

FOUNDATION COACH APPLICATION

DETAILS OF APPLICANT

TITLE _____ SURNAME _____

FORENAME(S) _____

BRITISH SKYDIVING MEMBERSHIP NUMBER _____ LICENCE NUMBER _____

1ST4SPORT LEARNER NUMBER _____ COURSE NUMBER _____

DISCIPLINE

✓ Please tick appropriate box

Formation Skydiving (FS)
(For Coaching Formation Skydiving Grade FS1)
Meets the requirements set out in **appendix A**

Freestyle/FreeFlying (FF)
(For Coaching Freestyle/FreeFlying Grades FF1 & FF2)
Meets the requirements set out in **appendix B**

Wingsuit (WS)
(For Coaching Wingsuit Grades WS1 & WS2)
Meets the requirements set out in **appendix C**

Canopy Formations (CF)
(For Coaching Canopy Formation Grade CF1)
Meets the requirements set out in **appendix D**

Tracking (TR)
(For Coaching Tracking Grades TR1, TR2 & TR3)
Meets the requirements set out in **appendix E**

ASSESOR SECTION

I certify that the above-named applicant fulfills the requirements listed in the appropriate appendix for the discipline ticked above and has demonstrated the required skydiving skills.

ASSESOR NAME _____ SIGNATURE _____ DATE _____

EVALUATOR NOTES

The 'in air' phase as would include typical participant mistakes. The learner should not only be aware of these mistakes but should attempt to correct them in the air by use of signals (if applicable) or other means.

On the ground, the learner should make good use of training aids and have a good coaching manner.

The learner should demonstrate a good knowledge of the basic principles of teaching and coaching.

SAFETY

The learner should not attempt to take on the role of an Instructor. Instructors operate to different criteria to Coaches. This should always be remembered.

The learner should not try to change a participant's emergency procedures, unless they break British Skydiving rules, in which case they should refer to an Instructor.

The Coach is in no way responsible for the deployment of the participant's canopy. Always, if in doubt, refer to an Instructor.

RENEWALS

British Skydiving Foundation Coach qualification expire on the 31 March each year but may be renewed up to six months after that date. To renew a Foundation Coach qualification, the coach must satisfy a Training Provider Assessor that the coach has the required CPD points. Once a coaching qualification has expired, the Foundation Coach may not exercise the privileges of that qualification until the qualification is renewed.

CODE OF PRACTICE FOR BRITISH SKYDIVING INSTRUCTORS AND COACHES

TO BE COMPLETED BY INDIVIDUAL MEMBER APPLYING FOR A FOUNDATION COACH QUALIFICATION

I have read, understood and agree to abide by the [Code of Practice](#) for British Skydiving Instructors and Coaches.

SIGNED _____ PRINT NAME _____ DATE _____

APPENDIX A

FORMATION SKYDIVING COACHES (FS1)

1. QUALIFICATIONS

- a) Holds a British Skydiving C Licence and Formation Skydiving grade 1 (FS1) or equivalent.
- b) A minimum of 2 hours of freefall time.
- c) At least two years since first solo descent.
- d) Successfully completed an approved Level 2 Foundation Coach Skydiving course
- e) Is fully familiar with the current FS Manuals.

2. EVALUATION

Evaluation will be made by an Advanced Instructor who is an AFF Instructor, an AFF Instructor nominated by an Advanced Instructor, or an FS jumper of a proven high standard nominated by the Assessor and acceptable to the Head of Safety, Training and Competitions (HOSTC) and/or a Safety & Training Officer (STO) and entered on Parnassus as a Tutor

3. GROUND SCHOOL EVALUATION

This will include the full ground training phase of two complete FS jumps.

All applicants are strongly advised to use an FS video in their coaching programme.

4. IN AIR EVALUATION

This should be one of the one on one FS jumps; it should include the whole of the following:

- i. The brief and dirt dive, from the twenty-minute point.
- ii. The climb to altitude.
- iii. The skydive where the Tutor/Assessor will make typical participant errors.
- iv. The debrief.
- v. Logbook entries, which should include any corrective training required.

APPENDIX B

FREESTYLE/FREEFLYING GRADES (FF1 & FF2)

1. QUALIFICATIONS

- a) Successfully completed an approved Level 2 Foundation Coach Skydiving course
- b) Holds a British Skydiving C Licence and Freestyle / Freeflying grade 2 (FF2) or equivalent.
- c) Has a minimum of 300 descents and 3 hours of Freefall time.
- d) At least two years since first solo descent.
- e) Is fully familiar with the current FF Manual.

2. EVALUATION

Evaluation will be made by an Advanced Instructor who is an FF coach, or an FF coach nominated by an Advanced Instructor, or an FF2 or equivalent jumper of a proven high standard nominated by the Assessor and acceptable to the Head of Safety, Training and Competitions (HOSTC) and/or a Safety & Training Officer (STO) and entered on Parnassus as a Tutor.

3. GROUND SCHOOL EVALUATION

This will include the full ground training phase of two complete FF levels, one of which should be a one on one and the other a group of three or four.

All applicants are strongly advised to use an FF video in their coaching programme.

4. IN AIR EVALUATION

This should be one of the one on one FF jumps; it should include the whole of the following:

- i. The brief and dirt dive, from the twenty-minute point.
- ii. The climb to altitude.
- iii. The skydive where the Evaluator will make typical participant errors.
- iv. The debrief.
- v. Logbook entries, which should include any corrective training required.

APPENDIX C

WINGSUIT COACHES (WS1 & WS2)

1. QUALIFICATIONS

- a) Successfully completed an approved Level 2 Foundation Coach Skydiving course
- b) Holds a British Skydiving C Licence and Wingsuit grade 2 (WS2) or equivalent.
- c) A minimum of 500 freefall descents and 5 hours of freefall time.
- d) A minimum of 100 wingsuit descents.
- e) At least two years since first solo descent.
- f) Has been a WS flyer for a minimum of 1 year.
- g) Is fully familiar with the current WS Manuals.

2. EVALUATION

Evaluation will be made by an Advanced Instructor who is a WS coach or a WS coach nominated by an Advanced Instructor, or an WS2 or equivalent jumper of a proven high standard nominated the Assessor and acceptable to the Head of Safety, Training and Competitions (HOSTC) and/or a Safety & Training Officer (STO) and entered on Parnassus as a Tutor

3. GROUND SCHOOL EVALUATION

This will include the full ground training (one on one) of a first flight course, and the ground training phase for a small flock of two or three.

All applicants are strongly advised to use a WS video in their coaching programme.

4. IN AIR EVALUATION

This should be one of the one on one WS jumps (not a flock jump). It should include the whole of the following:

- a) The brief and dirt dive, from the twenty-minute point.
- b) The climb to altitude.
- c) The skydive where the Evaluator will make typical participant errors.
- d) The debrief.
- e) Logbook entries, which should include any corrective training required.

APPENDIX D

CANOPY FORMATION COACHES (CF1)

1. QUALIFICATIONS

- a) Successfully completed an approved Level 2 Foundation Coach Skydiving course
- b) Holds a British Skydiving C Licence and Canopy Formation grade 2 (CF2) or equivalent.
- c) Has a minimum of 100 CF descents.
- d) At least two years since first solo descent.
- e) Is fully familiar with the current British Skydiving CF Manual.

2. EVALUATION

Evaluation will be made by a Canopy Formation Coach who is an Instructor, or a Canopy Formations Coach nominated by an Advanced Instructor, or a CF2 jumper of a proven high standard nominated by the Assessor and acceptable to the Head of Safety, Training and Competitions (HOSTC) and/or a Safety & Training Officer (STO) and entered on Parnassus as a Tutor

3. GROUND SCHOOL EVALUATION

This will include the full ground training phase of two complete CF1 levels, one of which should be a one on one and the other a group of three or four.

All applicants are strongly advised to use the CF manual and a CF video in their coaching programme.

This should be one of the one on one CF1 jumps, it should include the whole of the following:

- i. The brief and dirt dive.
- ii. The climb to altitude.
- iii. The jump: where the Evaluator will make typical participant errors
- iv. The debrief.
- v. Logbook entries, which should include any corrective training required.

APPENDIX E

TRACKING COACHES (TR1, TR2 & TR3)

1. QUALIFICATIONS

- a) Successfully completed an approved Level 2 Foundation Coach Skydiving course
- b) Holds a British Skydiving C Licence and Tracking grade 3 (TR3) or equivalent.
- c) Has a minimum of 300 descents and 3 hours of Freefall time.
- d) At least two years since first solo descent.
- e) Is fully familiar with the current Tracking Manual.

2. EVALUATION

Evaluation will be made by an Advanced Instructor who is a TR coach nominated by an Advanced Instructor, or a TR3 or equivalent jumper of a proven high standard nominated by the Assessor and acceptable to the Head of Safety, Training and Competitions (HOSTC) and/or a Safety & Training Officer (STO) and entered on Parnassus as a Tutor

3. GROUND SCHOOL EVALUATION

This will include the full ground training phase of three complete TR levels (TR1, TR2 & TR3), one of which should be a one on one and the other a group of three or four.

All applicants are strongly advised to use a TR video in their coaching programme.

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4. IN AIR EVALUATION

This should be one of the one on one TR jumps, it should include the whole of the following:

- a) The brief and dirt dive, from the twenty-minute point.
- b) The climb to altitude.
- c) The skydive where the Evaluator will make typical participant errors.
- d) The debrief.
- e) Logbook entries, which should include any corrective training required.