FORMATION SKYDIVING COACH APPLICATION  
(For coaching Formation Skydiving Grade FS1)

DETAILS OF APPLICANT
Title (Mr., Mrs., Miss, Ms) & SURNAME

FORENAMES

ADDRESS

POST CODE E-MAIL ADDRESS

BRITISH SKYDIVING MEMBERSHIP NUMBER LICENCE NUMBER

CHIEF INSTRUCTOR’S (CI) or INSTRUCTOR EXAMINER’S SECTION
I certify that the above named fulfills the requirements listed below:

a) Has a minimum of 200 descents and 2 hours of Freefall time.
b) Has been involved in skydiving for a minimum of 2 years.
c) Is fully familiar with the current British Skydiving FS Manuals.
d) Is at least a;

   (i) Category System Basic Instructor, or
   (ii) Has attended a Sportscoach UK Course on ‘Coaching Methods and Communication’, or
   (iii) Has specific teaching or coaching qualifications, or
   (iv) Has attended a Methods of Instruction lecture, given by a British Skydiving Advanced Instructor, or
   (v) Has attended a Military Methods of Instruction Course.

Give details of which of the above is applicable

CI’s NAME SIGNATURE DATE

EVALUATORS SECTION
Evaluators Name (See ‘2’ on reverse of this form)

Advanced Instructors Name (if different from above)

I/We certify that the above-named applicant has been evaluated in accordance with British Skydiving requirements (see back of this form) for Formation Skydiving Coach status and I/We recommend him/her as an FS Coach.

Signed (Evaluator) DATE

Signed (Advanced Instructor) if Evaluator is not Advanced Instructor

This fully completed application should be returned to British Skydiving HQ together with £10.00 administration fee.

PAYMENT DETAILS
*Please delete as appropriate

I ENCLOSE a Cheque*/Postal Order* to the value of £10.00 made payable to ‘British Skydiving’

OR, please debit my MASTERCARD* / VISA* / VISA ELECTRON* card as follows:

Card Number: Expiry Date:

Issue Number: (if applicable) Valid from Date: (if applicable) Security Number:

Signature Date

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FORMATION SKYDIVING COACHES (FS1)

1. QUALIFICATIONS
   a) The recommendation of a CI.
   b) A minimum of 200 freefall descents and 2 hours of freefall time.
   c) Two years involved in Skydiving.
   d) Be at least a;
      i) Category System Basic Instructor, or
      ii) Has attended a Sportscoach UK Course on `Coaching Methods and Communication`, or
      iii) Has specific teaching or coaching qualifications, or
      iv) Has attended a Methods of Instruction lecture, given by an Advanced Instructor, or
      v) Has attended a Military Methods of Instruction Course.
   e) Is fully familiar with the current FS Manuals.

2. EVALUATION
   Evaluation will be made by an Advanced Instructor who is an AFF Instructor, an AFF Instructor nominated by an Advanced Instructor, or an FS jumper of a proven high standard nominated by an Advanced Instructor and acceptable to the Safety & Technical Officer (STO) and/or Chief Operating Officer (COO).

3. GROUND SCHOOL EVALUATION
   This will include the full ground training phase of two complete FS jumps, one of which should be a one on one and the other a group of three or four.
   All applicants are strongly advised to use an FS video in their coaching programme.

4. IN AIR EVALUATION
   This should be one of the one on one FS jumps; it should include the whole of the following:
   i) The brief and dirt dive, from the twenty-minute point.
   ii) The climb to altitude.
   iii) The skydive where the Evaluator will make typical student errors.
   iv) The debrief.
   v) Logbook entries, which should include any corrective training required.

5. THE EVALUATOR’S TASK
   The ’in air’ phase as already stated would include typical student mistakes. The candidate should not only be aware of these mistakes but should attempt to correct them in the air by use of signals or other means.
   On the ground the candidate should make good use of training aids and have a good coaching manner.
   The candidate should demonstrate a good knowledge of the basic principles of teaching and coaching.

6. SAFETY
   The candidate should not attempt to take on the role of an Instructor. In air Instructors (AFF) operate to different criteria to FS Coaches, this should always be remembered.
   The candidate should not try to change a student’s emergency procedures, unless they break British Skydiving rules, in which case they should refer to an Instructor.
   The FS Coach is in no way responsible for the deployment of the student’s canopy. Always if in doubt refer to an Instructor.

7. CODE OF PRACTICE FOR BRITISH SKYDIVING INSTRUCTORS AND COACHES
   FS Coaches should have read the Code of Practice for British Skydiving Instructors and Coaches (Form 288) and are expected to adhere to its principles.

8. RENEWALS
   British Skydiving Coaches ratings expire on the 31st March each year but may be renewed up to six months after that date. To renew a coaching rating the coach must satisfy a Chief Instructor, that he/she is current in all aspects of the rating. Once a coaching rating has expired the coach may not exercise the privileges of that rating until the rating is renewed.

NOTE
i) FS Coaching Courses/Evaluations may be held at any PTO, provided all the above criteria is met.
ii) Details of Sportscoach UK Courses can be obtained from Sportscoach UK, Leeds.
   Tel: 0113 274 4802, Fax: 0113 275 5019, e-mail: coaching@sportscoachUK.org

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