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## British Skydiving Anti-Doping Policy

British Skydiving supports drug-free sport and is committed to preventing drug misuse in skydiving. In support of this policy, British Skydiving will inform and educate athletes of its anti-doping policy and rules/procedures. As the National Governing Body for Skydiving (Sport Parachuting) in the United Kingdom, affiliated to the Fédération Aéronautique Internationale (FAI) through the Royal Aero Club of the United Kingdom, British Skydiving has the authority to control the misuse of drugs in the sport. British Skydiving supports the principle of independent testing and will manage any issues of drug misuse through fair, accountable and independent decision-making processes. British Skydiving is committed to involve its athletes in the achievement of the highest quality performances without the misuse of drugs or doping.

British Skydiving follows the current issue of FAI's Anti-Doping Rules and Procedures. These are available at: <https://www.fai.org/page/rules-and-procedures>

### What it means to YOU as an athlete / competitor

Athletes/Competitors: YOU may be required to take a random drugs test. Refusal to provide a urine sample for analysis will result in disqualification. *Remember* that alcohol, numerous prescribed and 'over the counter' medicines - including decongestants - and even caffeine from drinking excessive tea, coffee or soft drinks (such as cola drinks) are prohibited - as well as performance-enhancing drugs and, of course, illegal substances. Getting it from a doctor on prescription is no defence! Each athlete is **strictly liable**, meaning that it is **your own personal responsibility** to comply fully with this policy. Lack of knowledge is no excuse - careful study of the FAI Anti-Doping Rules and Procedures is essential. A positive test result means disqualification for the whole team, a loss of any sponsorship and a ban for the individual. The test is concerned with whether a prohibited substance is present in the body, not how or why it got there. You have been warned - please take heed!

### Where can I get information and advice?

See the FAI website: <http://www.fai.org/cimp-anti-doping-programme>

For a list of prohibited substances and methods, etc, see the World Anti-Doping Agency website: <https://www.wada-ama.org/en/what-we-do/the-prohibited-list>

FAI covers the sports below and enquiries for these sports should be searched for using Aeronautics: Ballooning, General Aviation, Gliding, Aeromodelling, Skydiving (Parachuting), Aerobatic, Astronautic Records, Hang Gliding & Paragliding, Microlight, Rotorcraft.

### Therapeutic Use Exemptions (TUEs / TUE form)

A Therapeutic Use Exemption Form completed by a doctor may be required for mandatory pre-notification of the use of certain medications, to view information and to download the FAI TUE Form: <https://www.fai.org/page/therapeutic-use-exemptions>

### Declaration of Use

Simplified declaration of use procedures for certain specific medications, such as inhaled Asthma medications, came into force during 2011. Please see the WADA and FAI websites for the latest information.