've had some tunnel time (or perhaps a lot) over the winter period. We're getting the hang of this skydiving lark and improving most of the time. But sometimes as we progress we can forget about the basics: fundamental life-saving skills that we were taught from day one but have never really progressed. I'm talking about situational awareness.

What is Situational Awareness?

Have you ever been on a jump when someone has asked you to look through the formation? To see what's happening on the other side? To see what everyone else is doing? That's situational awareness; being aware of the situation. But take it a step further: situational awareness is not just about looking at what is going on around you. It's about seeing, processing the information and using this to make an informed judgement. It's about having that bigger picture and about mental clarity.

Have you ever been on a ski slope on a fresh powder day, the sun shining and the wind in your face, grinning as you carve down the slope? Then someone cuts straight in front of you; another skier who hasn't got a clue what's going on around them? Someone who is completely blinkered, so focussed on what they are doing they have zero awareness of anyone else? They destroy your line, forcing you into the side of the piste or even to fall. On snow it's not so bad, a bit of fresh powder; you get up, dust yourself off, maybe a quick curse, and you get on your way again. Now imagine the same situation under canopy – if someone does that to you low to the ground there may be no getting up and dusting off – for either of you.

Why Do I Need Situational Awareness?

To Progress

Ever been on a jump when your teammate has gone low? If you're aware of the situation then you can help and get down to that level. Skydiving is all about fixing problems. Now fine-tune this into every move you make and fix them all. If you're fully aware then you can fix faster and turn more

points. This article focuses on the life-saving skills of complete awareness under canopy but these same skills can be employed in all areas of skydiving – and life in general.

To Stay Alive

Ever been cut up under canopy, or cut someone up? Seen someone get close to you without them even realising it? Perhaps they are too fixated on the target? It was probably their fault but could you have helped avoid it? On our first jump course the instructor probably used a term such as 'All Round Observation' – they wanted us to avoid flying into another canopy. Yet later on we take this part of our flight drills for granted. You're taught it right from the beginning because it is vitally important. It doesn't matter how experienced you are – this weekend I saw a tandem instructor cut up an inexperienced jumper. The instructor was focussing too much on landing near the cameraman and had not seen the other skydiver. If we can steer clear of that other canopy, even if it is being poorly piloted, we can avoid being in an entanglement low to the ground which could have potentially fatal consequences.

Duty of Care

If not for you then develop your awareness for others. Maybe you have a death wish but please avoid putting others in a dangerous situation such as cutting them up.

How Can I Achieve Situational Awareness?

There are lots of ways to start to achieve situational awareness. We'll never be perfect and everyone makes mistakes. But we're going to try and minimise those mistakes and be as aware as we possibly can. Experience is key and not something that can be passed on in a magazine article – you'll have to get out there and do some more jumps! Confidence in your ability will allow you to open your mind and take in more information, so being a skilled jumper will make you a safer one – just don't become overconfident. Here are some pointers of areas to consider:

Pre Jump

- Do you know how many people are on your load?
- Mentally estimate their abilities and experience?
- Clock the size of their rigs relative to their body size?
- Do you know anyone and therefore know how they fly?
- What is your flight plan?
- Where is the spot?
- Have you dirtdived your landing pattern?
- Have they?
- What is the landing direction relative to the sun?

These are some of the points you should consider to be pre-armed. To have an awareness of everything around you is nearly impossible, so try and make it easy for yourself by evaluating as many factors as you can *before* you jump, allowing you to prepare and mentally rehearse likely scenarios. You can estimate where you will be in the landing pattern, what approach you should consider adopting if you open slightly lower than planned or if the spot is off the wind line.

During the Jump

- Have you opened where you planned?
 - Where are the people that you jumped with?
 - Can you see them all?
 - What about the others on your pass?
 - Are you a high canopy with a light wing loading? Perhaps this means you should ride your brakes to slot into the landing pattern.
 - Can you still see the others?
- Keep checking. Continue to fly your pattern. Keep fixing depending on the wind and the locations of all the other jumpers. But don't get too fixated on your landing though – strike a balance.

Post Jump

Most of us talk about our jumps afterwards. Include the canopy flight.

- Did you see someone flying close to you under canopy?
 - Did they see you?
 - Did everyone land in the same direction?
- Perhaps one of you made a mistake (an apology goes a long way if it was you). Were they aware of it? Go and ask them. Make sure you put it across in a pleasant way – there are a number of skydivers with inflated egos who may take a gentle question as criticism, especially if they have more jumps than you. But the experienced skydiver who has grown out of that stage is likely to hold their hands up if they made a mistake or, if they've got a few minutes available, talk you through your approach so you can both learn.

In Summary

I've seen too many pilots fixated on their target narrowly missing another jumper. Be aware. If you are keen to develop further then get some coaching. The instructors at your dropzone are likely to be able to give you a few tips so ask advice. But if you're really serious then get some coaching from a recognised canopy piloting school. Such coaching has developed significantly in the last few years so make the most of this and spend a few days working on it. The better your skills, the more processing space your brain will have available to be aware of the situation.

Please, stay aware – it might save your life.

Al Macartney

alastair@macartney.co.uk



Photo: Milko by Gary Wainwright

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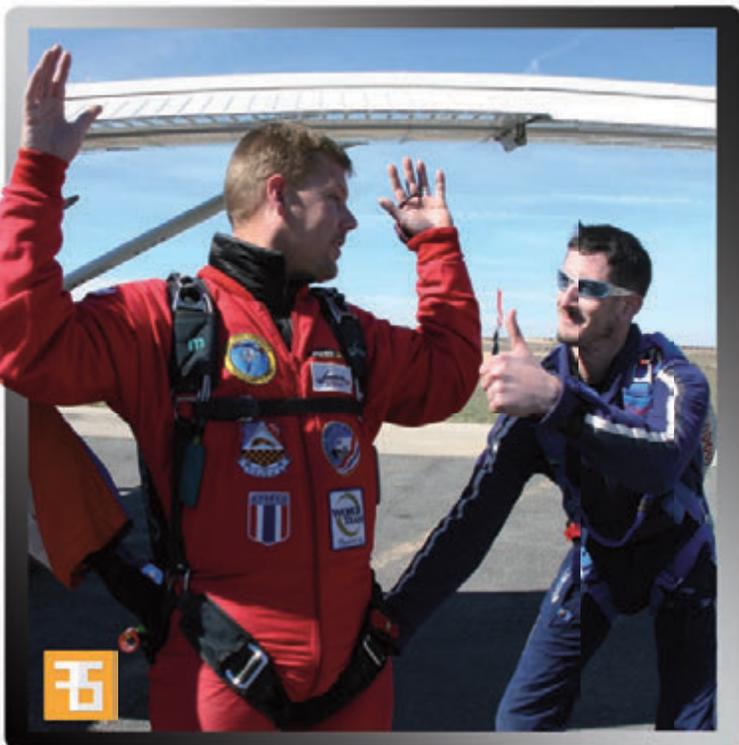
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UNDERSTANDING 4-WAY

Slots

Few if any people in the world know more about 4-way than Dan BC. Here's an exclusive extract from the book he's writing. This article gives an overview of the slots, to help you choose who would do best in which position.

We know one jumper who chose her 4-way slot because she was told that Tail was like the drummer in a band, they stay out late partying!! For a more technical approach, read on...

In competitive formation skydiving, because smaller moves are faster we engineer the dive with conservation of motion in mind. In doing so a line develops that runs from the rear to the front of each formation. The shortest moves will usually leave everyone in the same position on that line from one point to the next. This means that if you begin in the middle (Centres) you stay in the middle. If you begin on the back (the Tail) you stay on the back. If you begin on the front (the Point) you stay at the front.

Although each position will require the same flying skills every slot has its own specific traits, certain skills that are more frequently needed in one slot than another. Knowing what these particular skills are will help to decide who is best suited for each position and will help each person to work towards becoming an expert in their slot.

The slots in 4-way from back to front are:

- Tail
- Rear Centre
- Front Centre
- Point

When flying pieces on blocks, Tail and Rear Centre are generally piece partners (the rear piece), whilst Point and Front Centre are piece partners (the front piece).

You may have heard Rear Centre called Inside Centre and Front Centre referred to as Outside Centre. 'Inside' and 'Outside' refer to their positions in the door on exit. 'Rear' and 'Front' refer to their positions in formations. Since there are many teams doing a variety of exits, these latter titles are more consistent and accurate.



Centre Flyers

The centre flyers' primary job is to lead the jump. From their position they are responsible for setting the fall rate, angles, pace and emotions of the entire skydive. The centres can most successfully run the jump by flying as a 2-way team within the team. During each transition they need to present a clearly defined 'set-up'

picture to the outside flyers that determines exactly where the formation will build. In essence (especially for young teams) the centres should completely finish their move as a 2-way, hold their eye contact and wait there while the outside flyers follow them.

The centre work must be precise with attention paid to the centrepiece and heading of each formation. If the angles are off by only a few degrees the result will be seen in a significantly increased distance for the outside flyers to travel.

The centre flyers must be deliberate and confident in their moves. The sharper they make the move and stop in position, the more clear the picture presented for Point and Tail to match. Even if the angle is slightly off, when the centres make their move and stop with confidence the picture is obvious, and the outside flyers can easily respond with whatever adjustments are required. If the centres move to the correct position but cautiously, the picture presented to the outside flyers takes too long and is unpredictable. It is constantly moving and very difficult to follow. This will cause Point and Tail to hesitate as they second-guess themselves and the centres. In other words, it is better to be wrong with confidence than cautiously correct. But best to be both.

If the centres provide a sharp, predictable 2-way for the outside to follow, the team will be able to move as a 4-way at the same speed that the centres can do a 2-way. The entire feel of the jump radiates from the centre. They lead, and the outside flyers follow. They are responsible for pushing the speed when it is appropriate or for squeezing a formation to regain control when necessary.

Build the eye contact for the centres to reference with each other, and similarly for the outside flyers





Outside Flyers

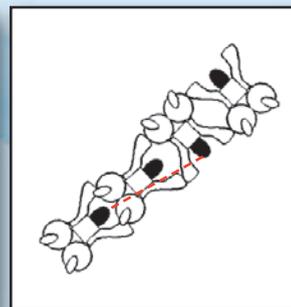
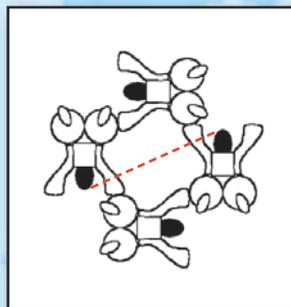
The outside flyers' job is to follow the centre. They are not in a position to lead. They must match the fall rate, angles, pace and level of aggression set by the centre. During the video review after the jump they can tell the centres to pick it up, slow it down or pay more attention to the correct angles. But during the jump they have to play the hand the centres deal them. Both outside flyers should start off by being patient and letting the centres lead. Point wants to see a good set-up from the centres before committing to an out-facing position. Tail should do the same before taking grips.

The centre flyers' primary focus is on each other and their 2-way. They finish the 2-way before looking to the outsides. The outside flyers' primary focus is into the centre. They see the set-up the centres are presenting, they match it and then finish the build in their corner of the formation. It is important that the outside flyers have a specific reference picture from the centre that defines their correct position in each formation. Defining the centre and that picture is fairly obvious in round formations but in long formations when the centre becomes crowded it can be more difficult.

On round formations (such as B, D, J, O, 11, 14) the outside flyers look directly at each other on a line through the centre. Their position is defined by the distance and heading relative to each other.

On long formations (such as G, M, 1, 13, 16) the outside flyers continue to look directly down the centre line but their correct position is defined by where they are relative to the opposite centre person. (Tail references off Front Centre, Point references off Rear Centre)

During a transition from a round to long formation the centre flyers move onto that centre line and somewhat block the outside flyers' view of each other. The tendency when the centres start to block their view is for the outside flyers to give up on looking down the centre line and put their attention on their grips that are still out of reach. They may get their grips but will often be out of position or off level and in doing so sacrifice a clean build of the formation. To guarantee they are in the correct position, when transitioning from round to long formations, the outside flyers must maintain their eye contact down the centre line. As the centres take that centre line, the outside flyers shift their focus from each other to the opposite centre person (Tail matches Front Centre and Point matches Rear Centre).



Going from a round to a long formation the outside flyers switch their reference from each other to the opposite centre person

By looking past their piece partner at the opposite centre, they see what their piece partner sees and are able to anticipate what their piece partners are planning to do and the moves they are going to make. If they stop looking down the centre and focus only on grips they will go to where the grips are instead of going to where the grips will be in the finished formation.

During a transition from a long to round formation the centre flyers vacate the centre line and open a clear line of vision for the outside flyers. At that moment they shift their focus back to each other. Maintaining their line of sight down the centre line but shifting their attention and focus to different references on that line is a particular skill the outside flyers must learn if they are going to be able to correctly 'read the play' and match the centre flyers' set-ups.

Front Centre

The Front Centre position is in front of the centrepiece. Front Centres spend much of their time facing away from the centre, often while picking up grips on Point. It is very important for them to work off Rear Centre and prioritise their centre 2-way. When Front Centre does a good centre 2-way, Point's job is easy. Front Centres can never allow themselves to sacrifice solid precise centre work by trying to pick up grips on Point too early. When they do pick up Point, the grips must be very solid. Point's visual awareness is greatly limited. The grips they feel from Front Centre will often be their primary source of information communicating to them that they are in the correct position. Through the grips Point will also be able to read the readiness of the team and if they should expect a quick key.



The position of Front Centre in the formations is split nearly evenly between facing in, and away from centre. This often results in Front Centre having to perform several consecutive 180° moves. They should pay extra attention in working on the skill of starting and stopping these strong, fast, precise movements. They are also required to make many blind turns when they have minimal if any visual contact with Rear Centre. Front Centres should spend extra time drilling these types of moves to become comfortable and familiar with them. They will develop a complete understanding of these moves and will be able to make them with confidence despite the lack of a clear visual reference.

The Front Centre flyer must excel at a wide range of skills including the ability to make sharp, solid and sometimes blind moves. They must be able to prioritise the centre while facing away from it and taking good grips on the point flyer. This will often be the slot that it is best to put your most skilled flyer in.

Tail

The Tail is most commonly on the back of all the formations and facing in. Where Point may not have a grip for the entire jump, Tail may have the same grips on every formation. Having so many grips, and often the same grips, puts Tail in a very busy position. Seeing the keys requires extra attention from Tail. Point can easily feel the instant the grips on them are released. But on many of the formations no-one has a grip on Tail. They have only their visual reference to work with and, in 4-way terms, that visual reference is often quite a way away. On long formations Tail usually has grips on Rear Centre who is also giving the key. In order to have a simultaneous break, Tail must look over and around Rear Centre's body to see their hands as they flash off grips on the key.



Complete separation is another issue for the tail flyers. Since they often have the same grips it is not uncommon for Tail to get off and then back on grips before the entire team has shown a complete break. On the key Tail needs to do a big flash with both hands and be aware that everyone has dropped their grips and shown a complete break before picking up the grips of the next formation. Another issue the tail flyer has to deal with is that in general, no-one is looking at them. If the angles are off it is more common to favour Point because that is the direction the centres are facing. This puts Tail in a position of having to improvise without hesitation to cover for the centres' inaccuracies. Tail must be able to pick up grips on Rear Centre without restricting Rear Centre's move. To do this they must look past the Rear Centre to the Front Centre. This way Tail is seeing what the Rear Centre is seeing and can anticipate Rear Centre's moves and intentions. It is then possible for Tail to pick up grips while at the same time helping Rear Centre complete their move and do their job.

With so much to be aware of and so many grips to take, Tail must learn to pick up solid grips quickly and efficiently. This way they can communicate their readiness to Rear Centre through their hands. For the more advanced teams it is ideal that whenever possible Tail picks up grips on Rear Centre before the centre is built. This allows Rear Centre to remove them from the key checklist and only look for the last grip in front before keying. With so many grips to pick up it is important that Tail is very solid in their position so to guarantee that they never float while taking grips. In the same way that it can be a slight benefit for Point to be on the light side, Tail can be slightly heavy. Tail also needs to be an aggressive flyer with a 'make it happen' attitude. If there is someone on the team that is stronger in these qualities than the other individuals, the tail slot may be where they belong.





Point

The Point is on the front of the formations and is often facing out. It is not uncommon for Point to spend the entire dive facing away from centre and picking up few if any grips. While facing out, point flyers can see very little, but they can see enough. There is a clear, consistent picture during the transition to each formation which indicates to them that the formation is building correctly. Point must be patient and take the time to see the Centres' set-up as well as their own distance and heading from Tail. These specific pictures will guarantee they will be in the correct position when they commit to their outfacing position. They also need to 'listen' to the grips that are taken on them. The information they get from the grips they feel will confirm or deny that they are in that correct position and if they should expect the team to have a slight pause or a fast key. When your team is new and the Centres are still learning their job it is advisable for Point to be patient and wait for the correct picture before committing to the outfacing turn. As the centre work becomes more consistent and the pictures predictable, point flyers are able to move in synch with the centre flyers while maintaining just as much confidence in their positioning.

As the point flyer you will often have several formations in a row where you are facing out and must switch your eye contact from formation to formation. The timing of this 'head-switch' is crucial. If you head-switch too soon you may lose sight of your reference. If you wait too long you won't have the new picture you need in order to be as prepared as possible for the following move. As your team is still building consistency and you are learning the point slot, it is better to do your head-switch after the formation is complete but before it is keyed. (For a team at this level the keys are usually not coming that fast and there will be enough time for this). With more practice you will be able to tell when the formation is guaranteed to build and you will be able to make your head switch before the formation is complete with just as much confidence.

The keys are sometimes difficult for point flyers to see, but because the centres nearly always have a grip on Point it is easy for them to feel the keys and stay on the pace without actually seeing them. Because Point has fewer grips their grip-taking and flashing skills are often not as developed as Tail's. It is very important for Point to put in extra time drilling these essential skills to make up for the lack of repetitions they get to actually practice them on the jumps. Being comfortable flying in an outfacing position is a unique skill. Everyone will learn it but if there is one individual more competent at this skill than the others than Point is probably the right spot for them. It is a benefit for the point flyer to be slightly on the light side in terms of fall rate. When maintaining an outfacing position they are often arching a little harder while trying to see up over their shoulder. If Point is slightly lighter they will be comfortable in this somewhat exaggerated arch position.

Rear Centre

The Rear Centre position is just that, rear of centre. They are usually facing into the centre and most often have smaller moves than Front Centre. This enables them to be the first in position and gives them the primary responsibility for setting the angles and centrepoint. They are often already stopped in position while the others are still finishing their moves. This provides them the opportunity to watch the others during the transition and to anticipate how the formation is going to complete. On long formations, which are the most difficult for the others to see, Rear Centre is aware of everyone. They feel Tail behind them, they have grips on Front Centre while also being able to see Point.

For all these reasons Rear Centre has access to more visual and physical information of what's happening on the skydive than can be gathered from any of the other slots. This enables them to be more completely aware of everyone on the jump, while also being most easily seen by them. They are often the first ones to recognise if the formation is building as planned and if it will be ready to be keyed. Consequently, they have the key on most of the points. The awareness advantage puts them in a unique position to have information on the readiness of the team sooner than anyone else and with that they can anticipate how the jump should progress. Rear Centre's job is to maintain this heightened awareness and intuitively use it to the team's advantage, be that picking up the pace or knowing when to slow it down. This requires a great deal of mental calmness.

Rear Centre also needs to be very solid in their position. If there are hard or off level docks anywhere in the formation Rear Centre is going to feel it. They need to absorb this while staying locked in position and not allowing themselves to be moved. The team responds to them. If Rear Centre moves everyone moves. To maintain this rock-solid form it sometimes helps for Rear Centre to be falling slightly faster than the middle of their fall rate range. If fighting stay down with the fall rate they will be significantly more fragile. Because Rear Centre is in the position with the most control of the jump it is often advantageous for this to be where you put your most experienced person. It can also be a benefit to have a smaller person in this slot because a shorter person will reduce the actual size of the formations and the distance that the others, especially Tail, will have to travel from one formation to the next.



COMPETITIONS

A Busy Year for Artistics

Don't worry if you have never tried any artistic event before, our skills roadshows are there to help and everyone is welcome to take advantage of top class free coaching. Grand Prix events are a wonderful opportunity for freefly teams of any level to gain competition experience whilst having fun. B classes are in all events now, providing an area where new teams are very welcome.

Date	Event	Coach
16-17 Jun	Coaching Roadshow	Cark Bullet
21-22 Jul	Coaching Roadshow	Hib Outbreak
28-29 Jul	Freefly Grand Prix	Hib
25-27 Aug	Freefly Nationals	Hib
1-3 Sep	Freefly Nats Reserve	Hib
8-9 Sep	Coaching Roadshow	BKPC Tim Porter & James Davis



Freefly Grand Prix

Black Knights, 19-20 May

Unfortunately dire weather put a slight damper on the opening BPA Freefly Grand Prix at BKPC, Cockerham. Teams waited patiently all Saturday but to no avail. Sunday was another day, the sun shone but sadly only two teams had risked the return journey, although this did not dampen the quality of their routines. In B class, *Safe*, in their first competition ably demonstrated some controlled head up flying, and had a brave attempt at completing the compulsory routine. In A class, *Lillo Avalore* were seasoned competitors Louis Harwood and Rob McVey joined by top tunnel flyer Adam 'Killer' Mattacola; a union that with only a few training jumps impressed international judge Sue Skull who was scoring the routines, for the first time, online.

Weed Stoodley

Results

Class	Score (2 rds)	GP points
Freefly A Gold Lillo Avalore	12.95	20
Freefly B Gold Safe	7.10	20



Lillo Avalore



Safe

CP and FS Reps

Alex Wilson has taken over from Grant Richards as Canopy Piloting Rep on the BPA Competitions Committee. The first Canopy Piloting Nationals will take place concurrently with the Classics Nationals at JSPC (L) / RAPA, Bad Lippspringe, Germany, 14-21 July 2007.



Canopy Piloting Rep
Alex Wilson

Chris Hollis has been appointed as FS Rep on Comps Committee, he can be contacted via the BPA Office.

World Cup 07

Our FS and Artistics teams are now registering, self-funded, to compete in the World Cup to be held in Stupino, Russia, from 4-12 August 2007. The British delegation is likely to consist of some 40 competitors.

www.bpa.org.uk/worldcup.htm

Rules Rule OK!

Rules for this season's Nationals and Grand Prix competitions are downloadable from the BPA website. Results for each meet will be posted as soon as we get them.



BPA Matters
By Martin Shuttleworth www.bpa.org.uk
0116 278 5271
Minutes of BPA meetings once ratified may be downloaded from the BPA website

Main photo: Avalore
Portraits: Simon Ward

DZOs Meeting

15 Affiliated DZs were represented at a successful BPA forum for Drop Zone Operators held at Leicester Tigers Football Club on 12 April. Chaired by Development Chairman Robin Durie, the venue and lunch were kindly sponsored by the Army Parachute Association. Ian Rosenvinge of Peterlee started the day with a knowledgeable presentation about wind turbines, and measures to help avoid them being built too close to drop zones. Having successfully defeated a proposal that threatened his own centre, Ian is more than willing to advise anyone that may face a similar issue. Among other topics covered were insurance and how to retain more first-time jumpers. The opportunity for DZOs to talk informally was also appreciated, and everyone present agreed that the BPA should continue to host occasional meetings for DZOs.

DZ Reps

So you'll know them around, we thought we'd publish photos of the Council's three current DZ Reps. They are keen to liaise between BPA Members at their clubs and the BPA Council, and will try to visit each dropzone on their patch.



Northern Rep
Adrian Bond



Central Rep
Paul Ledden



Southern Rep
Robin Durie

New Ratings

AFF Instructor
Nick Brownhill
Darryl Gardiner
Nader Afsharian
Andrew Duncan

Advanced Packers
Craig Bonnar (T)
Chris Taylor (S)

Tandem Instructor
Keith Thomson
Tom Hartland
Paul Floyd
Mal Richardson
Stuart Smith
Mark Tether
George Easton
Ed Blakey
Andy Braye
Nathan Connolly
Jason Webster

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Skydive Netheravon

Your guide to the action at Nethers this Summer

Skyvan Weekend

June 23 - 24

Load organising, wing suiting, just having fun.

For load organising contact Caroline:

load.organising@btinternet.com

Double Skyvan Weekend

July 21 - 22

(As above) Sat 21st Pirate day with 'Shiver me Timbers' party in the evening

Armed Forces Parachute Championships Training

August 1 - 3

Steve Hamilton will be available for team coaching - £50 per day per team.

Book with the APA office

AFPC

August 4 - 12

4 way A, AA and AAA categories,

8 way speed and accuracy

Party Sat 11th, Prize giving Sun 12th

Civilian jumping: see website

'Foxy Lady' Party

August 26

Come and celebrate the arrival of the new aircraft! Huge BBQ and more

Birdman European Tour

September 21 - 23

APA Autumn Ball

October 13



WORLD Challenge

Wow! Bodyflight Bedford's second World Challenge took place over Easter weekend and boy did it rock! It was bigger, better and bolder than last year with some mind-blowing improvements all round. The event is open to all tunnel flyers the world over and has two categories; 4-way FS (35 second rounds) and 2-way Freefly (60 second rounds). We saw entrants from USA, Russia, Belgium, France, Italy, Sweden, UK, Austria, Germany and Holland.

This year the FS & FF events were run concurrently over the two days as opposed to separate days. The number of teams was way up with seven more FS teams and four more in freefly! The prize money had gone up from £16,000 in total to a staggering £20,000! First prize was now £5,000 for each category – the gloves were off... the pressure was on!

Bodyflight was buzzing with people preparing, dirtdiving, mentally focussing – the excitement and apprehension were palatable. Camera crews from Transworld Sport continually filming and interviewing competitors added to the intensity.

Paul Mayer, Managing Director of Bodyflight had ensured that his staff and the facilities were ready for the smooth running of the competition with the addition of an accommodation block, new canteen, bar and the innovative tunnel TV, which meant that everyone could watch the competition from all around the site as well as from the viewing gallery. Competitors had been making full use of Bodyflight's new 24 hour running licence allowing them to train right through the night!

A schedule had been provided which was adhered to almost to the minute – an amazing feat! Each round for FS was followed by the next round for FF and this worked very nicely. The atmosphere at Bodyflight is great and really friendly. Everyone managed to have fun and socialise whilst being focused on the competition. The sea of beanbags in the hangar allowed the teams to chill out between rounds. Gemma Fesemeyer and Fiona Birnie administered sports massage and osteopathy.

On Saturday night Paul put on two coaches to take everyone to a slap up 'more than we could eat' Chinese banquet. Nearly the whole of the upper floor was taken by competitors with an excited buzz after the top class performances of the day. George Pilkington entertained us with a stand-up comedy routine on the way back to the wind tunnel.



Boris and Markus fly the compulsory round 2



Freefly winners: Arizona Blaze



Babylon



Silver: Bedford Mamba



Bronze: Babylon

Freely

An extra compulsory round and a music round for the freeflyers had been added, the idea being that extra points would be awarded for the artistic addition of movements to the music. Tracks were provided by DJ Richie but competitors could also choose their own. Round 1 of freely saw *Bedford Mamba* take the lead off the blocks, followed very closely by *Arizona Blaze*, setting the scene for the whole competition.

Judging

This year we were very excited and honoured to have Yoko Okazaki, World Freestyle Champion, on the judges' panel with us. The compulsory freefly rounds were 2, 5 & 7; round 2 was a backflying compulsory, round 5 was head-up and round 7 was freefly (head-up & head-down). These compulsory rounds were awesome, the speed was mind-blowing – we were judging live from the viewing gallery which was an honour (the best seats in the house for sure!) but it was impossible to judge the compulsories live, they were so fast! We studied the tunnel DVD until we agreed on scores; sadly this slowed down the publishing of the scores but we had to get it right!

Close of Play, Saturday

By the end of Saturday, *Arizona Blaze* were leading with *Bedford Mamba* chasing in second and *Babylon* in third. The defending champions for last year were now split between second and third! We were only halfway through the comp, boy was it a hot one!

Sunday Morning

On Sunday, the place was buzzing even more, with five rounds left to go and everything to play for. 10am saw the tunnel and the heat winding up, we were off again. The competition was again ferocious with everyone really chasing each other's tails, only 2.5 points between first and third place!

Music Round

Many teams did their free routines to music, making it look faster and smoother. Some teams went the whole nine yards; we had a tunnel striptease courtesy of Bernt & Jed. Weed & son Charlie, who never fail to entertain, gave us a full new routine, designed around the judges methinks. The *Mamba Brothers* were so innovative we named a new move after them – the Mamba!

Closing Ceremony

The competition finished around 4pm with the closing ceremony scheduled for 5pm – we couldn't be late! The judges all worked very hard to get the scores finalised in time. As we left the judging room and headed to the closing ceremony downstairs we truly had no idea who had won, a very strange feeling indeed. There was much whooping and cheering and many happy faces as the positions were announced:-

Freefly Results

	Team	Total Points	Prize
1	Arizona Blaze	79.7	£5,000
2	Bedford Mamba	77.5	£3,000
3	Babylon	76.3	£1,500
4	Body-Kix	73.2	£500
5	ToraTora Roosendaal	69.5	
6	Nic & Sel	68.8	

Why do a Tunnel Meet?

- Great practice for Nationals
- You don't have to worry about bad exits
- You'll probably score higher!
- Get tips from the world's best
- Indoor meets are cheaper than outdoor
- You're guaranteed to get the rounds in
- Watch the top teams compete up close
- You don't have to pack!



Bedford Mamba

4-Way FS

The total FS purse of £10,000 attracted numerous elite skydiving teams from across the globe. *Airspeed* and *Fastrax*, fresh from recent NSL competitions, *Hayabusa* with new team member Luc Verstrepen and *Sebastian XL*, reincarnated for the competition, with *Airspeed*'s Brian Johnson joining Pete, John and Steve. A fascinating interplay of characters had occurred with ex XL and ex-*Airspeed* member Thomas Hughes now jumping with *Fastrax*, while Mark Kirkby who last year competed with *Fastrax*, had now rejoined *Airspeed* after many years playing away. *Airspeed* this year are training 4-way not 8-way, and scored their highest ever average (23) just before the World Challenge. A tunnel meet is a different psychological experience, so it would be fascinating to see how these closely matched teams would fare under the spotlight.

In a result which surprised everyone, *Sebastian XL* held first place throughout the first day by posting the highest score in three out of five rounds. They scored 44 points in round 2 (A-G-K-P-M). With five teams scoring over 40 points in this random round we knew that it was a really special competition. At the end of the first day (five rounds) *Airspeed* found themselves in third place just behind *Fastrax* with all three teams having a 30+ average.

Sky Panthers only scored eight points in round 5 with footage that was reminiscent of *Hayabusa* last year. If you fly too high in the tunnel (*Too-High-abusa*) the judges cannot see all of the grips, hence the gutting loss of 16 points! The French team *Aerokart Seloger* also had some bad luck. 8-way world champion Clement Martin St Leon injured his finger during the 5 minute practice. Their team were allowed to start the competition once he returned from hospital. He was in a lot of pain all weekend.

Judging and CamScore

The FS judges were Ruth Cooper, Frank Marylebone, Karla Cole and Liz Warner. They used a brand new judging system called 'CamScore' that offers the same features as Omniscore with the notable enhancement that the procedure is computerised and digitalised throughout. The interface for the judges is a games controller which enables the judges to relax; fully digital technology means that cueing VHS tapes is eliminated. The live judging and scoreboards were displayed on tunnel TV, keeping everyone up to date.

Differences to Skydiving Comps

The main difference is that there is no sub-terminal page on the hill after exiting the plane where the teams move naturally slower. The two doors of the tunnel are the starting line. The stopwatch starts the moment the head and shoulders of any team member are through either door. The top teams seem to be at full speed once they have built the first point. The working time is still 35 seconds (with the blue lights coming on after 40 seconds). It was each team's responsibility to set their wind speed (there was 5 minute training time prior to the draw for this purpose) and to fly at a level that allows the camera to see their performance. The 16ft wind tunnel at Bedford is one of the few tunnels in the world that allows the execution of the full FAI 4-way dive pool, all 22 blocks and 16 randoms.

Sunday

Fastrax took the lead in round 6; then *Airspeed* and *Fastrax* posted identical scores in rounds 7 and 8. All of the competitors and spectators were glued to the tunnel TV footage, biting their nails because the meet was so close. *Fastrax* were defending their lead going into the final round and *Arizona Airspeed* attacked with a vengeance, pulling out a truly special performance. *Airspeed* won by just one point with an incredible 28 point average. In winning, gracious as ever, Craig Girard gave credit to *Sebastian XL* and *Fastrax* for "pushing us to achieve a level of skydiving we could not have done on our own". Teammate Eliana agreed: "We didn't know we could go that fast. That's what competition is all about".

4 way FS Results

	Team	Average	Prize
1	Airspeed Odyssey	28.0	£5,000
2	Fastrax	27.9	£3,000
3	XL	26.1	£1,500
4	Hayabusa Defence	24.7	£500
5	Sky Panthers	24.3	
6	Team Elan	20.3	



Tunnel Meet Tips

- Fly in the tunnel before the meet
- Have a plan for each day, hour by hour
- Plan your actions after entering the ante-chamber
- Creep the dive according to the tunnel space (eg, long formations in centre)
- Check the camera location and any no-go areas
- Practice a meet entry, usually two flyers each door
- Find your position, then freeze before kicking off
- Expect the meet to be different to skydiving
- Focus on getting your head in 'meet mode'
- Read and digest the rules, ask if not sure



Winners: Airspeed



29-30 March 08
Bodyflight World Challenge III
www.worldchallenge.info
07 competition DVD: www.bodyflight.co.uk

Sponsors

Aside from the prize money there were gifts galore distributed amongst all the competitors from Boogieman, Go Fast, Paratec, 90% Magazine, Airtec & Parachutes de France ensuring everyone went home happy.

Four Paratec Freezer MkII helmets were awarded to a Russian team called *Kaktus Hunters* for scoring 28 points in round 2. Four Paratec Freezer MkII helmets were awarded to *Valkyrie B* who won the AA event. Antonio Rubeca of *Fast 'n' Furious* won an Atom Legend R rig and Anna Panasyuk won a Cypres.

Tunnel Magic

In between the prizegiving and the party starting, the world's best tunnel flyers all flew together in the tunnel, wow what a show! It was pure magic! There's not much room for error – even Paul was in there showing off his head-down skills with all the dudes – this was my favourite part of the whole competition.

The Party!

Of course there was a party and we were all ready for it. DJ Richie banged out the choons, welcoming disciples new and old to his flock and we were as one partying on well into the early hours. And a bank holiday the next day – perfect!

Summary

Tunnel flying is much more of a spectator sport than skydiving! The standard of absolutely everything about this event has improved so much on 2006 – my mind can do nothing but boggle at next year. I know where I'm going to be – what about you?

Sue Skull &
Calvin Blacker
Tips by Emma Beyer



Silver: Fastrax



Bronze: XL



Inferno

www.skydiving.co.uk



TEAMS GET READY FOR NATIONALS '07

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Team Elan Coaching

2-3 June

7-8 July

FS 4-way Grand Prix

14-15 July

BPA Roadshow

Free Load Organising
with Caroline Hughes

Outbreak at FF Roadshow

Fun Jumpers



Photo: Brian Knight

June 16-17 & July 14-15



Photo: Dave Butterell

Sky Van Weekend 1-2 Sep

Photo: Blair Stent

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HIB DIARY OF EVENTS

- Jun 2-3 **Free coaching from Team Elan**
- Jun 9-10 **BIG-WAY SKILLS WEEKEND** with Simon Cathrine and Doug McLelland
- Jun 15-17 **Jump your reserve weekend** (PD and Aerodyne attending)
- Jun 16-17 **UK Skydiver Boogie** with Caroline Hughes organising
- Jun 23-24 **POPS weekend**
- Jun 30-Jul 1 **28-way competition**
- Jul 2-4 **Safe Flight School canopy course**
- Jul 7-8 **Grand Prix - FS 4-way** with free coaching from Team Elan
- Jul 14-15 **BPA FS Roadshow** with free coaching from Team Elan
- July 14-15 **Big Way skills and Fun Skydives** with Caroline Hughes
- Jul 21-22 **Grand Prix - Canopy Formation**
- Jul 28-29 **Grand Prix - FS 8-way & Freely**
- Aug 18-20 **Nationals - FS 4-way**
- Aug 25-27 **Nationals - FS 8-way & 4-way reserve**
- Aug 25-27 **Nationals - Artistic & Speed**
- Sep 1-2 **Skyvan weekend**
- Sep 1-3 **Nationals - FS 8-way reserve**
- Sep 1-3 **Nationals - Artistic & Speed reserve**
- Sep 1-3 **50-way weekend**
- Sep 7-9 **Birdman Tour with Rolf Brombach**
- Sep 22-23 **Nationals - 8-way Speed**
- Sep 22-24 **Nationals - Canopy Formation**
- Sep 29-30 **FS 4-way Scrambles**
- Oct 27-28 **Halloween Frostbite Friendly 10-way Speed**
- Dec 8 **Christmas Party**



Photo: James Stevenson



Photo: Jason Snailham



Photo: Jonno Home



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Get more out of your skydiving by maintaining your energy all day with healthy food!



Athletes and scientific researchers alike have been searching for the holy nutritional grail since the early 1950s with a few goals in mind: success, personal bests and the gaining of a competitive edge. In fact, as far back as 500-400 BC, athletes and warriors followed dietary fads such as eating deer liver and lion heart hoping that such treats would produce bravery, strength and speed. Luckily we now know that focussed physical and mental training and the right diet will achieve the same!

A wealth of proven research now provides good advice for everyone to use in their quest for higher performance and faster recovery. You don't have to be a top performer to benefit. Either as part of a hectic training plan or just for a long day on the DZ, follow a few simple rules and your body will thank you for it. So will your pocket because you will be able to get more value out of the time you devote to your sport.

So why focus on nutrition?

Simple: the best fuel gives the best energy and performance

In a normal day you will do your body a huge favour if you keep it hydrated, eat fresh, local, seasonal, organic, wholegrain, at regular intervals and with the right mix of carbohydrates (50%), protein (30%) and healthy fats (the remainder). Hmm, not so easy to achieve in our busy lives but just digest this – the body will always do its best for you but it may be struggling and you won't know it. The body can become silently stressed as it tries to deal with the over-processed, over-sugared, over-salted food that you put into it. Whatever you can do to improve your overall diet will naturally allow your body to perform better. And the better the quality of the fuel, the better you will feel.

In addition if, as many skydivers are, you are focussing on increasing fitness levels by incorporating more strength/cardio work into your life, you will benefit by using sports nutrition products – these are designed to supplement a normal diet providing the extra energy and nutrients your body needs to perform and improve.

Potted science

There is no special formula for a winning diet – it is specific to individuals depending on lifestyle, training and competition schedules. The key is to monitor what energy you expend, and beat fatigue by tweaking your current dietary regime to replace the fuel you need to keep going. As you will see by the examples given, the energy giving foods are not too far outside the realms of a normal diet.

The critical source of energy for exercising muscles is your body's carbohydrate stores. The body only has about two hours of energy to give you before its stores run out, so the key is to make sure you keep it topped up regularly. Running on empty causes fatigue, and constantly running on empty, over time, will lead to ineffective training and loss of performance.

Muscle refuelling after exercise is best achieved by supplying the body with simple carbohydrates. Timing is everything. Research has proven that the intake of simple carbohydrates within 30 mins after a training session speeds the recovery process. Likewise, if you are exercising for two hours or more you need to replenish whilst on the move. Tennis players, cyclists and marathon runners do this very effectively with sports drinks and/or gels – a very practical and efficient way of replenishing energy stores. The key is finding one that tastes okay!

A good fluid intake plan is equally critical. Fluid intake plan – grand phrase for “drink before you get thirsty!”

Sweat losses during exercise need to be replaced or you will become dehydrated. Severe levels of dehydration have a dramatic effect on exercise performance. But even small fluid losses reduce performance and increase your feeling of effort – this is subtle and may affect concentration levels first.

The key is to have a plan and stick to it. As with everything, allow your body to get used to any changes you make during training sessions rather than just before a major competition. That way you can amend anything that doesn't suit you to avoid affecting your performance. In an average day you should be drinking 2-3 litres of water so you will need to add to this when your body is working hard.

Tips for daily training and competition

- Little and often is a good maxim to optimise energy levels
- Ensure supplies are portable and palatable, as convenient as possible
- Your event will provide opportunities for food and fluid intake. If tennis players can do it so can skydivers – just be prepared and have something to hand
- Water is the best form of fluid for all sports and for a healthy eating plan
- Sports nutrition helps to enhance performance
- Consuming a sports recovery drink containing simple carbohydrates and protein right after a muscle damaging workout will reduce post-exercise muscle soreness.

With two tunnels now in the UK, and British teams raising the stakes on the world stage of skydiving, making a few changes and being a little more disciplined about diet will make all the difference. There is a wealth of information available on the web if you want to know more, including specific recipe books for athletes.



PROTEIN

The Need: Protein
The Reason: building blocks of the body, essential for the maintenance, repair and growth of every bit of you, not just muscle
Best Sources: chicken, turkey, fish, lean red meat, pork, eggs and beans



CARBOHYDRATES

The Need: Carbohydrates
The Reason: the body's preferred source of energy

Complex Carbs – slow release
Best Sources: rice, potato, pasta



Simple Carbs – fast release
Best Sources: glucose, sports recovery drinks, porridge, berries, wholegrain bread, bananas, raisins,



Spark



Sports Nutrition in Action

It is good to see the 4-way FS team *Sonic-V* being sponsored this year by CNP Professional, a specialist sports nutrition company. *Sonic-V* have already incorporated some of the products into their training plan, particularly Pro Napalm (energy and hydrating drink), Pro Flapjacks (handy carbohydrate and protein snack) and the amazing Pro Recover (post-workout recovery drink) and are reaping the benefits, as are some of my clients who also agreed to trial CNP products for this article! On that note I think I'll pass on both the lion heart and the lion bar – just hand me a nutritional 'Shake and Go'!

NB Anyone with a pre-diagnosed medical condition should check with their GP before they make any changes to diet.

Recovery strategies

Perfect for after tunnel or other long training sessions

- sports recovery drink
- fruit juice or soft drink
- fruit smoothie
- banana, berries, raisins



Sonic-V



Article by
Gemma Fesemeyer
Sports & Remedial Massage
Practitioner

gem@wildspaces.fsnet.co.uk

Thanks to CNP Professional for their help with this article, for advice see

www.cnpprofessional.co.uk

Example of a healthy eating plan

Breakfast:

A glass of fruit juice or a piece of fruit, 2 pieces of whole grain toast or a small bowl of porridge oats (or any wholegrain cereal), 2 whole eggs

Snack:

Any one of:

- 1 Healthy snack bar
- 2 Meal replacement sachet
3. 4-5 Ryvitas with cottage cheese

Lunch:

One of:

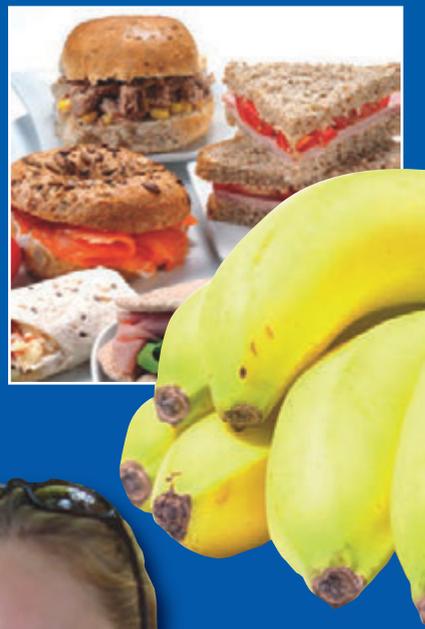
Chicken/turkey/fish/cottage cheese, baked potato/rice/pasta, vegetables/salad with a spoon of extra virgin olive oil drizzled over

Or: Wholegrain sandwich made with lean cuts of meat – chicken/ham/tuna/beef with salad and low fat dressing for taste

Dinner:

One of:

lean steak/chicken/fish/pork/lean mince, rice/pasta/potato plus vegetables/salad



HEALTHY / GOOD FATS

The Need: Healthy/Good fats

The Reason: build cells, assist hormone production, help lower bad cholesterol, all important for good health. These cannot be manufactured by the body so must be provided through diet

Best Sources: oily fish (salmon, trout, mackerel, sardines), nuts, seeds, avocado, flaxseed oil, extra virgin olive oil (turn to saturated fat if cooked)



VITAMINS & MINERALS

The Need: Vitamins and Minerals

The Reason: micronutrients supporting overall health

Best Sources: fruit and vegetables



Photos: Rob Frost and Fiona Robinson



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Iain 'Firky' Firkins

In his all too short life, many of our lives were touched by Iain Firkins, or Firky as so many in the skydiving community knew him. It's hard to even touch on who Iain was in a handful of words.

When Iain made his first jump back in 1998, his first landing ended in a forward roll – after which he promptly stood up grinning and bowed to the camera! Firky was always able to laugh at himself; he found it highly amusing that having wanted to parachute for the last few years a dropzone existed ten minutes from his house at Dunkeswell. That day started a great adventure for Iain which directed so much of the remainder of this life and allowed many of us here today to meet one of the bright lights in the sport.

Iain was a thoroughly genuine individual. If you were stuck somewhere and you needed a lift or you had a problem and needed a hand, Iain was your man. Firky once managed to get at least 13 skydivers staying in his hotel room for the BPA Annual General Meeting. He also always volunteered his services as photographer for the annual UWE Naked Skydive Calendar, though we suspect there were ulterior motives.

It's actually quite hard to find pictures of Iain without a



Firky & friends from SkydiveUWE

girl or two by his side dressed in togas, bunny girl outfits, bikinis or some other fancy dress.

In the early days Iain was quite shy but as he developed in the sport so his confidence grew and his taste for all things fluorescent blossomed. This resulted in a series of experiments with his hair, the perfect bleach blonde effect we came to know and love was not always the initial result of Iain's hair dye experiments.

Firky had a consummate love of pizza and believed it to be one of the core food groups and converted many of us over the years into pizza junkies. One time, after breaking down on his way back from the dropzone he even managed to get pizza delivered to his car!

In his professional life Iain was highly regarded as both an utterly professional colleague and as a guy with a great sense of humour who was always prepared to go the extra mile.

Over the years Iain immersed himself in everything skydiving, this and his formidable IT skills were a powerful combination as he went on to freefall filming and photography. His skydiving skills progressed rapidly and he was coached by some of the world's best. Iain was always happy to help others, whether it was advising them on equipment, talking about technique or merely recommending that neon yellow was never bad taste.

Firky was a core member of SkydiveUWE, and in addition to working on the club committee went on to chair the British Collegiate Parachute Association in which he was a great success. Iain took his role seriously and developed the BCPA over his time in the post, whilst of course providing unbiased support to UWE in any inter-university competitions. He also took another role very seriously, that of policing beer fines and gained another name as 'Firk-o-cop' as he would bang anyone to rights who had not paid a beer fine. Firk-o-cop over the years paid many beer fines himself.

Above all Iain was genuine, caring, and funny, always up for a laugh and always willing to help out whether you had to push an aircraft back into the

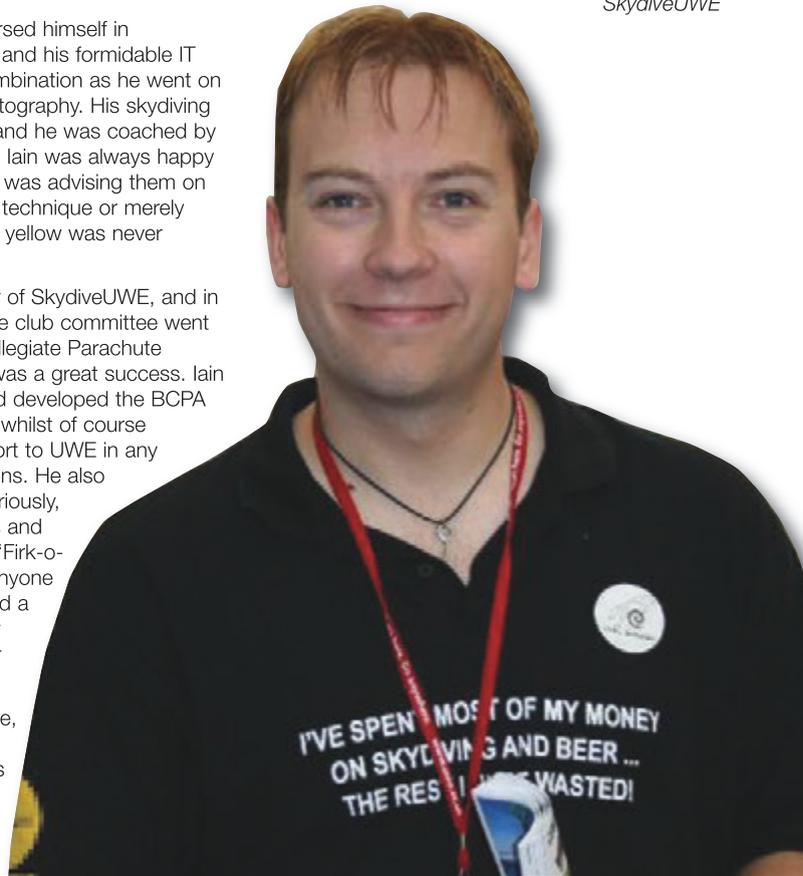
hangar or whether you wanted help editing some footage. Iain had an infectious smile and a very dry sense of humour. He was a man his parents can be proud of and a credit to his family.

Iain leaves a huge gap in our lives which can only be healed by recalling the shared moments of fun, laughter and pure adrenaline. Iain lived life to the full and crammed more into his life than many, he was an ambassador of the sport, and his life was an incredible journey, which must be celebrated as an example of just what can be achieved. There is an old saying which sums up Iain's life:

"It is better to live one day as a tiger, than a thousand as a sheep."

Blue skies Firky and thanks for the journey.

SkydiveUWE



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BPA Events

8 way FS Grand Prix: 23/24 June

CF Grand Prix: 6/7 October

Team Airkix by
Ash Kemp

MENTAL FLOSS

Most skydivers already know about the benefits of 'mental training'. But there is more to it than visualising. On Team Airkix, our two year plan used specific mental training techniques which we feel gave us an edge at the World Championships in Gera. They work for the static line student, the fun jumper and the 4-way competitor. And, unlike jumps, they're free!

Know Yourself

Whether it's a 4-way flat or a 2-way head-down, the first step in knowing how your own mind works and impacts your jumps, is to study it. When you review your skydives at the end of the day, it can seem there's no real reason behind **why** some of them rocked and others sucked! But this isn't really true. As our coach Dan BC showed us (*Performing at Your Best*, Aug 05) good jumps happen for a reason. In fact, if you monitor your mind as much as your moves, you'll soon find patterns you can use to your benefit.

We built into our training plan a simple process for evaluating the effect of our minds on our skydiving. Start every debrief by discussing how you **feel** the jump went. Forget the technical details for a moment – you can come back to them afterwards. Was it confident? Smooth and calm? Or frantic, jerky and out of control? Did you feel stuck in the mud? Frustrated? Powerful and energised? There are infinite ways to describe how

a jump felt to you, and your experience won't necessarily be the same as others. What matters is gaining an understanding of what a good jump feels like to you.

Next, discuss what you were thinking and how you felt right before the best jumps of the day. What were your last thoughts in the plane, especially in the door? If your last thought before exit on a great jump was 'Calm!', then say so. Perhaps you were solely focused on your opposite (clone), or just repeating the dive in your head like a mantra.

There is no 'right' answer and everyone is different. If you have your best jumps when your mind was wandering to what to have for dinner, then maybe you just need to take your mind off the skydive!

Ask yourself the same questions when you have a bad jump. Knowing why it was bad is the key to avoiding more of the same. On *Team Airkix*, Julia finds she has her best jumps when she tells herself she has control and won't let the jump get away from her. Sparky focuses on being very calm, and Amanda thinks of being strong. I try to let go of the jump's outcome by thinking '***ck it!' It might take tens or hundreds of jumps to understand what mental state you need to be in, but only you can discover the answer.

Train to be Confident

If you're training towards a meet, one goal should be to feel confident in the door on every single jump. That means knowing in advance how your jumps are going to go, not praying for a 'lucky' one! Even if you're only doing a few jumps, you

can train towards being confident. Recognise what you're capable of and have a plan for:

- how the team will handle mistakes during the dive (they will happen);
- making sure all your blocks will close (even if that means you do them flat);
- how you are going to launch every exit as solid as a rock.



Team Elan at Seville by Andy Wright

Being confident is not the same as just 'being positive' – you earn confidence. There's no point standing in the door telling yourself you're going to rock this C exit if you're funnelling 50% of them – you're just lying to yourself. If you're still funnelling a particular exit a month before Nationals, then don't launch it! Feeling confident and gripswitching a dodgy exit is worth much more than the few seconds you could save by attempting one with a low success rate. Even if the dodgy exit flies, chances are the team will be so 'over the line' that the dive won't be your best anyway. We would much rather have gripswitched at the World Meet than stood in the door on Round 1 hoping for the best!

Take Responsibility

Once you understand the effect of your thoughts on your jumps, commit to getting yourself in that place every time. Ignore distractions in the plane and focus on whatever you need to think of to be your best. If negative thoughts enter your mind, push them out. It might sound impossible but, if you have trained to make your jumps predictable, you have every right to replace fearful thoughts with confident ones. It gets easier with practice. When you have a jump that's not your best, ask yourself why, and what you allowed yourself to think that contributed to that. Did you let bad



Team Airkix at the 2006 World Meet, Gera, by Andy Wright



weather put you off? Was physical tiredness a factor you allowed to take precedence? Whatever happens in the plane, accept that ultimately, you have control over what you let flow through your mind, even if you think you don't.



Team Elan at Seville by Andy Wright

In skydiving it's easy to get caught up in technical details. You can spend a whole plane ride over-analysing a block or random build. But if your last thoughts in the door are technical ones, you'll be so caught up in the nitty-gritty you can't let your training kick in. There is a big place for technical training – it's just not in the door at 10,500 feet!

If you train for confidence, every exit or block should be fairly predictable – even if it's not super-fast. Speed will come naturally from confidence, not the other way round, so focussing on the right state of mind just before you jump will help more than technicalities. Picking things to pieces in the plane is really too late; do it on the ground during your debrief instead. In the plane, trust your prep – dirtdiving and visualising – and give the dive a chance to flow.

Focus Inside not Outside

It's common before and during meets to hear some 'noise' about yourselves and other teams. Competitors are only human and many love to comment on scores, training and placements, both their own and yours! Expect this, and don't take it to heart; try to ignore rumours before the meet – listening won't help your performance and may make you even more nervous! At the meet, your focus should be on doing your best; if you know what that means in advance, it should be your only measure.

If someone well-meaning tells you how fantastic your jump was, that doesn't make it so. Don't let yourself get complacent because of flattery; consider if it was really your best or not – only you and your coach know that. Equally, losing a couple of points to another team doesn't make your jump worse than it was before their score was posted! If it was your best and you scored below another team, that's the way

it is – let it go. As Dan says: *'You can't expect more than your best, but don't accept anything less.'*

Be Fearless

A big distraction to doing your best can be caring too much about a jump, especially at a meet. Ironically, this in itself will have a negative impact on the outcome. It's easy to start worrying about others' opinions of you and getting too concerned about scores; fear of making mistakes can creep in and replace the thoughts you need.

But 'skydiving scared' is unfamiliar territory and not how you've trained; it can stiffen up your body, prevent focus and has lost many teams a meet. Conversely, teams who really have nothing to lose because they aren't expected to win, often pull out their best performances.

During training, simulate pressure with mock meets and experiment with it. This is also an opportunity to play with knowing or not knowing scores – use another team's results and see if it makes a difference.

You should feel nervous but don't let it control you; instead, say this gives you an edge. Remember it's okay to make a mistake. You made mistakes during training and you will at the meet; your best does not mean perfect. Even teams doing a 23 average make mistakes – what's important is how you handle them and, if you've trained for confidence, you have a plan.

Dan always reminded us how relatively unimportant each jump and meet is. It can help to remember we're not saving lives here – it's just skydiving! The point is to have fun. No-one cares as much as you about how your meet goes – any pressure is really from yourself. In the plane, when negative memories of the single Chinese Tee you funnelled during training sneak in, remind yourself of the twenty you closed perfectly! Be firm with yourself and don't let fear hijack your logic. You deserve to be confident in yourself and your team because that's what you trained.

Techniques that work for you might not suit others but finding out how to skydive your best irrespective of underlying emotions, especially fear, is vital. Even if deep down you really do care, you won't do your best jumps unless you can skydive like you don't. This is one of the most difficult and crucial aspects of competitive training; it took *Team Airkix* two years to gain an understanding, and we're still learning. Use whatever tools you have for getting yourself in the mental state you need for your best jumps. With practice, you'll be able to do this when it really counts.

Emma Beyer

emmabeyer@yahoo.com

Main photo: Team Elan over Seville by Andy Wright

Andy Wright at Gera by Rob Stevenson



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The Mach One and Jeff Nebelkopf, winners of the first annual distance challenge at Flock & Dock 3.0
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What happened to the article, eh?

ad design: thornia & photos: matt@msr.com

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	'Speed 4-Way' Competition	October 27	Halloween Party
Date TBC	Dunkeswell Summer Ball	November 3	Bonfire Party
Date TBC	Wingsuit Weekend	Date TBC	Dunkeswell Christmas Party

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BRIT CHICKS

The *Red Cross* Story



Katie Woods geeks the camera, by Andy Ford

Twelve Brit Chicks kicked off Red Cross National Appeal Week by jumping into Hyde Park on Saturday 5 May, led by the capable Jane Buckle. Interviewed by TV crews on landing we explained our goal the following weekend was to build a freefalling red cross, to draw attention to the British Red Cross, a hugely worthwhile humanitarian charity.

Goals

86 Brit Chicks of varying experience levels congregated at Langar on 12 May. We had some simple goals:

- 100% safety
- Share knowledge and learn
- Build 52-way red cross formation
- Build 68-way red cross female record
- Gain positive PR for the Red Cross
- Raise money for the British Red Cross

Happy Brit Chicks by Andy Wright



Seven Windy Days

We didn't think to add 'Make a skydive' to the list of goals but, seven windy days later it was looking as though our safety record might only be threatened in the bar! We had talked ourselves stupid with seminars, shown big-way DVDs, lain the formations down on the hangar floor, taken photos in our cool Red Cross suits and generally tried to keep motivated and focussed. Between the nine Brit Chicks captains, we knew most of the participants from previous events or the warm-up weekends and tunnel training which we had been running all year. The original plan of single aircraft leading up to multiple aircraft formations had been ditched in favour of proceeding directly to a 52-way out of three aircraft, if the weather gave us a window – a brave decision and probably not one that would have been made by a male organiser!

One jump!

Finally the Saturday evening of 19 May, we had our chance and kitted up with an air of meaning business. The jump would never have completed as one of the base chunk ended up hung up on the Skyvan hooks! (This Skyvan has covers so you don't retract the hooks; this has never been a problem before. Fortunately Beth kept her wits about her and freed herself after two minutes.) Beth was in the base 4-way so the jump could easily have been a 52-way zoo – but with the presence of mind of a super-current team jumper, Liz Ashley filled the slot; and three out of the four sides of the 52-way cross built perfectly! There was a bit of understandable confusion and about six out. I was so proud of my girls! I felt the jump was outstanding.

So at least we had something to celebrate that night at the party – and party we did to DJ Richie. One single jump was so much more than no jumps! To everyone the project had become real, the forecast for the morning was good and suddenly there was an air of expectancy and excitement.



52-way attempt by Willy Boeykens

Red Cross Fundraising

After Karen's scrumptious dinner, skilled auctioneer George Pilkington coaxed the raucous crowd out of £700 in used fivers bidding for a PD Optimum reserve. The grand prize raffle to win a complete Icon rig with Pilot main and Smart reserve was just a fairytale – it went to Anna Parr, Richie's wife, who passed AFF months ago but doesn't jump much because she hasn't got a rig. The perfect recipient! Denis 'the frog' Filliaudeau won the Symbiosis suit, Dean Easterhousen the Boogiemans suit and Kane Dalton the Sky Systems helmet. Cheryl Marks and various chicks did some outrageous pole dancing, raising over £100!

Complete 52-way

The next day (Sunday) we completed the 52-way on the second jump! It built high and flat, we held it for 10-12 seconds, it was amazing, everyone screaming together in freefall. A superb result! The British Red Cross and their PR agency are happy, they have had some good media coverage.

The Awesome Taz Causer

It was the jump after we sang happy birthday to our beloved friend Taz Causer (taken from us in a skydiving accident 2006), her Mum Hazel and sister Gail were there supporting us. It was a very emotional weekend in many ways as they both did a tandem on the Sunday. We were very proud to be support them on their skydive, they both said now they understood why Taz did it! It was also heart-warming and heart-wrenching to see Maria Russell get back in the air for Brit Chicks, superb courage Maria, you rock and we all salute you.

Gail Causer, Gav McLeod & Hazel Causer with friends by Willy Boeykens

www.britchicks.org
www.redcross.org.uk/appealweek



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- Gemma Fesemeyer
- United Parachute Technologies



Willy Boeykens



Andy Ford

Unfinished Business

We did 2 attempts at a 68-way but decided this was a little over-ambitious without the warm-up jumps. We made the brave and correct call to close the event in the interests of safety. Looking back at our goals we achieved 5 out of 6 – with a piece of unfinished business still on the table, the 68-way red cross. It's a challenge, a bit like the Arizona Challenge but it will actually mean something to someone outside of skydiving when we build it. We all know it was only the weather which prevented us.

Get Involved

We meet to try again at the next Langar Boogie. You can still join in, there are warm-up weekends and tunnel camps planned to build skills. Brit Chicks is open to any female British skydiver with basic body flying skills; men are welcome to join in the coached weekends (but cannot join the record). We are honoured that Kate Cooper will be joining us, leading the record jumps in September!

Red Cross

The association with the Red Cross is perfect, their values are awesome, they help anyone who needs it, just caring about people (like us skydiving chicks). 90% of British Red Cross volunteers are women, their average age is 30, and these incredible models of courage and goodness venture all round the globe giving aid where it is most needed, regardless of race, politics or religion. We have extended the deadline for Red Cross fundraising and continue our efforts with pride.

Lesley Gale

britchick@skydivemag.com



Wki Bingham wins the PD Optimum reserve

Red Cross Fundraising

Justgiving	£23,165
Aerodyne Raffle	£8,148
PD Reserve Auction	£695
Pole dancing	£121
Massage (Gemma)	£200
Hazel Causer tandem	£500

TOTAL **£32,829**

Estimated on press date, final figure will be higher

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Anna Parr wins the Aerodyne Icon rig by Willy Boeykens

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Elementary my Dear Aerodyne



Kit News

by Rob Colpus

Photo: Lars Erik-Syvertsen



Arcteryx model the 4 Icons in the Elements range

Aerodyne, manufacturer of (amongst other things) the *Icon* rig and *Pilot* main canopy, has come up with a special marketing offer entitled *Elements*. Elements are a set of custom-finished stock Icon rigs complete with Aerodyne main canopy and *Smart* reserve, available in four standard colour designs based on the natural elements of Earth, Wind, Fire & Water – in other words a black base with camo, white, red or blue trim plus a matching funky Icon embroidered logo for each element. The trick is that these part finished Icons will be finished off with your personal harness measurements for shipment within 21 days from order date the company claims. Aerodyne will be making the I4 (150 main & 150 Smart reserve) size I5 (168 main & 175 Smart) and size I6 (188 main & 190 Smart) available in these Element styles. Main canopies will be stocked in matching Element style colours. The company is launching the Elements scheme after a successful 'custom stock' pilot scheme they ran last season.

www.flyaerodyne.com

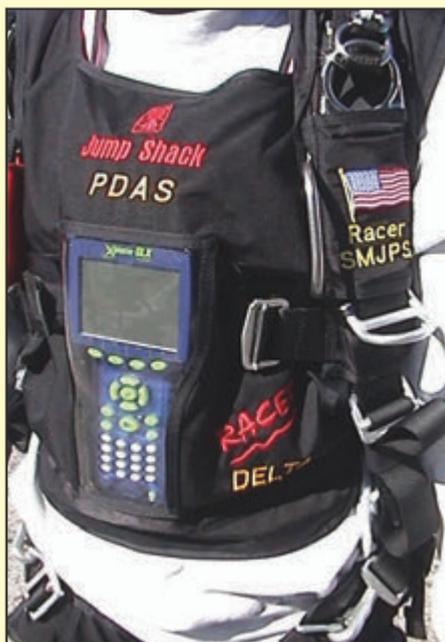
Elements are pre-made Icon rigs in 4 colour schemes to match the elements, which can be finished off with your personal needs and shipped in 21 days



Something from the Lab!

Parachute Laboratories, aka The Jumpshack of SST *Racer* fame, has started marketing what they call a *Parachute Data Acquisition System* or *PDAS*. The PDAS is built around the Pasco *Xplorer GLX* data logger which is a hand-held device with eight sensor ports. Parachute Laboratories reconfigures the *Xplorer* by adding force transducers to a rig's hardware to measure forces applied to it. Other sensors measure acceleration, temperature, GPS-derived position, sound and altitude. The PDAS is capable of measuring most aspects of parachute performance, including opening characteristics, descent rate, forward speed and glide. Parachute Laboratories is selling a ready-to-go kit with instrumentation, cables, holster and carrying case for 5,000 US dollars. The company is also manufacturing a specialised harness/container system ready to take canopies and the PDAS.

Parachute Laboratories - www.jumpshack.com



Skytools No Skyfools

Skytools, that small Swedish company of techie wizards who gave us the now ubiquitous *CamEye* camera switch/LED, has now taken the technology several steps further with the *CamRL* (Camera Radio Link) LANC remote control. This nifty little tool consists of a transmitter, which can be located in a special 'glove' manufactured by the company, and a receiver which is small enough to be stored inside the helmet. The small transmitter unit has three switches for video control and one for stills camera control. The miniaturised receiver module controls your video and stills camera. An indicator light gives you the necessary feedback about standby, recording, warnings and stills camera exposure info. The receiver is powered from the camcorder if connected but it can also get its power from a 9-volt battery. The battery is only needed if you just have a stills camera connected or if you would like to use the power on/off feature.

Skytools says that "Controlling a stills camera with a switch attached to a wire is simple enough but has one drawback – you do not know if the photo was taken or not, especially with switches without a distinctive 'click', for example blow switches used by many freefall photographers – so you end up taking many more photos just to be sure you got the shot. Whereas *CamRL* indicates with a unique colour on its indicator when the picture is taken."

As far as video controls are concerned *CamRL* has the normal functions (start/stop recording, power on/off) that *CamEye II* has. In addition to these it also works as a normal remote controller in playback mode. The transmitter can play, pause, stop, rewind, review, fast forward and cue the tape. In record mode you can zoom in and out. Each transmitter has a unique 32bit digital code, which is verified by the receiver. This reduces the risk of interference from other transmitters creating a secure link.

A special freefall glove is available which carries the *CamRL* transmitter and has a thumb trigger switch for easy stills photo snapping. Strapped on the left hand all control buttons are accessible via a transparent plastic window. The glove can be adjusted to fit different hand sizes. With the glove on the outside of your left hand you're free to use the hand and still be able to trigger the stills camera. The *CamRL* and glove retail for around 300 euros.

www.skytools.m.se/camrl.htm

After the necessary research and development, Performance Designs (PD) is now able to offer 300 or 500 HMA suspension line for their high performance *Velocity* cross-braced tri-cells. The company tells us that the 300 lb HMA line is available for those canopy pilots who are interested in stretching their *Velocity* to the limits of its abilities. It's for competitive canopy pilots who are interested in getting the extra edge in competition. The company went on to stress that the 300 lb HMA line carries a shorter life span than the 500, requires more frequent maintenance, more frequent relining, and carries additional risk involved with its use. Due to these characteristics it's not recommended for general skydiving use. 300 HMA is available on new orders, or relines done through the factory only.

PD will continue to offer Vectran as an approved line type for the *Velocity* and it will remain as an option on the order form for new orders, factory relines, and the purchase of line sets. The 500 HMA is available on new canopies, can be requested during a factory reline, or the line sets can be ordered to have the reline service done outside the factory by a qualified rigger.

www.performancedesigns.com

Atomic Upgrade

Parachutes de France or Aerazur as they now prefer to be known, has recently issued a service bulletin which relates to its range of *Atom* harness/container systems. The issuing of this bulletin is in response to the recent research and subsequent discussion going on in the industry concerning the most efficacious point of location for an AAD cutter on all rigs which sport an internal pilot chute covered by flaps with an external pin on the outside (everything except a *Teardrop* or *Racer* in fact)

Aerazur's bulletin demands that the location of any AAD's cutter must be moved onto a side flap which then sits on top of the closed pilot chute, not underneath as previously. Paratec with their *NEXT*, UPT with their *Vector* and Mirage with their er... *Mirage!* also made a similar change recently. Your favourite column reported on this debate in our last two issues. Aerazur's (Pdef's) incredibly detailed 41 page bulletin gives a stitch by stitch account of how to convert every version of *Atom* imaginable. A modification pack may be acquired from the company free of charge – that's big of them!

Aerazur/Pdef
0033 1 41 23 24 76

Velocity Exceeded



Velocity pilot Martin Reynolds by Andy Lovemore

BLADEMAN



If by now you are completely confused by the plethora of wingsuit designs available on the market don't expect it to get any easier! In fact those prolific wingsuit designers of BirdMan fame over there in Finland have come up with yet another 'top-of-the-range' wingsuit design to add to your confusion. Their latest offering, named *Blade* is an 'ultra high performance' suit intended for experienced flyers only. The *Blade*'s construction incorporates four extra large wings shaped for maximum speed and lift, and minimum drag. All the wings excluding the rear deflector wing are equipped with shaped air intakes with airlocks allowing for maximum inflation when flying both on your front or back. Leading edge deflectors are shaped with foam to achieve extra speed and lift, and are built from a slippery and air-resistant transparent sail material. The arm wings reach higher up and also further down so that all-important surface area is maximised, the BirdPeople tell us. The wing is aerodynamically shaped with bat-wing type curves so that the forces acting upon them are sustainable for a long squawk, and so that one's BOC may be accessed before impact becomes inevitable. The *Blade*'s leg wing is 15cm wider than on the company's *Skyflyer S6* – their last high performance design. BirdMan tells us that a performance gain has been made possible by the suit's swept shape that reduces tail drag and is designed to prevent flapping. The arm wings are provided with a standard cutaway system while a leg wing cutaway is optional.

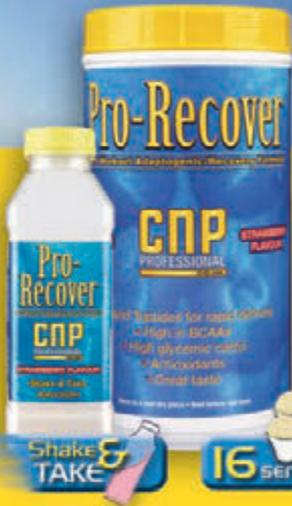
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Larsen & Brusgaard

LETTERS

Andy Scott

I'd like to congratulate you on a first class magazine. I find it very entertaining and informative. I thought it was with absolute accuracy and total dedication to your art team that you managed to get the 'life-size' picture of Andy Scott last issue. Keep up the good work.

David Reid

Tunnel not Base?

Why is there is now a proliferation of articles, including a 2-page spread, on tunnel flying? The BPA Ops Manual (Section 1, Para 5) states: **OTHER ACTIVITIES INVOLVING PARACHUTES** *Activities such as Paragliding, Fixed Object Jumping, etc, do not come within the provisions of the BPA Operations Manual. The BPA does not associate them with Sport Parachuting.*

Has there been a change in policy? Or can I now submit articles on base, paramotoring, etc, with the assurance that they will be published? Why am I bothered? For me it is hypocritical to have promotion of one without inclusion of all the other 'associated' sports. In the early days of base, the magazine was asked to include articles on base jumping. The association decided not to, because they could not show support of a non parachuting/skydiving sport, which I can understand and somewhat agree. However, wind tunnels are as much skydiving as base is parachuting. So, are we to see articles about base?

If not, then I would not care to see articles on tunnels. There cannot be a rule for one non skydiving area and another rule for a different one.

With a new Council, can we now see a change in the general remit in what is allowable for publication, or will a letter I write in calling for change be censored and not published?

Bryn Chaffe, D11643

The number of articles is representative of what we are submitted and the proliferation of tunnel training in the UK now we have two wind tunnels here. They are a training facility for freefall skydiving (like a dry ski slope is to snow skiing) and hence relevant to those wishing to advance in our sport, especially in competition. If I were to be sent a base article I would see difficulty in including it, in that base jumping violates the safety requirements of the BPA Operations Manual (eg, recommended opening altitudes), whereas tunnel flying does not.

Lesley Gale, Editor

STEVE DAVIS



Steve had 900 hours in multi and single engine aircraft; he was both a Joint Aviation and Federal Aviation Commercial Flight Instructor; and also had his JAA frozen ATPL (A). He was widely known to be a skilful, cautious and conscientious pilot whose knowledge and experience of aviation in general was a great help and asset to his fellow pilots.

Steve was also a qualified electrician who had worked on the new Wembley Stadium and 'The Gherkin' in Central London among other projects. He was a keen equestrian, interested in history, enjoyed fitness training and was an accomplished dancer.

I first met Steve in 2000 at the Anglo-American Aviation Academy in San Diego, California where we were both training as commercial pilots. There was an instant bond between us and the other Brits, which has lasted until the present day. We met up regularly and Steve spent many happy times with me and my family in Shropshire. Steve was a gentle, kind person who always had a smile, a joke to tell and a song to sing. He had friends all over the world and we regularly met up in Paris and other locations. He had just completed an interview with CityJet, a French company, and was hopeful of being employed as a First Officer. It is so sad that, after having completed so much training and hard work, his life was cut short before reaching his full potential both as a man and a pilot.

Steve had a close and loving family. He will be greatly missed by his devoted mother, a loving sister and brother-in-law, his four nephews and nieces and his many friends and co-workers.

From a dear friend, Tim Hicks, and fellow aviators

Impressions of a Pilot

*Flight is freedom in its purest form,
To dance with the clouds which follow a storm;
To roll and glide, to wheel and spin,
To feel the joy that swells within;
To leave the earth with its troubles and fly,
And know the warmth of a clear spring sky;
Then back to earth at the end of a day,
Released from the tensions which melted away.
Should my end come while I am in flight,
Whether brightest day or darkest night;
Spare me your pity and shrug off the pain,
Secure in the knowledge that I'd do it again;
For each of us is created to die,
And within me I know, I was born to fly.*

*A poem by
Gary Claude
Stoker which
sums up
Steve's
philosophy
on life:*

Note: Steve died in an accident at Headcorn Airfield when the Beaver he was piloting ran into a parked aircraft on static display

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Club News



What a fantastic start to the season we've had, most Clubs had four days of gorgeously jumpable weather over Easter – and it was a bank holiday!

To make life simpler for everyone we've streamlined the names of the Clubs. It can be really confusing when you start skydiving as most Clubs have two different names, it took me ages to work out that Target and Hibaldstow were the same dropzone! We've hopefully made it easier by referring to them by just one. We used the name we hear people use in conversation the most. The alphabetical list of drop zones now corresponds to what we call DZs in Club News, for example, British Parachute Schools is called the name we all use, Langar, while UK Parachuting is Old Buck.

It was an absolute pleasure to work on and be involved in the Brit Chicks Red Cross event. We have some really amazing women in this sport. It was very cool to be on the 68-way attempts – awesome visuals! Bring on September.

Lucie



Chris Elston's tandem by Ryan Mancey

What a fantastic Easter weekend – the perfect start to the season. We made good use of the Skyvan, thanks Guy! Liz Ashley, with newly qualified wingsuit instructor Mike Ehlas, ran 14 first time flights while James Boole from Phoenix Fly organised the more experienced flockers. Caroline got the flat flyers in shape with the help of her lovely new assistant Ninette... oops sorry, I mean Si Bristow. The fetish party revealed sides of skydivers that should be kept firmly locked away! Have a look at the gallery on the website if you're brave! Thanks for a fab weekend go to the respective organisers and to global warming.

Check www.netheravon.com for other Skyvan weekends in June, July and October, as well as the eagerly awaited arrival of the new Caravan for the Armies at the beginning of August.

Well done to Chris Elston, son of Phill, who completed a tandem with his dad on his 16th birthday. Congrats also to Smudge who completed his 1,000th AFF jump on Nicky Harrison's level 7. Rob Campbell's Signals trip to Perris has certainly swelled the achievements list – well done to all and keep jumping! Finally, just who was that dashing young dude driving the mini bus?! Titch has been lasered and ditched the bins – no more dud tandem videos eh?! Only joking!

Kath Salisbury



Nethers

Signals trip to Perris, by Rob Campbell





Fetish party, photo Rob Campbell



Achievements

First Freefall

Chris Boswell
Amanda Brown
Leonie Brown
Matt Williams

Cat 8

Anna Lloyd
Rich Earle
Kenny
Louis
Johnathan Irving
Paul Aubrey-Rees
Jenna Pickering

Cat 8, CH1

Emily Corrigan
Ben McConnachie
Bruce McKee
Tom Owen
Dan Kelly
Dave Rogers Pooley
Tony Saunders
Jim Allen
Sam Boggon
Jim Hunston
Kath Wilkinson
Ian Rutherford

FS1

Ben Woollan
Alistair Thompson
Simon Owen

50 Jumps, FS1

Matt Rowden
Lisa Coggle
Jessica French
Matthew Bagshaw
Elizabeth Nicol

Jump Numbers

100
Ray Norton
Chris Carey
Vince Blandford
Max McLeod
Paul Winterbourne

200
Paul Callaghan
Glen Roberts

300
Kim Mason

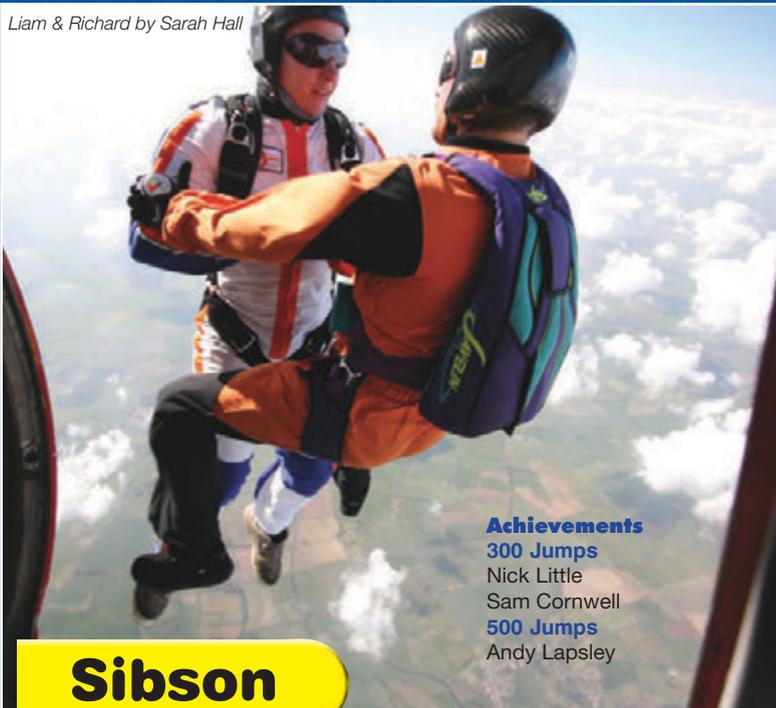
400
Pokie

600
Chas Lawson

900
Simon Bristow
Dave Halbert

1300
Mike Lewis

1800
Rob Campbell



Liam & Richard by Sarah Hall

Sibson

Achievements

300 Jumps
Nick Little
Sam Cornwell

500 Jumps
Andy Lapsley

Easter weekend was a perfect start to the season with glorious weather. Over 100 people registered taking advantage of the free membership. Thanks to Swansea for use of their Turbolet.

The following weekend Nutty & Stumpy organised a warm-up *Brit Chicks* weekend. Not strictly for the girls this time, boys were allowed too!

Free tea and coffee is provided for all members and we've created a new room for jumpers – the big Portakabin next to the packing shed has been changed into a chill-out room, complete with huge beanbags with a projector screen taking up one wall. The perfect place to debrief, copy jumps and watch the day's videos with a beer! As for bad weather days – we have the Sibson cinema, we just need the popcorn!

The building of the new bar has been delayed but for the better as the it will be a purpose-built permanent structure with a huge bar and restaurant area, day room and shower/toilet block. For up to date news, join our mailing list, contact skydivesibson@btconnect.com

Don't forget our BirdMan skills weekend 30 June – 1 July for organised big-way flocks from the Skyvan with the BirdMan *Top Gun* team and Scott Campos, in preparation for the wingsuit world record in Germany the following week. No registration necessary but please let us know if you're coming as we'd like to try for a British big-way BirdMan record. (Try saying that quickly!)

Sarah Hall



Brit Chicks & friends by Ian Ridpath

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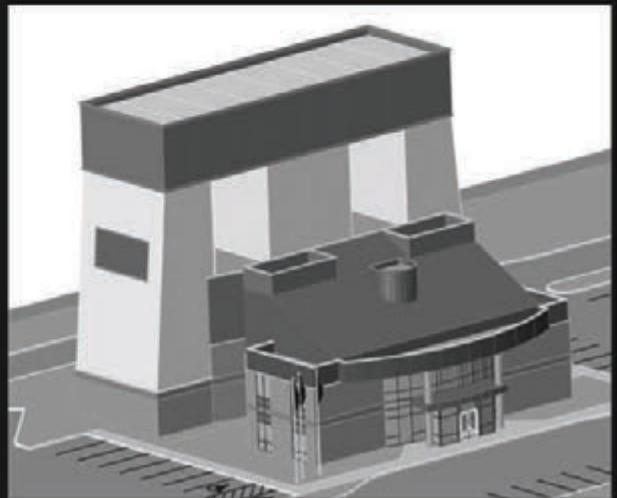
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St Andrews

Several teams ditched the Scottish weather in favour of the sunnier climes of Arizona. Two freefly and two FS teams came back with countless hours in the tunnel and a suntan that seemed to wash off in the April showers!

Hopefully the early hot weather hints at a good summer with plenty of jumping and not too many midges! We will be holding a scrambles meet in July, all welcome, with a big barbecue and prizes for the best and most entertaining teams. Check

www.kingsmuirsydivers.co.uk

Graeme Mackay



Photo by David Gillan

Achievements

FS1
Fiona Millar
200 Jumps
Louise Runciman



Louise's 200th by Graeme Mackay

Peterlee

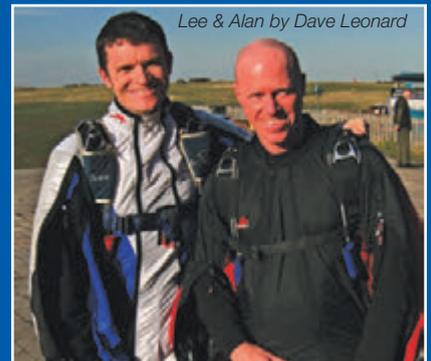
Peterlee said goodbye to Eric and Tina Hall, a much loved pair who will be sorely missed. We had a pretty impressive goodbye party where Matt and Stu took over behind the bar, making it their mission to give Eric and Tina a night they would remember. We think Tina remembers it but, judging by the state of Eric the next day, he probably doesn't! The Halls have set up shop in a local golf course prompting some of us to consider taking up golf! The canteen is back up and running with new operators.

Achievements

First Freefall
John Brown
Cat 8
Gillian Renton
50 Jumps
Harry Joseph

John Brown has been impressive from tandem student to first freefall (RAPS) in a matter of weeks. Lee Saunders continues to preach the way of the BirdMan with Alan Thompson becoming the first European Deaf BirdMan! Mal Richardson has gained his TI rating, congratulations.

Adam Pencharz



Lee & Alan by Dave Leonard

Old Buck

The Nomad is back complete with our favourite Danish pilots Kasper, Anders and new boy Thomas who was an instant favourite with the ladies! We had a fantastic long Easter weekend, sunshine for four days of good jumping and our first organised DZ party. Thanks to Steve Wickham and Gavin Rixon, our UK Para Events Committee for a memorable evening. The 'Spice

Girls' (Steve Wickham, Gavin Rixon, Steve Brookes and Stu Murtha) stole the show and were just a bit *too* comfortable in their wigs and dresses!

The AFF students have been packing it in with Welsh Ian going from zero to Cat 8 over Easter! Aaron & Barrie have started flying camera; Warren & John Gullen are qualified as DZ controllers. Our first 7-way tracking dive was a great success.

Our Mini Freefly Boogie, with Tim

Porter and PD Demos, is on 14-17 June, you need to be quick if you've not put your name down yet! Our Progression Week starts 9 July; FS1 & FF coaching, JM1, CH1, CH2 briefings; pro-packing; camera briefs; and tunnel time. Register at: jump@ukparachuting.co.uk We are planning regular big-ways and tracking dives. There is also talk of a Summer Ball – dresses for the girls only this time Steve!

Vikki Forrest

Achievements

Cat 8
Ian Wilson
Cat 8, CH1
Russell Shearman
Ian Watkins
Morgan Hollis
Terry Wilsoncroft
FS1
John Marshall
Michael Dell
FF1
Alistair Redler



Tracey, Jill & Susie by Grant Richards



Curryokee Spice Girls by Grant Richards



Hinton

Giovanni's FS1 by Dorian Harwood

Achievements

- Cat 8**
- Matt Seago
- Caroline Read
- FS1**
- Joel Keith
- Ben Wood
- Ian Rouse
- Rachel Hayes
- Slev
- Giovanni Bechini
- FF1**
- Slev
- Stephen Worrall
- Jump Numbers**
- 50**
- Richard Lumb
- Tom Urbanski
- 100**
- Hayley Baldwin
- 200**
- Nikki Malan
- Pieter Malan
- Len Petley
- Germano Da Silva
- Martin Lee
- 300**
- Luke Ingram
- 600**
- Ray White
- 700**
- Pete Egan
- 1500**
- Bob Miller
- 1 Hr Freefall**
- Joe Scott
- Ian Gooderham
- 12 Hrs Freefall**
- Matt Abram

Wow, what a brilliant start to the season! The weather has been fabulous and so has the jumping. Wall to wall blue skies meant the Easter weekend started early with many jumpers arriving on Thursday and pitching their tents. Lifts were going back to back all weekend. Skydiving Utopia!

By Friday the tents were going back up again for the scrambles. An impressive turnout of 12 teams showed a good cross section of abilities and visiting skydivers – nice to meet you and thanks for a great weekend.

The many experienced jumpers were always willing to spend time coaching lesser experienced skydivers. You know who you are guys – a huge thank you. This is what makes scrambles great and this was a great one!

Congratulations to Joel Keith and Ben Wood, who both achieved FS1 during the competition, and thanks Justine for quote of the weekend “dumi on video”. It took her until Sunday afternoon to figure out why we were all sniggering!

Scrambles results:
 1 Banana Splits
 2 Bite My Shiny Metal Arse
 3 The Winner is...
 Wooden Spoon: Aero-flopp
 We just had time to catch our breath before Arnold of Aerodyne arrived

the following weekend, with a plethora of canopies just asking to be jumped. We obliged! On Sunday Sarah and Hannah from Storm were available for free coaching, some of our pre FS1 jumpers took advantage with fantastic results. Richard Lumb had a smile as wide as his face after an 8 point 3-way with the girls... only exceeded by Giovanni's smile after his 17 point FS1 dive. “We'll just take it nice and slow” was the brief! Excellent jump Giovanni, well done and huge thanks to Hannah & Sarah. Watch the website as we plan more of this!

Sandie Keith



Aero-flopp



Bite My Shiny Metal Arse

Banana Splits

Prizegiving photos by Matt Abram



Paragon

We're having a whip-round to buy Billy a shepherd's crook. He's well on the way to achieving his SH1 (Sheep Handling 1) rating. Ably assisted by the lovely Deanna the escapees were soon safely back in the field. The same technique is now being applied to spectators with some degree of success. Only last weekend when someone was heading where they shouldn't Gavin was heard to shout “Get the flock out of there!” That's what it sounded like anyway.

We're booking up now for the annual pilgrimage to Empuria in September. To join, phone the DZ and speak to Jackie. We're looking for suggestions for the T-shirt caption; offers, clean or otherwise, gratefully received.

Rossie Hills, six years old, decided to follow in his dad's footsteps and turned up at the DZ with an application form filled in for his first jump course. Well done Rossie. Only ten years to go and you never know, by then your Dad might have his landings sorted out!

Bob Henderson



Achievements

- First Freefall**
- Phil Colwell
- 1000 Jumps**
- Chik Adams



Rossie Hills by Bob Henderson

Sth Cerney

Things are definitely on the up and we hope to entice a few more of the old club jumpers back with some upcoming events. We have balloon jumps and helicopter lobs planned for June and July. If interested, contact me at the centre or put your name on the list in the clubhouse. Tickets £40 per jump (transferable to two high tickets if the weather stops play).

The Silver Stars team completed their annual team training in Swansea, practising their normal demos as well as letting off steam by going to the full 15,000 feet to put together some innovative formations. Martin Rhodes celebrated his 300th jump by jumping in a sheep thong and clown wig! Erm – not sure why!

Rachel Organ



Cornish

Ross & Paul by Ben Wood

Club News in April 07 was a brilliant advert for the Cornish PC. The stunning photo of Paul Yeoman opening a tandem at 5,000ft shows no less than five of the most popular beaches in Cornwall, all globally renowned by the surf fraternity. Ben Wood has taken some fantastic photographs of the coastline and beaches including Sennan Cove, our alternate DZ at Land's End, which is breathtaking especially when the Isles of Scilly are visible, 40k away.

The climb in the Cessna 206 is very relaxing with time to admire the spectacular views over the Cornish peninsular, with both coastlines in view. In Cornish terms, this means the aircraft will get there "directly my hansom" (in good time or some time in the near future).

We can provide CF coaching. Ross Houlston took advantage and enjoyed his first CF jump over Perranporth, with Paul Yeoman.

Over the Easter period our first RAPS student Gavin Hallam and three more AFF students, Luke, Tammy and Barry made their first jumps on to Land's End. Tammy has been a regular visitor, we wish her well in pursuit of Cat 8. Barry Andrews, a well respected ex Para, has once again taken to the skies. Barry loved his AFF and proved that old soldiers may be stubborn but are not stupid. Phil Yeo also returned to the sport after a lay-off.

We have beach displays booked all over Cornwall; Newquay, St Agnes, Watergate Bay and of course our local beach at Perranporth.

Chris Wood

Achievements

Cat 8, CH1

Kim Bishopp

CF1

Chas McNeil

Chris Wood

50 Jumps, FS1

Jody Vernon

Rachel Organ

Adam Dean

100 Jumps, FS1

Chas McNeil



Unusual hybrid by Nick Anthony



Cark

Achievements

First Freefall

Ben Booth

Cat 8

Gary McGovern

Bev Giles

FS1

Karin Scott

Jump

Numbers

50

Gary Hall

100

Nick Ward

Graham Rymer

1900

Pete Hughes

Photo by Peter Hughes



10-way birthday dive by Neil McLaren

Easter 2007 was our 35th anniversary! NWPC was established by bricklayer Alan Morris and carpenter Dave Prince with a hired aircraft, one set of kit, working out of what was then the local cattle shed. How things change! We now have 32 rigs, the cattle shed is an affluent recreation room and our very own PAC XL750 reminds us how far we've progressed.

Celebrations began in brilliant weather, with the regular freeflyers cramming in nine jumps on Friday and Saturday. The party was kindly organised by Sarah and Vicky, the theme 'alternative dress'. Free beer and cocktails didn't see many rise until the first load lifted off into another cloudless sky, 9am Sunday.

The pic 'n' mix competition saw eight teams drawn randomly, all trying to achieve the best unusual exit and 2nd point. Most teams seemed evenly matched but for some unknown reason neither of the two management teams won! Thanks to all those who joined us and here's to the next 35 years!

Al and Pixie from Bullet Freefly dropped in for the first of four coaching weekends. Al was on the aircraft within minutes of arriving. Thanks for a great coaching weekend, we hope to see a few more next time. Check the website.

A 3-way event with Matt Connor (18), Helen Shaw (50) and Steve Crabtree (50) invaded the local pub for a trio of birthdays. Steve bought the drinks; Matt drank them and Helen wondered what was to happen next!

The centre would like to thank this year's sponsor Silent Night and Marcus Barrington for their very generous donation of 12 brand new mattresses for our refurbished bunkhouse. Even with the premier mattresses in-situ, I don't think the bunkhouse will ever have a silent night with Jenny Lamb and Amanda Troy in residence!

Good luck Gary McGovern in your new job as a Runway Tarmac Inspector. We wish Kat Lawlor a very speedy recovery after her mishap. Don't worry Kat your jumpsuit will still fit even if they take a vertebra out!

Stuart Morris

Party photos by Neil McLaren



Denis, Pete, Cliff, Joe & Dave



Jane, Steve & Shaun

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Photo: Mikhail Mineev

We herald the arrival of what we think is the fastest climbing jump plane in the UK – a twin turbine Beech King Air which gets to 15,000ft in a little over seven minutes. After a transatlantic adventure from the USA via Canada, Greenland, Iceland and Scotland, Chief Pilot Julian arrived with his new toy (thank you Jason!) in style with a 200mph fly-by of our brand new clubhouse. We have moved to the other side of the airfield next to the flying club and Air Centre.

Pete Stone is our resident FS coach, Adrian Thornton makes a return to the instructing team and Andy Montriou is in charge of our AFF courses. Well done to Andy Montriou and Gavin Horrell who now have 2,000 tandems each.

The 'Dunkeswell Diary' is packed with some great events including a B Licence progression weekend, a CP1 coaching weekend and a freefly weekend run by *Avalore*. We expect our Summer Ball to be one of the biggest events ever seen in UK skydiving! See www.skydiveukltd.com

Miko

Dunkeswell

Achievements
AFF Graduate
 Rob 'Fox' Fone
50 Jumps
 Alex Lioubine
50 Jumps, FS1
 Tom Harding

Emily & Leanne by Ceri Lewis



Stu by Alun Griffiths

Yay! Summer has arrived in Jersey. We opened with the Airvan gracing our skies, managing to squeeze in a few

lifts before being thwarted by the good old British weather – I am sure it's something to do with a visiting Donkey!

Nevertheless this gave us the chance to scope out a few local bars as well as a couple of spots for a new clubhouse... watch this space!

A few of the regulars visited Vannes for the Easter break, albeit almost via Paris! Congratulations to Gillian Oliver for her A licence as well as a few new bruises... no problems getting out of the door, just in! We had planned to visit WFFC but now are off on a 3 week trip round Europe in July, if interested give me a shout. Safe jumping all!

Simon Griffiths

Jersey

Achievements
Cat 8, CH1
 Gillian Oliver
100 Jumps, FF1
 Stuart McDermott

Si, Alun & Gary



In May 1997, NLPC Chatteris opened to the glorious sound of a piston Islander. Its original owners Martin Crossley, Dave Reeve and Dave Harrison shared the water-logged facilities with UK Parachuting (who later moved to Old Buck). The first few seasons were a hive of cross-dressing, caravan roof parties, naked motorbike riding and shark parties – and skydiving of course! Mick Collins, the original CCI, handed over to Chris Lyall in 1998 when the centre opened its doors six days a week. Mike Rust (now the CCI) and Kim Newton (Chief Rigger) joined full time in that year, with Steve Wilkins (Chief Pilot) a year later; he has run the video operation ever since.

We are very proud to house the elderly fossil, and arguably one of the oldest skydivers alive, Pat Hammond. Pat has introduced many victims to CF, in addition to electrocuting himself on a regular basis, while managing to cut off the electricity to several neighbouring villages! We also believe that we are host to the best (tandem instructor) comedy double act in the country.

In its 10 years, NLPC has produced a host of AFF graduates, instructors and coaches and seen a vast transformation. The DZ began as a humble weekend operation featuring mainly RAPS and round students. It is now a major commercial skydiving centre with two turbine Nomad aircraft and first class facilities, which are constantly being updated. Last year we did 5,000 tandems, believed to be a UK record.

The DZ has a bunch of committed regulars who are always willing to help out. Although many have spread their skydiving wings, they can't help coming back from time to time, because Chatteris is one of the friendliest DZs in the country and you couldn't wish for a nicer bunch of people. I for one, will always be very proud to call it home.

Fiona Law

Chatteris

Achievements
FS1
 Ruth Ferris
 Rowena Owen
Jump Numbers
50
 Rowena Owen
 Donna Jenkins
900
 Lorraine Dixcey
1400
 Ian Robertson
6000
 Steve Wilkins
 36 Hrs Freefall
 Lloyd Quenby

Old faces by Phil Speight





Lewknor

Mark Stone by Dave Francis

Achievements

Cat 8
 Tim Jones
 Aidan Onn
 Geidre Domzaite
 Jaz Singh
FS1
 Tracy Curling
50 Jumps, CH1
 Emma Lane
100 Jumps, CH2, JM1
 Tracy Curling
 James Mundy
500 Jumps, FF1
 Mark Stone
1 Hr Freefall
 Tracy Curling
 James Mundy



A small group of excited LPS students headed out to Spain to do AFF so we have some eager new skydivers. Congratulations to LPS cameraman, Mark Stone, on his FS coach rating. With all these newbies around and lots of slots on the Islander he's certainly going to be busy.

Martin Harris is looking to put together an FS coaching weekend for those wanting to do their FS1 and to introduce the more experienced to jumping in larger formations. Call if you're interested.

Rachel, our lovely manifestor, has been training hard for *Brit Chicks*, we wish all of the participants lots of luck and better weather at the end of the season.

Plans for next year include indoor facilities – as ever Martin will be looking for help, give him a ring and let's make this happen.

Tracy Curling

Emma by Mark Stone



Brid

Self portrait by Alec Flint

We're thrilled that the Porter is finally flying, well worth the wait! It's like being in a glass elevator all the way to altitude. Nicky is gutted that he hasn't yet jumped it but is having a lot of fun flying! A massive thank you to Ray Armstrong for all his hard work and enthusiasm, mega!

Fridays are now champagne nights in Bridlington, however much you polish your flute, you still get bubbles! The mini motos claimed another victim, Alec's famous last words 'Watch this!' moments before falling off. The video footage makes good viewing! Everything is finally coming together, the bar and canteen are busy, thanks to the Go-gos. This makes for a fantastic summer of high altitude, parties and madness, hoo-yeh!

Clair Armstrong

Achievements

First Freefall Baz Copeland
 Tim Good
 Cory McGill
 Dan Benfield
 Dave Dunn
 Shane
JM1 Vince Docherty
 Nick Quest
 Gary Collins
 Tim Morley
CH1 Andre Tyreman

Jump Numbers

50 Steve Perkins
300 Clair Armstrong
700 Alli Armstrong

1 Hr Freefall Sadie Sutcliffe
12 Hrs Freefall Phil Lyall



Jay Webster by Steve Candlish

Cyprus

A big hello from sunny Cyprus! It's been a while since you've heard from us but we are still here and looking forward to a fantastic 2007! Andy got his

Cat 8 after flying through his consols in just three days and Grant achieved his 100th with some kind of 6-way (not entirely sure you can call it that!), congrats to both. Tony Goodman recently organised an FS coaches course with Nick, Demetri, Elias, and Efrino all achieving their FS coaches rating, well done. We have been hosting the *Red Devils* for team training and they have kindly allowed us to share their awesome Porter on the weekends. Many thanks guys! We'd all like to wish George Panagopoulos the best of luck in his new position at Netheravon.

We are looking forward to some big events including the seven day Cyprus Boogie, with skydiving fun for all from dawn 'til dusk. BirdMan may also be visiting with demos and we're hoping to secure a turbine for six months. We are the only BPA Affiliated DZ in the Med, with competitive jump prices and fantastic weather eight months of the year. Cyprus is the place to be this summer!

Jamie Booth

Achievements

Cat 8, CH1
 Andy Darby
100 Jumps
 Grant Wilde
100 Jumps, FS1
 Richie Green

George by Andy Darby



Hib



Brian's 400th by Dave Buterell

Our Easter weekend with free coaching was a great success, with Rob Simpson & Darren Glover coaching the freeflyers and Kaz Bain & Simon Brentford the FS guys. We had lots of visiting jumpers, a mention must go to Cairan Van Rooyen for breaking the record for a weekend's spending! Our Uni Clubs took advantage of the Easter Boogie in Seville, many progressing very quickly. With exams coming up, we wish them luck in their studies and suggest they bring their work to the DZ, it's a far better study environment than at home!

Our very own Lucy Herrett came back to the skies with a tandem with H, she's looking forward to staying with manifesting for the rest of the year! Tony is back after an eventful trip to Seville, we hope you mend quick Tony (not too quickly, you're great at talkdown!).

Fusion and *Havoc* gave free 4-way FS coaching, with Dave Butterell running camera coaching. This was a huge success with teams, individuals and budding cameraflyers taking advantage, many had some of their best skydives. Simon Cathrine organised some bigger-ways, Brian Cumming and Ane Brentford celebrating milestones in style. We'd

Marcus Goodsell



like to show our appreciation to *Fusion* & *Havoc* for this smoothly run, well organised weekend.

Brian & Clara celebrated their birthdays with balloon and jet jumps at Perris and a Hawaiian party when they got back! Our very own cocktail waiter, Nathan Litzner, provided some interesting inventions. There was a blaze of colour as everyone donned Hawaiian shirts, garlands and grass skirts. The limbo dancing was an eye-opener, pictures have been strenuously vetted prior to publication!

Andrew Hilton very kindly organised an antiques roadshow, bringing down some Para Commanders & Starlights. Some older regulars and staff took a trip down memory lane to jump them, thanks Andrew. If you're up for more of this, contact the DZ.

We have some major events coming up; 4-way Scrambles, CF Roadshow, *Top Gun* wingsuits, Jump your Reserve and a huge weekend with the UK Skydiver Boogie, 16-17 June, check out www.ukskydiver.co.uk

Mike Coulthart

Achievements

First Freefall
James Ingham
Leanne James
Adam Kenny
Ryan May
Craig Spiers
Michael Thornley
James Wu
Phil James

Cat 8

Mike Rippon
Cat 8, CH1, CH2
Charlotte Fletcher

CH2, JM1

Lee Armstrong
Ben Cornick
Gavin Bowers

CH2

Paul Geary
Danny Moore

FS1

Lee Armstrong
Sara Otter
Davina Sandberg
Scott Marrison
Gavin Bowers
Paul Geary

FF1

Kath Rybinski
Alan Embleton
Ralph Davidson

Jump Numbers

50

Charlotte Fletcher
Gavin Bowers
Cairan Van Rooyen
Zoe Williams

100

Lee Armstrong
Paul Geary
Nick Lord

200

Kath Rybinski
Jimmy Freemantle
Clara Melia

300

Jo Bolton

400

Brian Cumming
George Impey
Laura Hillas
Lynne Forman

500

Ane Brentford
Jo Burns

900

Dave Butterell
1000

Blair Stent

Kaz Bain
Sue Farquhar

1 Hr Freefall

Gavin Bowers



Leanne James after AFF Level 1 by Amy Kitson



Hula girls Ames & Kath by Blair Stent



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Weston



Laura & Anton, by Marcus Goodsell

Boy did the season get going over Easter! Four days of great weather (averaging 21 loads a day) and a scrummy barbecue heralded a great start to summer. We have a good mix of FS, FF and wingsuit stuff and talent like Storm, Sounds Grrr8 and Yoko Okazaki rocking up.

Tracking and girlie freefly are planned, 30 June – 1 July with the G92 and Skyvan plus *Outbreak* and World Freestyle Champion Yoko, we have 50 people already registered! Check our website for other events, including boxer short skydives in aid of testicular cancer research, contact Nigel Holland for info.

Congratulations to Mark Hayes and Chrissie Messer, celebrating their first baby. Nigel Holland has gone to Empuriabrava to start a new life, good luck Nige! (note to Empuria – do not let him behind the bar!) Alf Batchelor is heading off to Seville, I'm sad to see him leave as he made me look good on the golf course!

Keep an eye on our news page for briefs and packing lessons. The Boogie Store has ever more new stuff in, so give them a call or pop along, I recommend the Chunky Monkey ice cream.

The *Brit Chicks* arrived and were ably

coached by Sparky, Liz and Sacha, passing on valuable knowledge.

Congratulations *Team Airkix*, who were awarded the Prince of Wales Cup by HRH Prince Andrew at a ceremony at the RAF Club in London. It was a great evening and congratulations to Sparky for winning the Jim Crocker Sword for outstanding Achievement in Skydiving. Prince Andrew had a long chat with the girls afterwards and also recounted tales of his own jumping experience out of military balloons! I think he quite liked our chicks!

Ash Kemp

Achievements

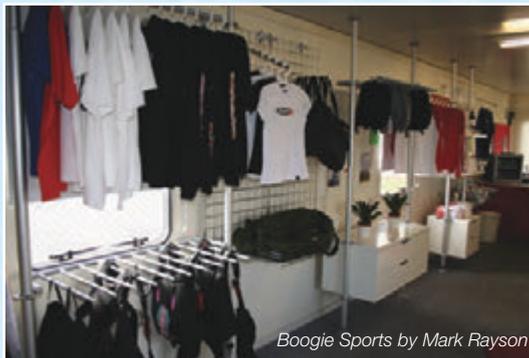
- AFF Graduate**
James Hubbard
Neil Hughes
Christine Downer
James Tunstall
Chris Lovelock
Dave Reid
- CH1**
Tracy Curling
Jonny Kirk
- JM1**
Tracy Curling
- FF1**
Mark Stone
Aaron Binks
Tracy Curling
- FS1**
Neil Hughes
Dave Reid
Tim Green
Chris Lovelock
Amy Huxtable

Jump Numbers

- 50** Dan Clarke
100 Will Ramsey
Tracy Curling
200 Si Citra
500 Mark Stone
600 Mike Lovemore
700 Ian Ridpath
800 Henry Tonnison
900 Chris Cox
Steve Hogan
1100 Laura Kenyon
1400 Phil Hartree
- 1 Hr Freefall**
Greg Simmonds
12 Hrs Freefall
Nick Whiteley



Team Airkix at the RAeC Awards by Ash Kemp



Boogie Sports by Mark Rayson



Good luck Nige, photo Josh Burrill

Swansea

Lou & Tom by Stu Lee



It's been a busy few months, with the social side kicking off nicely too. Partly thanks to the many AFF graduates who now need to buy their own kit – and learn to pack it – Fozzy! Big congrats to Af on passing his AFF Instructor course. We look forward to seeing loads of people for our bank holiday specials – £10 to 15,000ft all weekend! Congratulations to John Parker who got his 400th jump on ticket number 400!

Louise Ramsden-Hare

Achievements

- AFF Graduate**
Rob Sibbitt
Dan Morgan
- Cat 8**
Simon Ashley
David Ferris
Ash Crocker
- Cat 8, CH1**
Seamus McCartney
Ross Foster

Jump Numbers

- 50** Nader Afsharian
200 Dan James
300 Jo Pyle
400 John Parker
1000 Simon Larcombe
108 Hrs Freefall
Dave Howerski

Headcorn

Achievements

First Freefall

Kane Clark
AFF Graduate
Lucy Smith-Willey
Cat 8, CH1

Alan Smith-Willey

CF1, CF2, FS1

Brad Norman

JM1, CH2

Nadine Hall

Noah Woodman

Garry Batt

Andy Suett

FS1, JM1, CH2

Melissa Berry

FF1

Al Redler

Jump Numbers

100

Nadine Hall

200

Andy Suett

600

Flying Buddha

900

Tilly Attewill

1000

Graham Stone

12,000

Chris Lynch



19-way Headcorn record by Nigel Rowlan

No-one can fail to be saddened by the terrible accident here in March, which led to the tragic death of our Beaver pilot, Steve Davis. Our thoughts are with his mum and sister. We are obviously relieved that no-one else died in this awful incident, and pleased that Trigger is recovering well.

Despite many aircraft problems the staff pulled out all the stops to keep club members jumping. In April things improved with an impromptu mini Skyvan boogie. We had great weather, a top pilot and luxury plane, and jumpers from all sides to keep the Skyvan in the air. Dave Tunks & Chris Shaw organised some fun skydives – thanks guys! We started with a 3 point 11-way for Nadine Hall's 100th (who had her first cutaway 3 jumps later!) and went on to a two (almost three!) point 19-way, which is a record formation over Headcorn! Even some staff got on the last big-way on Sunday evening. Nigel Rowlan deserves a big thanks for his pics. We look forward to seeing the ugly 'PIGY' back soon.

Headcorn hot chicks alert! The *Brit Chicks*, led by Auntie Jane, were down to practise for their Hyde Park demo, it was great to see so much expertise and enthusiasm.

Our flying Buddha wrecked yet another rental car in the States – beware getting in a vehicle with this man! Chris Carroll decided to do a market survey of hospital food – we hope he's had enough! Ringo had another go at demolition in the staff car park, he chose another car instead of a building this time!

Congrats to Graham Stone & Garry Willard, regulars who were on the recent 2-point 139-way record at Z Hills. Well done to Emma May for completing AFF level one.

Ruth Cooper

The club has faced several difficulties with aircraft after the Let had a problem en route to us. We have been fortunate in having the use of five different aircraft so far this year and hope to have the Let and our own Islander back very soon. The highlights of this period have been the two 'Van Weekends' when we added an Airvan and a Skyvan to our fleet of three transit vans! Our thanks to all pilots and aircraft operators who helped us out and to all members for their patience.

Peter Sizer



Skyvan exit by Nigel Rowlan

Swindon

It's been a busy time and the good weather has been

helping keep the happy vibe alive. Anne & Russ are progressing well at RAPS. Even the bringer of bad weather Elly Kirby has her A licence, as too

has Lyndon Baker, congratulations! Mark Benson is selling his TVR, £22,000 gets you a T350T in blue, apparently his new missus has put her foot down, there is a search party out for the thumbprint as we speak.

Brucie has done his tandem skydive ahead of his TI course, rumour has it that he and Stu Albon broke the sound barrier on the way down.

E squared are now more of a permanent fixture helping out with the paperwork and generally making our lives much easier, many thanks to you both and keep up with the jumping.

Good luck to Georgie Page who is soon to be married, we are looking forward to the party as much as he is to the wedding.

Dylan Griffith-Jones

Phil by Christine Dawes



Tilstock

With the unseasonably gorgeous spring weather and two planes there has been loads of jumping. The Airvan is a

big success – more lifts, more slots, more jumping; what we love. As you can see from the list of achievements everyone has had a great time. RAPS courses have been running every week and we have loads of students progressing steadily.

Tony L thought he would get away without a dunking by doing his 1,000th tandem at Tilly – he should have known better, the next time he went to BKPC, in he went! Congratulations to Dave Major who, after lots of training and study, is now our newest jump pilot.

We are holding a cameraflying and editing day, check the website and notice board. There will be a certified first aid course soon.

Paul Morrison

Achievements

First Freefall

Matt Wilcock

AFF Graduate

Phil Jenks

Christine Dawes

FS1

Michele Eppleston

Mike Allsopp

Jump Numbers

800

Steve Smith

1500

Ray Parker

1700

Gwyn Ackery

1 Hr Freefall

Louise Whitby

Christine by Phil Jenks



Langar



Amanda Higgins by Pete Bacon

We had an unintentional Langar Easter Mini Boogie! Dave Lewis and Billy Payn organised single aircraft loads, then combined groups for two-aircraft formations of up to 30-way. Billy and Dave provided a new opportunity for many, and encouraged them to attempt different exits and various slots – in the words of the jumpers 'to push their comfort zone in a relaxed and friendly environment'. One jumper was pleased to be last diver on one jump and rear floater the next; another doubled his tally of formation dives. Many people achieved their biggest formation, with lots of good 'firsts' (first trail aircraft, first time last diver, first sequential big-way). Check out Dave's site www.strollerweb.co.uk

Caroline Hughes of www.skydivechoreography.com ran a very successful warm-up weekend for *Brit Chicks* – yet another great weekend of skydiving. We had the best start to a year ever, with over 250 lifts and 4,000 jumps in April! Dave, Billy and Caroline are all back 11-12 August to run a large formation skills weekend of dual-aircraft loads.

Our Safety Day provided presentations by instructors covering equipment maintenance, gear checking, safety in the aircraft and in freefall, canopy safety and emergency procedures. Practical sessions were offered. Based on the USPA events run in recent years. All of the 40-plus participants learned something valuable from a thought-provoking day. Along with newer jumpers,

Brit Chicks warm-up by John Baggaley



Lubie, Matt & Martin by Tim Aucott



it was good to have some very experienced skydivers joining in, many of whom made useful contributions. Reactions were favourable, with many encouraging us to run such events more often. Can only be a good thing!

Keith Thomson had his first malfunction on the last jump of his tandem evaluation. Luckily, he could immediately tackle the packer about it – he was the guy on the front! Welcome back Eliot, Steve, Shaggy, Al, Pixie and anybody else who has been away. We're now back up to full staffing levels for the summer.

Milko

Achievements

First Freefall

Tim Crane
Simon King

AFF Graduate

Holly Blake
Jake Willson

Cat 8, CH1

Holly Blake
Rob Walker
Ross Shaw

CH2, JM1

Stewart Watson
Steve Smith
Tom Ash
Graham Nicholas
Gail Iles

JM1

Pranav Agarwal

FS1

Simon Cupples
Steve Smith
Tom Ash

Pranav Agarwal
Jenny Buckle

CF1

Michelle Meakins

FF1

Wayne Glenn

FF2

Fat Leigh

Jump Numbers

50

Ruth Jordinson
Steve Smith
Tom Ash
Pranav Agarwal
Graham Nicholas
Tom Randerson
Matt Willson

100

Steve Weekes
Sophie Cook
Lee Brack
Mark Lees

200

Stefan Price

400

Andy May
Maria Allen

500

Andy Pike

600

Angela Hickling

700

Ally Milne
Guy Dickson

800

Hannah Betts
Fat Leigh
Orange Utang

1000

Larry Burton

1100

Bill Miller

1500

Chris Ives

1700

Pixie

3000

Steve Newman
John Baggaley

10,000

Chris Harrison

1 Hr Freefall

Steve Weekes
Ruth Jordinson

Pranav Agarwal

12 Hrs Freefall

Ally Milne

Fat Leigh

132 Hrs Freefall

Dave Hickling

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Wild Geese

Achievements
Cat 8
 Eimer McGovern
 Stephen Carroll
 Eddie Monteith
FS1
 Mark McGarvey

Ten little goslings spread their wings and departed Belfast on a very cold miserable morning in March – to arrive in Portugal at noon to a bright, sunny 23°! Yes the annual trip to the Algarve Spring Boogie began in great style. With two Dornier 28s going to 14,000 ft over Alvor, you could jump all day before retiring to the newly refurbished bar to relax in the evening sun. What a trip! As usual the DZ staff treated everyone as family with nothing being too much trouble. They cater for every discipline, including wingsuits, high altitude and beach jumps. Lots of friendly bars and great restaurants are only ten minutes walk from the apartments. A special thanks to Evelin, Norbet and Exi for all their help and friendship. We have started to make arrangements for next year, mid March, come along to one of the most friendly and fun DZs.

Drew our pilot and his wife Beverly are expecting a baby. Steven (aka Babe) and wife Gillian had a baby girl. Mick Gook and Joanne Meredith announced their engagement. Big congratulations to all. There must be something in the water over here so that's it, I'm back on the beer!



Joanne Meredith by Mike Murphy

Mike Murphy

James Kelly

It is with regret that I have to pass on the sad news of the death of James Kelly after a short illness. James was our Porter and 206 pilot during the early nineties. He was one of the coolest pilots I have ever known. With his slight build, head to one side and cigar in mouth stance, he was often heard to utter "No problem, let's fly". I had the good fortune to fly with James on many occasions and can remember the first time with him in the Porter as he demonstrated the capabilities of the beast. As he dropped the nose at Movenis from 13,000 ft, it was an experience I and my underpants will never forget! As we pulled out of the dive at 4,000ft he asked me "Well what did you think of that?" My reply is not printable but it started with "f*****k".

James was a true gentleman who always saw the good in others and never wore a frown, his infectious smile and grin always made a gloomy day turn out good. James was happiest when he climbed aboard the aircraft to go flying. James, we know you're up there, stay safe amongst the clouds mate until we meet again.



Stephanie by Mike Murphy



Geese gang on Alvor beach by John McCourt

Strathallan

Some returned from Skydive Spain in Seville after a fortnight's fun in the sun. Pauline Domanska got her FS1 over there, big congratulations! Mark Collins did a handful of camera jumps, Ewan & Bernie Carol tried out WARP, Jean & Donna enjoyed some tandems. Jean now has twelve tandems, could she give Calum a run for his money? Everyone told of us what a fantastic time they had, leaving the rest of us wishing for Christmas so that we can head back abroad for the annual trip.

Achievements
Cat 8, CH1
 Chris Conlin
CH2
 Adelle Collins
 Barry Hyde
CH2, FS1, 1 Hr Freefall
 Pauline Domanska



Mark, Pauline, Eddie & Joyce by Reece Gilmour

The club is having a good spring clean, the old shop is gone and the building construction is under way. It is nice to see the club members working, as always, as a team to get the finishing touches done. During wet weekends everyone is running around with a paintbrush painting anything and everything!

A white water rafting event is planned for July, see Pauline. A big welcome back Lorena and Unai, it wasn't the same without you!

Adelle Collins



Donna by Reece Gilmour

RAPA



RAPA photos by Paul Moore

Preparation has continued for the RAPA Meet in July which will run concurrently with the first UK Canopy Piloting and Classic Nationals. The swoop pond has been refurbished over the winter and is looking ... well... big!

Annually the *Golden Lions* come over to RAPA for their pre-season training and without fail always bring the English spring weather, thankfully not the Scottish! Once again it proved to be a very successful training camp with all completing around 50 jumps. A special mention to the team manager who amassed well over 50 units of that strange coloured liquid that makes you rage up in the Glens, you know the stuff – Iron Bru?!

Hutch

Achievements

First Freefall

Gaz Mitchell

Alex Mining

CF1

Andy Abbess

Gogs Orrock

JP

Nigel MacGillivray

200 Jumps

Gogs Orrock

1000 Jumps

Steve Studders

Guido Astrup

Welcome to our new staff, Ian Lyons, Phil Skelland, Gaz Marshall, Alex Mining and Faz Fazackerley (get used to the words “*check please*”), not forgetting our new Chief Pilot, Moore Campbell, and a belated farewell to Stu Storey, thanks mate for all your hard work and DIY.

What a fantastic start to the season with blue skies, warm temperatures and loads of skydiving. All but one of our JSAT courses have achieved their aims, and weekend jumping and flying hours are well up on last year.

Several tunnel camps have been held at Bedford, under the experienced guidance of Dave Openshaw and Paul Moore. The Bodyflight staff managed to coach our incremental staff up to FS1 level on their first visit, even though they are still on the rope!

Golden Lions



BCPA

The first morning at Seville greeted us with bountiful blue skies, wide-eyed first timers and some cracking hangovers – who made Spanish beer so available and affordable? With over 36 AFF and 30 RAPS students the first day was an exercise in logistics: a job which Skydive Spain performed fantastically throughout, amazing considering that two of their instructors had been injured a few days earlier.

University clubs that had made their own travel arrangements gradually showed up, some making use of the new on site bunkhouses. At one point there were over 110 students on the DZ. The boogie saw several teams training, special congratulations to *Team Elan*, sponsored by Skydive Spain, who managed an



Photo by Andy Lovemore

average of 16 jumps per day, up to a personal best of 21! I guess they owed their 2 packers who were packing 5 rigs in 15 minutes some serious beverages. Many individuals and groups took advantage of the top quality FF coaching offered by *Outbreak*. The BCPA group achieved a total of 8 FS1s, an FF1 and an FF2!

A 3-way scrambles competition was kindly organised by Sam Bement and sponsored by Unknown Airwear. With over 12 teams entering it was perhaps the largest 3-way competition ever in the history of the BCPA. It gave both experienced and newly qualified a chance to spread their wings. *Team Elan* generously organised a raffle, the first prize was a free videoed coached jump with *Elan*. I would like to thank everyone who entered and supported our team, and also apologise for being lucky enough to have been the happy winner (I promise it wasn't a fix!). Enormous thanks to *Elan* for such a fantastic opportunity which I sincerely enjoyed.

The BCPA trip was a fantastic success – even though I am still being chased reference damaged vehicles, bloody students! I had a massive amount of help from Skydive Spain and the rest of the BCPA committee, many thanks all.

Marc Fletcher
BCPA Chairman

Emily & Ian by Andy Lovemore



Marc & Elan by Rob Stevenson



Black Knights

After years hanging out here Ben Henshall hit his 16th birthday and did a tandem. He was joined by six cameraflyers and proud father Neil says that Ben is now also hooked and will soon be on AFF!

From a family of skydivers, Mandy McGuinness has pretty much got the hang of the manifest system – more than can be said for her 'bush' landings! Jo Middleton is now jumping her little ginger socks off again.

Billy Sharples tried para-motoring in Spain with son Joe. The guys who ran the course felt Billy's canopy control was a little lacking, he was made to run up and down the training area with the canopy for three days before he was let loose in the sky. Meanwhile, son Joe, with not as much skydiving experience, took to it straight away and was soaring around solo in no time.

Avalore will be here for ten days of fun starting 14-15 July with a freefly basics weekend, coaching in the week for all levels, and freefly skills camp the following weekend.

Rob McVey

Photo by Adam Morris

Achievements

First Freefall
Phil Ruck
Kevin Starkey
Peter Barrow
AFF Graduate
Mark Christensen
Caroline Childs
Matt Yates
Cat 8
Costas Andrea
Debbie Williams
Anna Beswick
FS1, JM1, CH2
Al Wheatland
CF1
Alex McMullen
FF1
Alan Holmes
Jump Numbers
100
Graham Rymmer
Jason Lee
Chris Occomore
200
Simon Watkinson
300
Dave Lee
Alex McMullen
500
Pat Priestley
1 Hr Freefall
Al Wheatland

POPS

Sad news I am afraid, the worldwide POPS community has lost a very special man. Ted Rose, Ex USA Top POP, tragically died (not skydive related) en route to a POPS/SOS meet in Florida earlier this year. Ted was an enthusiastic, professional, charismatic person who attended all the World POPS meets, put himself about a bit, in a quiet impressive way and was very well known to many of us. Once met, rarely forgotten. Blue skies Ted.



Ted Rose

Our first official British POPS meet is at Hibaldstow, 23-24 June. Please note my change of address and telephone number listed under Parachuting Societies in The Mag, as I have moved house. (Only 4 miles!)

At the POPS AGM in January it was decided by the membership that the Life Membership Fee for new members will be increased from £15 to £20, starting 1 July 07. It is some considerable time since the last increase so this will help in addressing the inflationary increases that I am sure we all know about!

Dick Barton

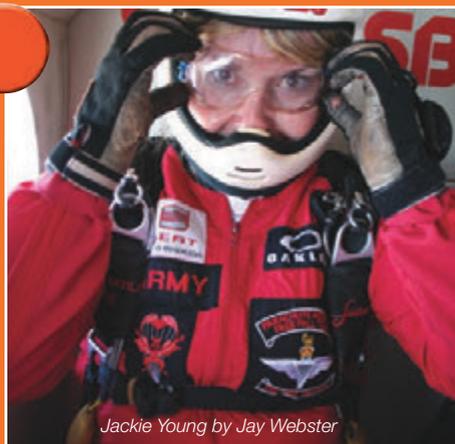
Red Devils

The year started with the team saying farewell to team comedian Pete Ford, as well as cameramen Gav Tuckley & Tim DeSouza – the team wish them all well with their future careers.

The team had a successful pre-season camp in Cyprus – completing at least 100 training jumps each over four weeks. We were delighted to be joined by former team member and ex-world accuracy champion Jackie Young – who plans to make a comeback on a number of the team's displays this season! As always Cyprus provided the ideal conditions for display training, thanks Steve Thomas, all of the CCSPC – and Lorenz & Henry at Swissboogie (www.swissboogie.ch) for their superb Porter!

We have nearly 100 provisional display bookings already on the calendar, including the F1 at Silverstone, World Superbikes at Brands Hatch, displays for Ferrari, and sponsors Oakley and Seat Sport. For more information www.reddevilsonline.com

Marcus Orme



Jackie Young by Jay Webster

Achievements

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Dan Schmidt
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Andy Shaw
Dan Schmidt



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- Thorough inspection and air of main canopy?
- Thorough inspection of harness/container?
- New main and reserve closure loops?
- New bungees on deployment bag?
- Comprehensive advice on any rigging requirements?

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centre européen de chute libre

Lapalisse Garden Party #2

From August 11 to 17, we are hosting a special event in Vichy with the Freefly big way record organized by Arno Fletcher and Babylon. and Formation Skydiving jumps with the young and most talented organizers from the French 8-way. Don't miss it! More info on :

www.lapalisse-aero.com

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photo by Andrey Veselov

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- LO Load Organisers
- FS Formation Skydiving
- CF Canopy Formation
- FF Freeflying
- AC Accuracy
- WP WARP
- SU Skydive U
- CP Canopy Piloting
- WI Wingsuit Instruction

BPA Affiliated Drop Zones



6
Dunkeswell
01404 891 690

Skydive UK Ltd
 Dunkeswell Airfield, Dunkeswell, Devon EX14 4LG
 Tel: 01404 891 690 or 07718 638 000
 Fax: 01884 250 480
 info@skydiveuktd.com www.skydiveuktd.com
Aircraft: Cessna 206, Twin Turbine Beech King Air
Open: 8am-dusk, Wed-Sun and bank holiday Mondays.
First Jump Courses: AFF, RAPS, tandem
 For midweek operation please call the DZ first.

LO FS CF FF WP SU

7
Headcorn
01622 890 862

Headcorn Parachute Centre
 Headcorn Airfield, Headcorn, Kent TN27 9HX
 Tel: 01622 890 862 Fax: 01622 890 641
 headcorn@btconnect.com
www.headcornparachuteclub.co.uk
Aircraft: Beaver (winter), Let 410 (summer), Islander
Open: 9am-dusk, Tuesday-Sunday. 1pm-dusk on Monday in summer.
First Jump Courses: AFF, RAPS, tandem
 Come and join in the fun here at Headcorn!

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8
Hibaldstow
0113 250 5600

Target Skysports
 Hibaldstow Airfield, Hibaldstow, Brigg, N Lincs DN20 9NN
 Tel/Fax: 0113 250 5600 DZ: 01652 648 837
 info@skydiving.co.uk www.skydiving.co.uk
Aircraft: Dornier G92 twin turbine, SMG-92 single turbine, Cherokee 6
Open: 9am-dusk every day.
First Jump Courses: AFF, RAPS, tandem
 15,000ft on most lifts, host to the BPA FS and Artistic Nationals 2006.

LO FS FF WP SU

1
Black Knights
01524 791 820

Black Knights Parachute Centre
 Patty's Farm, Hillam Lane, Cockerham, Lancashire LA2 0DY
 Tel (DZ): 01524 791 820
 Tel/Fax: 01772 717 624
www.bkpc.co.uk info@bkpc.co.uk
Aircraft: Cessna 185, Turbine Porter
Open: Fri-Mon every week. All week for the first week of every month.
First Jump Courses: AFF, RAPS, tandem
 Always a warm welcome at the north-west's most accessible drop zone. Resident freefly school.

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2
Bridlington
01262 677 367

Skydive Brid
 East Leys Farm, Grindale Rd, Bridlington, E Yorks YO16 4YB
 Tel: 01262 677 367 or 07836 276 188
 Fax: 01262 401 871 info@skydivebrid.co.uk
www.skydivebrid.co.uk
Aircraft: Cessna 206, Turbine Porter
Open: 8am-8pm, every day.
First Jump Courses: AFF, RAPS, tandem

FS CF AC WP

4
Chatteris
01354 740 810

North London Parachute Centre
 Chatteris Airfield, Nr Stonea, March, Cambs PE15 0EA
 Tel: 0870 787 4900 Fax: 0870 787 4909
 info@ukskydiving.com www.ukskydiving.com
Aircraft: 2 Nomads, Cessna 206
Open: 8am-8pm Tuesday-Sunday in summer. 9am-dusk, Wednesday-Sunday in winter.
First Jump Courses: AFF, RAPS, rounds, tandem
 A friendly, progressive drop zone with excellent facilities that are constantly being updated.

LO FS CF FF WP SU

9
Hinton
01295 812 300

Hinton Skydiving Centre
 Hinton Airfield, Steane, Brackley, Northants NN13 5NS
 Tel: 01295 812 300 Fax: 01295 812 400
 info@skydive.co.uk www.skydive.co.uk
Aircraft: PAC 750XL
Open: 8am-9pm at weekends. 9am-7pm Tuesday-Friday.
First Jump Courses: AFF, tandem
 Small and friendly. Bunkhouse, camping & showers on site.

FS CF FF AC WP

3
Cark
01229 889 516

North West Parachute Centre
 Cark Airfield, Flookburgh, Nr Grange-over-Sands, Cumbria LA11 7LS
 Tel: 01229 889 516 Weekends: 01539 558 672
 Fax: 01772 787 106
 skydive-northwest@totalise.co.uk
www.skydive-northwest.com
Aircraft: PAC 750XL
Open: 9am-9pm, weekends & bank hols, weekdays by arrangement.
First Jump Courses: AFF, RAPS, tandem
 Set in beautiful surroundings of the Lake District. We aim to make everyone feel welcome.

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5
Cornish
01872 553 352

Cornish Parachute Club
 Perranporth Airfield, Higher Trevelas, St Agnes, Cornwall TR5 0XS
 Tel: 01872 553 352 or 07790 439 653
 cornishparachuteclub@hotmail.co.uk
www.cornishparachuteclub.co.uk
Aircraft: Cessna 206, guest aircraft by arrangement
Open: 9am-dusk on Sat. 10am-dusk Wed-Fri & Sunday.
First Jump Courses: AFF, RAPS, tandem

WP FS CF

10
Jersey
01534 747 410

Skydive Jersey Ltd
 States Airport, St Peter, Jersey JE3 7ZR
 Tel: 01534 747 410 Fax: 08708 313 107
 info@skydivejersey.net www.skydivejersey.net
Aircraft: Cessna 206, occasional turbines
Open: Every day, hours vary with tide, call first before visiting.
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 Stunning views jumping onto the beach in St Aubin's Bay. Good deals with local hotel.

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11 Langar
01949 860 878



British Parachute Schools
Langar Airfield, Langar, Nottingham NG13 9HY
Tel: 01949 860 878 Fax: 01949 860 012
www.bpslangar.co.uk info@bpslangar.co.uk
Aircraft: 2 Cessna Grand Caravans, Skyvan occasionally
Open: 9am-8pm (or dusk) every day. 10am start on Sunday. Office open every day, 8.30am-6pm.
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LO FS CF FF WP CP

12 Lewknor
0845 130 7194



London Parachute School
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Drop Zone located off Junction 6 of M40
Tel: 0845 130 7194 Fax: 0845 130 7195
info@londonparachuteschool.com
www.londonparachuteschool.com
Aircraft: Islander, Cessna 206
Open: 9am-dusk at weekends.
First Jump Courses: AFF, RAPS, tandem

LO FS CF AC WP

13 Netheravon
01980 678 250



Army Parachute Association
Airfield Camp, Netheravon, Salisbury, Wiltshire SP4 9SF
Tel: 01980 678 250 Fax: 01980 678 275
apa@netheravon.com www.netheravon.com
Aircraft: Cessna Caravan, Turbine Islander, Piston Islander
Open: Wednesday & Friday afternoons from 12pm. Saturday, Sunday and bank holidays 8pm.
First Jump Courses: AFF, RAPS, tandem
Military and civilian jumpers are very welcome at Netheravon.

LO FS FF AC CP WI

14 Old Buckenham
01953 861 030

UK Parachuting
Old Buckenham Airfield, Attleborough, Norfolk NR17 1PU
Tel: 01953 861 030 or 08456 585 544
Fax: 01953 861 031
jump@ukparachuting.co.uk
www.ukparachuting.co.uk
Aircraft: PA-32 (available for displays), Nomad
Open: Every day.
First Jump Courses: AFF, RAPS, tandem

LO FS CF FF WP CP

15 Paragon
01821 642 454



Paragon Skydiving
Errol Airfield, Grange, Errol, Perthshire PH2 7TB
Tel: 01821 642 454 Fax: 01821 642 656
billy.gollan@btinternet.com
www.paragonskydiving.co.uk
Aircraft: Cessna 182
Open: 9am-6pm Saturday, 10am-6pm Sunday, all year. 9am-7pm Wed-Fri in summer for courses & tandems only.
First Jump Courses: RAPS, tandem
Nice friendly DZ, beautiful scenery, barbecue every Saturday night so come along and chill out.

FS CF WP

16 Peterlee
0191 517 1234



Peterlee Parachute Centre
The Airfield, Shotton Colliery, Co Durham DH6 2NH
Tel/Fax: 0191 517 1234 skydiveacademy@aol.com
www.skydiveacademy.org.uk
Aircraft: Airvan, Cessna 182
Open: 8.30am-8.30pm weekends & bank holidays. 1pm-8.30pm Wed-Fri. Flexible hours, phone to confirm.
First Jump Courses: AFF, RAPS, tandem
15 minutes drive from Durham city, 25 minutes from Newcastle, centrally located for NE England.

FS CF WP

17 Sibson
01832 280 490



Peterborough Parachute Centre
Sibson Airfield, Wansford, Peterborough PE8 6NE
Tel: 01832 280 490 Fax: 01832 280 409
skydivesibson@btconnect.com
www.skydivesibson.com
Aircraft: Turbolet 410
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18 South Cerney
01285 868 259



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info@silverstars.org.uk www.silverstars.org.uk
Aircraft: Turbolet 410, Islander, Airvan
Open: Monday-Saturday 10am-7pm, Sunday 10am-6pm.
First Jump Courses: AFF, RAPS, tandem
Civilian jumpers welcome by strict prior arrangement, call DZ for prices or check website.

LO FS CF WP CP

19 St Andrews
0845 189 5865



Skydive St Andrews
Kingsmuir Airfield, Saint Andrews, Fife KY16 8QQ
Tel: 0845 189 5865
skydivestandrews@mail.com
www.skydivestandrews.co.uk
Aircraft: Cessna 185, 2 Turbo Cessna 206, Turbine (for special events)
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20 Strathallan
07774 686 161



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Weekends: 01764 662 572
Tel: 07774 686 161 Fax: 01236 732 461
kbrady@fsbdial.co.uk
www.skydivestathallan.co.uk
Aircraft: 3 Cessna 206, Turbine (for various events)
Open: 9am-9pm weekends & bank holidays. 5pm-9pm Fridays in summer.
First Jump Courses: RAPS, rounds, tandem

LO FS CF FF AC WP

21 Swansea
01792 207 035



Swansea Skydiving
Swansea Airport, Fairwood, Swansea, SA2 7JU
Tel: 07748 246 451 DZ: 01792 207 035
info@swanseaskydiving.co.uk
Aircraft: Turbolet 410
Open: Wednesday-Sunday 9am-dusk.
First Jump Courses: AFF, tandem
One weekend a month there will be two Lets, both flying to 15,000 ft.

LO FS FF WP

22 Swindon
01793 791 222



Skydive London
Redlands Airfield, Redlands Farm, Wanborough, Swindon SN4 0AA
Tel: 01793 791 222 or 01384 351 050
Fax: 01793 791 133
info@skydivelondon.co.uk
www.skydivelondon.co.uk
Aircraft: Cessna 206, Islander
Open: 8am-7pm Mon-Sat. 9am-6pm on Sunday.
First Jump Courses: AFF, RAPS, tandem

FS CF AC WP

23 Tilstock
01948 841 111



The Parachute Centre
Tilstock Airfield, Whitchurch, Shropshire SY13 2HA
Tel: 01948 841 111 Fax: 01948 840 638
skydive@theparachutecentre.com
www.theparachutecentre.com
Aircraft: 2 Cessna 206, Airvan
Open: 10am-dusk on Friday. 8am-dark on Saturday. 9am-dusk on bank holidays. Closed on Sunday.
First Jump Courses: AFF, RAPS, tandem

LO FS WP

24 Weston
01869 343 201



Skydive Weston
RAF Weston on the Green, Bicester, Oxon OX25 3TQ
Tel: 01869 343 201 Fax: 01869 343 676
skydiveweston@fsmail.net
www.skydiveweston.com
Aircraft: G92 Dornier
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25 Wild Geese
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Tel: 028 2955 8609 Fax: 028 2955 7050
jump@skydivewildgeese.com
www.skydivewildgeese.com
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Cyprus
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Fax: 0035 724 744 180

Aircraft: PBN Piston Islander
Open: 7am-1pm weekends. Midweek
by arrangement.

First Jump Courses: AFF, RAPS, tandem
Please contact the centre before visiting
to ensure availability. Equipment
available for modest hire charges.

FS FF WP SU CP

RAPA
0049 5254 982 2378



Rhine Army Parachute Association
Flugplatz, Bielefelder Strasse, 33175,
Bad Lippspringe, Germany
Tel: 0049 5254 982 2378
Fax: 0049 5254 982 2740
jspl-comdt@atgg.mod.uk

Aircraft: Turbine Islander,
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Parachuting Societies

British Collegiate Parachute Association

Long View, High Road,
Londonthorpe NG13 9RU
www.bcpa.org.uk

chairman@bcpa.org.uk
Contact: Marc Fletcher, BCPA Chairman
The BCPA aims to promote skydiving at
collegiate level. We run regional and
national events for over 40 affiliated
university clubs. The BCPA provides a
community where university skydivers
can find like-minded people to jump
and socialise with.

POPS UK

9 Mansion House Mews, Pickwick Road,
Corsham, Wilts SN13 9BB

Tel: 01249 701805 or 07860 559112
dbarton@fsmail.net

www.pops.org.uk
Contact: Dick Barton, Top POP
A society of skydivers over forty. We hold
regular meets at host parachute centres.

SOS UK

Flat 14, 21 Victoria Square, Clifton,
Bristol BS8 4ES

Tel: 01179 738341
nielshnsn@yahoo.co.uk

Contact: Niels Hanson
A society of skydivers over sixty.

Cost: £15 (max 35 words)

£10 extra for a boxed ad – £10 BPA website entry

Closing date for August issue – Thursday 12 July

Ross 01778 392459 rosso@warnersgroup.co.uk

COMPLETE RIG Javelin Odyssey. 2 year
old royal blue and black – pin pull rig with
fully articulated harness. Stiletto 135 main
(500 jumps with new lines) PD126 reserve
(no jumps). Cypres 2. Rig has only 60
jumps and is in mint condition. Reason for
sale – leaving the sport.
Cost: £2,900 offers accepted
Location: Nottinghamshire
Contact: Andrew Lett
Tel: 07967 726903
Email: andylett@btinternet.com

ANLE1

COMPLETE RIG Very reluctant sale,
Sabre 150, top side black, underside
purple. PDR143 never used. Javelin
container & Cypres. Immaculate condition,
less than 50 jumps.
Cost: £1,900 (offers accepted)
Location: Hertfordshire
Contact: Richard Thomas
Tel: 07970 545727
Email: rthomas1964@hotmail.co.uk

RITH3

RIG Cloud lite/Round reserve (200 jumps),
Thomas container, matching red/white &
blue baggy jumpsuit. Please call Sidney
with offers.
Tel: 0117 9402457

SIEL

COMPLETE RIG Atom Legend. Red,
white & black. Sabre2, 170 jumps. Techno
155 reserve all 4 years old. Cypres2 fitted,
2 years old. Medium/large build 5'6" to
6'2".
Cost: £2,000
Location: Midlands (will travel)
Contact: Glenn Phillips
Tel: 07766 838888
Email: glenn@glennsteven.fsnet.co.uk

GLPH

COMPLETE RIG Reluctant sale. Sabre2
150, 150 jumps. Micro150 reserve, never
used. Teardrop, Alcantara material, subtle
blues, 150 jumps. Photos available. Cypres
needs 4yr service.
Cost: £1,800 (offers accepted)
Location: Sussex
Contact: Darren Connaghan
Tel: 07930 665278
Email: Darren.connaghan@virgin.net

DACO9

RIGS AND ODDS Zerox, Stiletto
150/Tempo reserve £1,200. Aircare (Zerox
type), Sabre 150/X175R reserve £1,000.
Altimasters II/V £50/£40. Dytter £10.
Jumpsuits £70. Warm suits £25. Para
bags £10/£20. Various other bits.
Cost: £as above (offers accepted)
Location: Stockton on Tees/North East
Contact: Brenda Grant
Tel/Fax: 01642 671393
Email: brenda.grant@csci.gsi.gov.uk

BRGR4

COMPLETE ACCURACY RIG Parafoil
282, Raven 2(e), 1 pin Cypres2, black J7N
Javelin container with harness, will fit
5'5"-6".
Cost: £1,500 (no offers)
Location: Berkshire (will travel)
Contact: Robert Pallag
Tel: 07861 212606
Email: robert.pallag@gmail.com

ROPA5

MAIN CANOPY Spectre 170, 350 jumps,
black, purple and green.
Cost: £450
Contact: Lucie
Tel: 07747 110708

COMPLETE KIT Velocity 96 with PD logo,
yellow with two red end cells, 700 jumps
(relined at 600 by PD) - £750 ono. Navy
blue 000 PDF Classic container (fits 120sq
ft or less), harness to fit 5'6"ish, good
condition - £400 ono. PD 113 Reserve,
used once - £400 ono. Will sell separate
or as complete kit.
Contact: Brendan
Tel: 07805 785428
Email: brenoraff@hotmail.co.uk

CLMU

TANDEM CANOPIES One Paratec
tandem Twin 402 main, manufactured
September 2003, blue, excellent condition,
290 jumps, £650. One older tandem
PD500 main, good condition, needs reline,
blue, £70.
Contact: Chris
Tel: 01691 828406, 077888 27175
Email: chrisgilmore2@talktalk.net

CHGI2

ATOM Legend R size 0 container for sale,
medium sized harness, red & white, brand
new, £900 negotiable. Ring Ben on 07960
703695

BEWI1

COMPLETE KIT Sabre 1 135, PD126R,
Javelin TJ with harness for 6'0" Cypres II 2
years old. Sabre has 135 jumps.
Immaculate condition in parapack. Factory
diver/Protrack.
Cost: £1,800
Contact: James Shepard
Tel: 01825 712405
Email: james.shepard@bigfoot.com

JASH

PILOT CANOPIES Aerodyne Pilot 188
Main Canopy. Aerodyne Pilot 188, red,
white & black (RWBWRWB) 176 jumps,
DOM March 2006.
Cost: £700 (no offers)
Location: Essex
Contact: Andy Suett
Tel: 07836 727169
Email: andy@suett.com

ANSU

COMPLETE RIG Aerodyne Icon. Black
with white trim. Triathlon 175 main 40
jumps, Smart reserve 0 jumps, Cypres 1
just recently serviced with new battery.
Excellent condition. Freely friendly.
Cost: £2200 (offers accepted)
Location: Doncaster
Contact: Craig Pitkin
Tel: 07876 021620
Email: kudetauk@hotmail.com

CRPI

COMPLETE KIT Javelin Odyssey, blue &
red. Sabre2 170 main (68 jumps) Smart
169 reserve (0 jumps). Cypres2,
immaculate. Blue Z1 helmet, jumpsuit, kit
bag and extras. Reason – leaving sport.
Cost: £3,200 (offers accepted)
Location: Cheshire
Contact: Anthony Alderman
Tel: 07793 817040
Email: anthony.alderman@gmail.com

ANAL

COMPLETE RIG Yellow Atom, Springo
120, Techno 120 reserve.
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Email: editor@skydivemag.com

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Email: mclamp@doctors.org.uk

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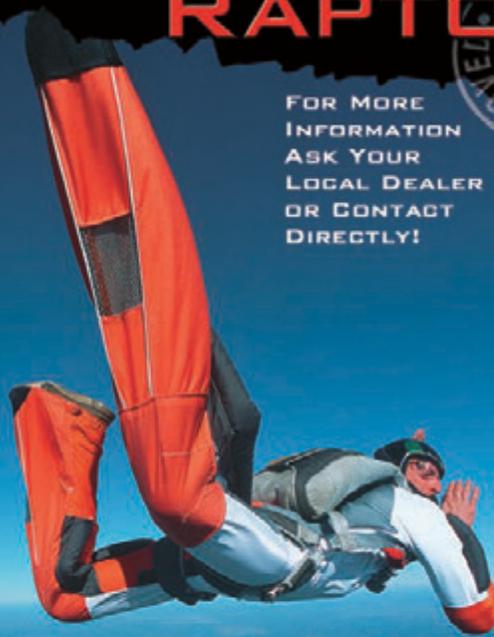
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DIARY

JUNE

- 9-17** Peterlee **XPO 07**
www.skydiveacademy.org.uk
- 11-13** Empuriabrava **Canopy Piloting Course**
www.safeflightschool.com
- 11-16** Empuriabrava **Freefly Euro Record Attempt**
www.skydiveempuriabrava.com
- 12** BPA Offices, Leicester **BPA Council Meeting**
www.bpa.org.uk
- 14-17** Old Buckenham **Mini Freefly Boogie**
www.ukparachuting.co.uk
- 15-17** Hibaldstow **Jump A Reserve**
www.skydiving.co.uk
- 15-24** Cark **Northwest Skyfest 1**
www.skydive-northwest.com
- 16-17** Cark **BPA Artistics Roadshow**
www.skydive-northwest.com
- 16-17** Hibaldstow **First UK Skydiver Boogie**
www.ukskydiver.co.uk
- 16-17** Perris Valley, USA **Freefly Skills Camp**
www.skydiveperris.com
- 18-20** Empuriabrava **Canopy Piloting Course**
www.safeflightschool.com
- 20-22** Lillo, Spain **Canopy Piloting Course**
www.skydive.lillo.com
- 20-24** Dunkeswell **4-Way Coaching**
www.skydiveukltd.com
- 22-24** Marche, Italy **Women's VRW World Record Training**
www.atmonauti.com
- 23** Headcorn **Masked Summer Ball**
www.headcornparachuteclub.co.uk
- 23-24** Langar **8-Way Grand Prix**
www.bpslangar.co.uk
- 23-24** Netheravon **Skyvan Weekend**
www.netheravon.com
- 23-24** Hibaldstow **POPS Meet**
www.pops.org.uk
- 23-Jul 1** Gap, France **Gap Vector Festival**
www.parachutismegap.com
- 24-Jul 1** Voss, Norway **Extreme Sports Week**
www.ekstremспортveko.com
- 25-27** Cark **Canopy Piloting Course**
www.safeflightschool.com
- 25-27** Voss, Norway **EST Voss**
www.canopypiloting.com
- 25-29** Weston **BPA Instructor Course**
0116 278 5271
trudy@bpa.org.uk
- 26-28** Airkix, Milton Keynes **FS Tunnel Camp**
www.airkix.com
- 29-Jul 1** Bled, Slovenia **Europa Cup**
www.europacupskydive.org
- 30-Jul 1** Weston **Tracking & Chicks Freefly**
www.skydiveweston.com
- 30-Jul 1** Hibaldstow **28-Way Competition**
www.skydiving.co.uk

JULY

- 2-4** Hibaldstow **Canopy Piloting Course**
www.safeflightschool.com
- 2-8** Stupino, Russia **Anton Malevsky Cup**
www.malevskycup.ru
- 3-8** Cochstedt, Germany **AN72 & Wingsuit Boogie**
www.mdskydive.de
- 4-6** Lillo, Spain **Canopy Piloting Course**
www.skydive.lillo.com

- 4-8** Dunkeswell **Progression Week**
www.skydiveukltd.com
- 5-8** Perris Valley, USA **P3 Power Play**
www.skydiveperris.com
- 6-8** Texel, Holland **Freefly Extravaganza**
www.islandboogie.com
- 6-8** Marche, Italy **Atmonauti World Record Attempt**
www.atmonauti.com
- 7-8** Hibaldstow **4-Way Grand Prix**
www.skydiving.co.uk
- 7-8** Headcorn **Scrambles**
www.headcornparachuteclub.co.uk
- 7-11** Poprad, Slovakia **Helicopter Boogie**
www.boogieclub.co.uk
- 7-15** Peterlee **Progression Week**
www.skydiveacademy.org.uk
- 9-13** Old Buckenham **Progression Week**
www.ukparachuting.co.uk
- 11-15** Cark **BCPA Nationals**
www.skydive-northwest.com
- 14-15** Marche, Italy **Atmonauti I-B Course**
www.atmonauti.com
- 14-15** Peterlee **Tandem Record Attempt**
www.skydiveacademy.org.uk
- 14-15** Hibaldstow **Big-Way Skills**
www.skydiving.co.uk
- 14-15** Hibaldstow **BPA Coaching Roadshow**
www.skydiving.co.uk
- 14-15** Weston **Boxer Shorts Skydive**
www.boxershorts.skydive.com
- 14-17** Bondue, France **4Xtremetime M17**
www.4xtremetime.com
- 14-21** RAPA, Germany **CP & Classics Nationals**
jscpcl-comdt@atgg.mod.uk
- 16-22** Voss, Norway **Go Vertical**
www.skydivevoss.no
- 19-22** Empuriabrava **FS Coaching**
www.innerrhythmcoaching.com
- 19-22** Marche, Italy **Atmonauti Training**
www.atmonauti.com
- 19-22** Kolomna, Russia **EST Kolomna**
www.canopypiloting.com
- 20-22** Altenstadt, Germany **Europa Cup**
www.europacupskydive.org
- 20-29** Rantoul, USA **World Freefall Convention**
www.freefall.com
- 20-29** Perris Valley, USA **The Unconventional Boogie**
www.skydiveperris.com
- 21-22** Hibaldstow **BPA Artistics Roadshow**
www.skydiving.co.uk
- 21-22** Hibaldstow **CF Grand Prix**
www.skydiving.co.uk
- 21-22** Netheravon **Double Skyvan Weekend**
www.netheravon.com
- 21-22** Perris Valley, USA **Freefly Skills Camp**
www.skydiveperris.com
- 27-Aug 6** Irish Parachute Club **Irish Boogie**
www.skydive.ie
- 28-29** Hibaldstow **8-Way & Freefly Grand Prix**
www.skydiving.co.uk
- 28-29** Raeford, USA **4-Way Money Meet**
info@paracletexp.com
- 28-Aug 5** Chicago, USA **Summerfest**
www.skydivechicago.com
- 29-Aug 3** Gryttjorn, Sweden **Big-Way Camp**
www.skydive.se

- 30-Aug 1** Empuriabrava **Canopy Piloting Course**
www.safeflightschool.com
- 30-Aug 3** Hibaldstow **BPA Instructor Course**
0116 278 5271
trudy@bpa.org.uk

AUGUST

- 2** BPA Offices, Leicester **STC Meeting**
www.bpa.org.uk
- 3-5** Texel, Holland **Wingsuit Boogie**
www.islandboogie.com
- 4-5** Bridlington **4-Way Randoms Money Meet**
www.skydivebrid.co.uk
- 4-5** Weston **4-Way Competition**
www.skydiveweston.com
- 4-5** Dunkeswell **Mike Wills Memorial Speed 4-Way**
www.skydiveukltd.com
- 4-12** Stupino, Russia **FS & Artistics World Cup**
www.fai.org
- 4-12** Cark **Northwest Skyfest 2**
www.skydive-northwest.com
- 4-12** Netheravon **The Armies**
www.netheravon.com
- 4-26** Marche, Italy **Summer Boogie**
www.atmonauti.com
- 6-10** Hibaldstow **BPA Instructor Course**
0116 278 5271
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- 8-10** Lillo, Spain **Canopy Piloting Course**
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- 10-12** Belluno, Italy **Europa Cup**
www.europacupskydive.org
- 10-14** Old Buckenham **Progression Week**
www.ukparachuting.co.uk
- 11-12** Bridlington **Freefly Money Meet**
www.skydivebrid.co.uk
- 11-12** Langar **Big-Way Skills**
www.bpslangar.co.uk
- 11-12** Dunkeswell **Canopy Handling Coaching**
www.skydiveukltd.com
- 11-17** Czech Republic **Karlovy Vary Boogie**
www.boogieclub.co.uk
- 11-17** Vichy, France **Garden Party 2**
www.lapalisse-aero.com
- 11-19** Peterlee **Progression Week**
www.skydiveacademy.org.uk
- 13-15** Empuriabrava **Canopy Piloting Course**
www.safeflightschool.com
- 14** BPA Offices, Leicester **BPA Council Meeting**
www.bpa.org.uk
- 18-20** Hibaldstow **4-Way FS Nationals**
www.skydiving.co.uk
- 21-23** Empuriabrava **Canopy Piloting Course**
www.safeflightschool.com
- 23-Sep 1** Port Dickson, Malaysia **Asiana Parachuting Champs**
www.asiana.org
- 24-26** Studenberg, Austria **Skyday 2007**
www.skyday.net/en
- 24-26** Salzburg, Austria **Europa Cup**
www.europacupskydive.org
- 24-26** Spa, Belgium **Canopy Piloting Course**
www.safeflightschool.com
- 25-27** Hibaldstow **8-Way FS Nats & 4-Way Reserve**
www.skydiving.co.uk
- 25-27** Hibaldstow **Artistics & Speed Nationals**
www.skydiving.co.uk
- 25-Sep 2** Sibson **Sibson Boogie**
www.skydivesibson.com

- 26** Netheravon **Foxy Lady Party**
www.netheravon.com
- 29-31** Spa, Belgium **Freefly Boogie**
www.skydivecenterspa.com
- 29-Sep 2** Grantee, Germany **Atmonauti Over Berlin**
www.atmonauti.com

- 30-Sep 1** Bussloo, Netherlands **EST Finals**
www.canopypiloting.com

SEPTEMBER

- 1-2** Dunkeswell **Sky Divas Boogie**
www.skydiveukltd.com
- 1-2** Headcorn **LAC Meet**
www.headcornparachuteclub.co.uk
- 1-2** Irish Parachute Club **Irish Parachute Club Challenge**
www.skydive.ie
- 1-3** Hibaldstow **Artistics, Speed & 8-Way FS Nats Reserve**
www.skydiving.co.uk
- 1-3** Hibaldstow **50-Way Weekend**
www.skydiving.co.uk
- 1-9** Osijek, Croatia **Style & Accuracy World Cup**
www.fai.org
- 7-9** Hibaldstow **BirdMan Tour**
www.skydiving.co.uk
- 7-9** Spa, Belgium **ESL Finals**
www.skydivecenterspa.com
- 8-9** BKPC, Cockerham **BPA Artistics Roadshow**
www.bkpc.co.uk
- 8-9** Weston **4-Way Scrambles**
www.skydiveweston.com
- 8-16** Langar **Langar Boogie II**
www.bpslangar.co.uk
- 8-21** Chicago, USA **USPA Nationals**
www.skydivechicago.com
- 10-14** Old Buckenham **Progression Week**
www.ukparachuting.co.uk
- 14-16** Texel, Holland **10-Way Speed Star**
www.islandboogie.com
- 14-16** Wild Geese **Canopy Piloting Course**
www.safeflightschool.com
- 14-16** Sibson **BirdMan Tour**
www.skydivesibson.com
- 15-21** Cyprus **Cyprus Boogie**
www.thecyprusboogie.net
- 17-21** Chatteris **BPA Instructor Course**
0116 278 5271
trudy@bpa.org.uk
- 19-21** Lillo, Spain **Canopy Piloting Course**
www.skydive.lillo.com
- 19-23** Perris Valley, USA **100-Way Sequential**
www.skydiveperris.com
- 21-23** Marche, Italy **Women's VRW World Record Training**
www.atmonauti.com
- 21-23** Netheravon **BirdMan Tour**
www.netheravon.com
- 21-23** Empuriabrava **Canopy Piloting Course**
www.safeflightschool.com
- 22-23** Hibaldstow **8-Way Speed Nationals**
www.skydiving.co.uk
- 22-24** Hibaldstow **CF Nationals**
www.skydiving.co.uk
- 26-30** Marche, Italy **MaGiA Boogie**
www.atmonauti.com
- 27** BPA Offices, Leicester **STC Meeting**
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- 28-30** Gap Tallard, France **VRW Meet**
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0044 (0)1262 678 299 www.thomas-sports.com
- Tony Suits 40
001 813 788 7112 www.tonysuits.com

28-30 Europa Cup
Locarno, Switzerland www.europacupskydive.org

29-30 4-Way Scrambles
Hibaldstow www.skydiving.co.uk

OCTOBER

6-7 CF Grand Prix
Langar www.bpslangar.co.uk

6-14 Beach Boogie
Sicilia, Italy www.siciliabeachboogie.com

9 BPA Council Meeting
BPA Offices, Leicester www.bpa.org.uk

13 Autumn Ball
Netheravon www.netheravon.com

13-14 Atmonauti I-B Course
Marche, Italy www.atmonauti.com

13-14 POPS Meet
Dunkeswell www.skydiveukltd.com

14-21 Military World Games
India www.fai.org

17-19 Canopy Piloting Course
Lillo, Spain www.skydivelillo.com

19-21 Canopy Piloting Course
Empuriabrava www.safeightschool.com

25-Nov 3 Mozambique Boogie
Mozambique www.skydivediscovery.com

26-28 Women's VRW World Record Training
Marche, Italy www.atmonauti.com

26-28 Canopy Piloting Course
Empuriabrava www.safeightschool.com

27 Halloween Party
Dunkeswell www.skydiveukltd.com

27-28 Halloween 10-Way Speed
Hibaldstow www.skydiving.co.uk

31-Nov 4 Halloween Boogie
Marche, Italy www.atmonauti.com

NOVEMBER

3 Bonfire Party
Dunkeswell www.skydiveukltd.com

3-4 Sky Rats Open
Empuriabrava www.skydiveempuriabrava.com

5-8 Advanced Packing Course
Old Buckenham www.ukparachuting.co.uk

5-9 BPA Instructor Course
Chatteris 0116 278 5271
CSBI/TBI/AFFBI/Adv trudy@bpa.org.uk

7-11 Canopy Piloting World Cup
Sydney, Oz www.canopypiloting.com.au

12-16 BPA Instructor Course
Chatteris 0116 278 5271
CSI/Pre-Adv trudy@bpa.org.uk

17-25 CF World Record Attempt
Lake Wales, USA www.floridaskydiving.com

20-Dec 4 Suriname Boogie
Suriname, SA www.skydivesuriname.com

22 STC Meeting
BPA Offices, Leicester www.bpa.org.uk

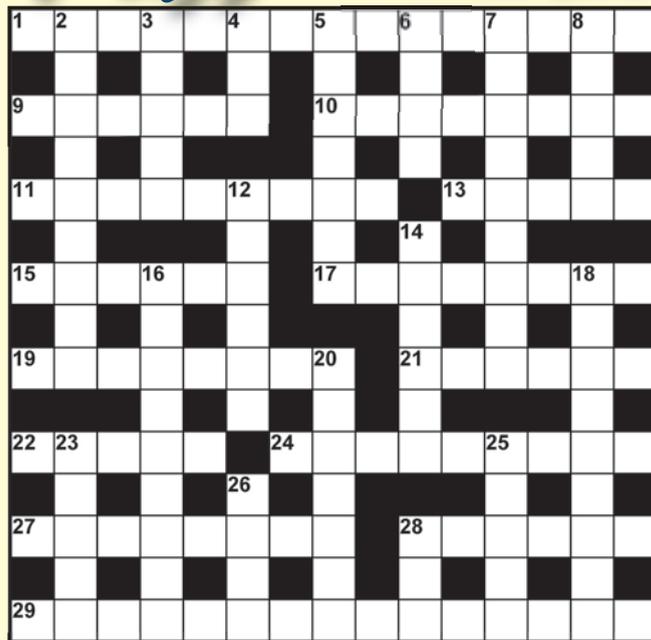
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KEY

BPA
Canopy Piloting
Formation Skydiving
Canopy Formation
Style & Accuracy
Boogies
Freefly & Skysurf
POPS
Wingsuit
Unclassified

Puzzle by Paul Boorer



Main (Cryptic)

Across

1. What to do in the event of malfunction; You must be joking! (4,3,5,3)
9. Funnelled inters leading to crude language (6)
10. Golfer, Ernie in mineral lake in the US (8)
11. I sunk grim cocktail at this drop zone (9)
13. Smothered in blood, I've scattered drops (5)
15. Others with time for hot aircraft (6)
17. Enter and clumsily snog becoming subject for gossip (6,2)
19. Cause of shakes made apparent by iced gin essence (8)
21. Thus nun yells oddly "It's mine" (6)
22. Smiling dwarf (5)
24. Wasp-waisted lass goes after rough trade (9)
27. Members of the flying squad? One lot arrested by policemen (2-6)
28. His ding-a-ling got the juices flowing (6)
29. Ease of directing criminal with monster talent (15)

Down

2. University bridge player took another card, made straight (9)
3. At rest and truly economical? (5)
4. House short of nothing when sun sets giving shade (3)
5. Create empty slot backing out from making nine points (7)
6. Possesses heroin and pot (4)
7. Knocking the rough edges off arrest procedure (7,2)
8. Steel Tyneside camper van beginning to erode (5)
12. Overlooked report of poor visibility (6)
14. Chilly time when the heartless king pursues victory (6)
16. Where to start skydiving, go east perhaps (4,5)
18. Go too far to scare off in public (9)
20. Lou disturbed with pass of partner (7)
23. Past bid in spades (1-4)
25. Left first woman learner flat (5)
26. Star of 'The Man From UNCLE' (4)
28. Drink at this local park with socially acceptable bishop (3)

Reserve

Across

1. You're fibbing! Use a reserve (4,3,5,3)
9. Aussie language
10. US lake DZ
11. St Andrews' airfield
13. Pretends to be fouled
15. De Havilland aeroplanes
17. Activities: hanky-panky (6,2)
19. Tension
21. Skydiving practice facility
22. Cheerful
24. Naval timekeeper: formation
27. Assistant flyers (2-6)
28. Russian psychologist: dog trainer
29. Compliant-ness

Down

2. Removed distortions
3. Prone
4. Colour
5. Deployment of canopy
6. Mince: grass
7. Approaching 16 (7,2)
8. Bravery
12. Failed to hit
14. Season
16. Place to start skydiving (4,5)
18. Go beyond target
20. Of husband or wife
23. In surplus (1-4)
25. Not sloping
26. Alone
28. Tavern

16. Exit point, 18. Overshoot, 20. Spousal, 23. A-gogo, 25. Level, 26. Solo, 28. Pub
 2. Knives, 3. Fins, 4. Hue, 5. Opening, 6. Hash, 7. Running in, 8. Nerve, 12. Missed, 14. Winter
 SOLUTIONS DOWN
 19. Edginess, 21. Tunnel, 22. Happy, 24. Eshmore, 27. Co-pilots, 28. Pevlov, 29. Controllability
 I. Put the other one, 9. Strive, 10. Eshmore, 11. Kingsmir, 13. Dives, 15. Ours, 17. Goings on
 SOLUTIONS ACROSS

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