



British Skydiving
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TRACKING (TR) COACH APPLICATION
(For Coaching Tracking Grades TR1, TR2 & TR3)

DETAILS OF APPLICANT

Title (Mr. Mrs. Miss. Ms) & SURNAME

FORENAMES

ADDRESS

POST CODE E-MAIL ADDRESS

BRITISH SKYDIVING MEMBERSHIP NUMBER LICENCE NUMBER

CHIEF INSTRUCTOR'S (CI) or INSTRUCTOR EXAMINER'S SECTION

I certify that the above-named applicant fulfills the requirements listed below:

- a) Holds a British Skydiving C Licence and holds Tracking grade 3 (TR3) or equivalent.
b) Has a minimum of 300 descents and 3 hours of Freefall time.
c) Has been involved in Skydiving for a minimum of 2 years.
d) Is fully familiar with the current Tracking Manual.
*e) Is at least;

- i.Has attended a UK Coaching Course on 'Coaching Methods and Communication', or
ii.Has specific teaching or coaching qualifications, or
iii.Has attended a Methods of Instruction lecture, given by a British Skydiving Advanced Instructor, or
iv.Has attended a Military Methods of Instruction Course.

Give details of which of the above is applicable

CI's NAME SIGNATURE DATE

EVALUATOR'S SECTION

Evaluator's Name (See '2' on reverse of this form)

Advanced Instructor's Name (if different from above)

I/We certify that the above-named applicant has been evaluated in accordance with British Skydiving requirements (see back of this form) for Tracking Coach status and I/We recommend the applicant as a TR Coach.

Signed (Evaluator) DATE

Signed (Advanced Instructor) if Evaluator is not Advanced Instructor

This fully completed application should be returned to British Skydiving HQ together with £10.00 administration fee.

PAYMENT DETAILS

*Please delete as appropriate

I ENCLOSE a Cheque*/Postal Order* to the value of £10.00 made payable to 'British Skydiving'

OR please debit my MASTERCARD* / VISA* / VISA ELECTRON* card as follows:

Card Number: [grid] Expiry Date:

Issue Number: (if applicable) Valid from Date: (if applicable) Security Number:

Signature Date

TRACKING COACHES (TR1, TR2 & TR3)

1. QUALIFICATIONS

- a) The recommendation of a CI
- b) Holds a British Skydiving C Licence and Tracking grade 3 (TR3) or equivalent.
- c) Has a minimum of 300 descents and 3 hours of Freefall time.
- d) Has been involved in Skydiving for a minimum of 2 years.
- e) Is fully familiar with the current Tracking Manual.
- *f) Is at least;

- i. Has attended a UK Coaching Course on `Coaching Methods and Communication`, or
- ii. Has specific teaching or coaching qualifications, or
- iii. Has attended a Methods of Instruction lecture, given by a British Skydiving Advanced Instructor,

or

- iv. Has attended a Military Methods of Instruction Course.

2. EVALUATION

Evaluation will be made by an Advanced Instructor who is a TR coach nominated by an Advanced Instructor, or a TR3 or equivalent jumper of a proven high standard nominated by an Advanced Instructor and acceptable to the Safety & Technical Officer (STO) and/or Chief Operating Officer (COO).

3. GROUND SCHOOL EVALUATION

This will include the full ground training phase of three complete TR levels (TR1, TR2 & TR3), one of which should be a one on one and the other a group of three or four.

All applicants are strongly advised to use a TR video in their coaching programme.

4. IN AIR EVALUATION

This should be one of the one on one TR jumps, it should include the whole of the following:

- a) The brief and dirt dive, from the twenty-minute point.
- b) The climb to altitude.
- c) The skydive where the Evaluator will make typical student errors.
- d) The debrief.
- e) Logbook entries, which should include any corrective training required.

5. THE EVALUATOR'S TASK

The `in air` phase as already stated would include typical student mistakes. The candidate should not only be aware of these mistakes but should attempt to correct them in the air by use of signals or other means. On the ground, the candidate should make good use of training aids and have a good coaching manner. The candidate should demonstrate a good knowledge of the basic principles of teaching and coaching.

6. SAFETY

The candidate should not attempt to take on the role of an Instructor.

In air Instructors operate to different criteria to TR Coaches. This should always be remembered.

The candidate should not try to change a student's emergency procedures, unless they break British Skydiving rules, in which case they should refer to an Instructor.

The TR Coach is in no way responsible for the deployment of the student's canopy.

Always, if in doubt, refer back to an Instructor.

7. CODE OF PRACTICE FOR BRITISH SKYDIVING INSTRUCTORS AND COACHES

TR Coaches should have read the Code of Practice for British Skydiving Instructors and Coaches ([Form 288](#)) and TR coaches are expected to adhere to its principles.

8. RENEWALS

British Skydiving Coaches ratings expire on the 31 March each year but may be renewed up to six months after that date. To renew a coaching rating, the coach must satisfy a Chief Instructor, that the coach is current in all aspects of the rating. Once a coaching rating has expired, the TR coach may not exercise the privileges of that rating until the rating is renewed.

NOTE

- i) TR Coaching Courses/Evaluations may be held at any PTO, provided all the above criteria is met.
- ii) Details of UK Coaching Courses can be obtained from www.ukcoaching.org/
UK Coaching: 0113-274-4802 Membership enquiries: 0113-290 7612

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