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## ACCELERATED FREE FALL BASIC INSTRUCTOR (AFFBI) & ACCELERATED FREE FALL INSTRUCTOR (AFFI), TRAINING SYLLABUS

### 1. ACCELERATED FREE FALL BASIC INSTRUCTOR (AFFBI)

Qualifications to attend an AFFBI Course are in the British Skydiving Operations Manual, Section 4 (Instructors), Paragraph 3 (Accelerated Free Fall Basic Instructor). Prior to attending an AFFBI Course the candidate must have completed the AFFBI proficiency card (Form 254c) and have it available on the first morning of the course.

- a. During the AFFBI Course candidates will be given lessons/lectures (where possible) on the following subjects:
- i Responsibilities of a Skydiving Instructor.
  - ii The Qualities required of a Skydiving Instructor.
  - iii Methods of Instruction.
  - iv The Training Progression and Safety Regulations.
  - v Equipment, Maintenance and Basic Rigging.
  - vi Drop Zone Management.
  - vii Flying for Skydiving.
  - viii Incident Procedures.
  - ix Basic Meteorology.
  - x Display Skydiving
  - xi First Aid.
- b. Assessments may also be made of the candidates personal skydiving skills.
- c. Practical lessons will take place, and may include the following:
- i Specimen Lessons / briefs.
  - ii Candidate's Teaching Practices on Lessons/Lectures and pre-jump periods from the AFF Instructors Manual including a brief for dispatching AFF consolidation students prior to obtaining their Level 8. (See Form 286 for suggested guidelines).
  - iii An Additional Canopy Training (CT) brief.
  - iv Flight Line Checking.
  - v Briefing and de-briefing of AFF Students.
  - vi Briefing of Pilots.
  - vii Aircraft Drills.
  - viii Use of training aids.
- d. Discussion periods will take place and an Open Forum may be conducted.
- e. A written examination will take place towards the end of the Course, covering some aspects covered during the Course and on the requirements of the Operations Manual.
- f. After successful completion of the Course. The candidate will spend a Probationary Period of at least six months, until they attend an Accelerated Free Fall Instructor Course, working under the direct supervision of an Accelerated Free Fall Instructor (AFFI), during which time they will be involved in the training of AFF Student Skydivers. The AFFBI may dispatch and supervise AFF Students on Consolidation jumps, following a brief by at least an AFFI (logbook endorsement). AFFBIs may only follow out consolidation students after successful completion of their Level 8. The AFFBI may not make any AFF instructional descents with AFF Student Skydivers.
- g. During the candidate's Probationary Period they must have completed and recorded (on Form 254f) the following:
- i Ground school lessons taught and to how many students.
  - ii Student refresher training briefs/lessons.
  - iii Progression briefs – Levels 2–8 (minimum of 1 of each brief).
  - iv AFF consolidation students dispatched and coached.
  - v Student talk downs.
  - vi Obtained the recommendation of a current, experienced and CI nominated AFF Instructor who has evaluated the candidate on a; brief, simulated AFF skydive and subsequent debrief on at least 4 jumps simulating AFF Levels 4, 5, 6 and 7. The nominated evaluator must be satisfied that the AFF Instructor candidate (AFFBI, CSBI or CSI preparing to attend for examination) would, in their opinion, pass those levels during the AFF examination course.
  - vii Obtained the recommendation of the candidate's CCI that the classroom ability of the candidate is satisfactory and that they are fully familiar with the procedures and syllabus for teaching and AFF ground school.

Note: The above (g) also applies to CSBIs or CSIs preparing to attend an AFFI Course.

## 2. ACCELERATED FREE FALL INSTRUCTOR (AFFI)

Qualifications to attend an AFFI Course are in the British Skydiving Operations Manual, Section 4 (Instructors), Paragraph 6 (Accelerated Free Fall Instructor). Prior to attending an AFFI Course the candidate must have completed the AFFI proficiency card (Form 254f) and have it available on the first morning of the course.

- a. During the Course the following aspects will be examined (where possible):
- i Ground Training
  - ii Learning Objectives for various Levels
  - iii Procedures
  - iv Ground School
  - v Briefing and Debriefing
  - vi In Aircraft, Exits and Emergencies
  - vii Equipment and Checks
  - viii In Air Emergencies
  - ix Malfunctions and Emergency Drills
  - x Responsibilities of Primary Instructor
  - xi Responsibilities of Secondary Instructor
  - xii The AFF Levels
  - xiii Consolidation Jumps
  - xiv Training Aids
  - xv Training Records
  - xvi Jumpsuits/Weights
  - xvii Lesson Plans
- b. Prior to any jumping taking place the candidate must satisfactorily complete the following (in order, each with a 70% pass mark):
- i A British Skydiving closed book written test on the Operations Manual and on aspects of AFF instruction.
  - ii A basic AFF syllabus classroom lesson.
  - iii An AFF progression brief and an additional Canopy Training (CT) brief.
  - iv A "20-minute brief"
- c. Once the candidate has successfully demonstrated sufficient teaching ability, they may be assessed on their skydiving ability, which will consist of at least one practice jump, followed by five scoring descents. Scores from each jump will range from 0 - 4 points per jump and may be on any AFF Level.
- d. To be successful on the jumping part of the Course, the candidate must score a minimum of 12 points over the five scoring jumps. The scores will not be collated until all other aspects of the course have been completed, e.g. Teaching Practises and Ground School.
- e. During the remainder of the course, the candidates must be assessed on (and pass with at least a 70% pass mark) a further AFF syllabus classroom lesson and/or a "Level 1 retrain", in addition to the required skydiving assessments.
- f. After successful completion of the Course the candidate will be awarded Accelerated Free Fall Instructor (AFFI) status.
- N.B. Candidates on the Course will be given a folder containing British Skydiving AFF, FS and Operations Manuals, together with an Introduction to the Course.*
- Candidates are advised to obtain as much information and practice on as many aspects of AFF as possible before attending the Course.*