

CANOPY FORMATION COACHES (CF1)

1. QUALIFICATIONS

- a) The recommendation of a CI.
- b) Holds a British Skydiving C Licence and Canopy Formation grade 2 (CF2) or equivalent.
- c) Has a minimum of 100 CF descents.
- d) Has been involved in skydiving for a minimum of 2 years.
- e) Is fully familiar with the current British Skydiving CF Manual.
- f) Be at least a:
 - i. Category System Basic Instructor, or
 - ii. Has attended a UK Coaching Course on `Coaching Methods and Communication`, or
 - iii. Has specific teaching or coaching qualifications, or
 - iv. Has attended a Methods of Instruction lecture, given by an Advanced Instructor, or
 - v. Has attended a Military Methods of Instruction Course.

2. EVALUATION

Evaluation will be made by a Canopy Formation Coach who is an Instructor, or an Canopy Formations Coach nominated by an Advanced Instructor, or a CF2 jumper of a proven high standard nominated by an Advanced Instructor and acceptable to the Safety & Technical Officer (STO) and/or Chief Operating Officer (COO).

3. GROUND SCHOOL EVALUATION

This will include the full ground training phase of two complete CF1 levels, one of which should be a one on one and the other a group of three or four.

All applicants are strongly advised to use the CF manual and a CF video in their coaching programme.

This should be one of the one on one CF1 jumps, it should include the whole of the following:

- i. The brief and dirt dive.
- ii. The climb to altitude.
- iii. The jump: where the Evaluator will make typical student errors
- iv. The debrief.
- v. Logbook entries, which should include any corrective training required.

4. THE EVALUATOR'S TASK

The `in air` phase as already stated would include typical student mistakes. The candidate should not only be aware of these mistakes but should attempt to correct them in the air by use of signals or other means.

On the ground, the candidate should make good use of training aids and have a good coaching manner.

The candidate should demonstrate a good knowledge of the basic principles of teaching and coaching.

5. SAFETY

The candidate should not attempt to take on the role of an Instructor.

The candidate should not try to change a student's emergency procedures, unless they break British Skydiving rules, in which case they should refer to an Instructor.

Always, if in doubt, refer to an Instructor.

6. CODE OF PRACTICE FOR BRITISH SKYDIVING INSTRUCTORS AND COACHES

CF Coaches should have read the Code of Practice for British Skydiving Instructors and Coaches ([Form 288](#)) and CF coaches are expected to adhere to its principles.

7. RENEWALS

British Skydiving Coaches ratings expire on the 31 March each year but may be renewed up to six months after that date. To renew a coaching rating, the coach must satisfy a Chief Instructor, that the coach is current in all aspects of the rating. Once a coaching rating has expired the CF coach may not exercise the privileges of that rating until the rating is renewed.

NOTE

- i) CF Coaching Courses/Evaluations may be held at any PTO, provided all the above criteria is met.
- ii) Details of UK Coaching Courses can be obtained from www.ukcoaching.org/
UK Coaching: 0113-274-4802 Membership enquiries: 0113-290 7612