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Continuing Professional Development (CPD) for Foundation and Advanced Skills Coaches

Continuing Professional Development¹ (CPD), as a British Skydiving Coach or Instructor, requires a commitment to ongoing training that ensures best and correct practice. This will be a combination of being up to date with coaching theory and relevant skydiving techniques. This will need to be demonstrated when renewing your qualification.

Once qualified as a Foundation or Advanced Skills Coach you will need to renew your qualification annually on the 1st of April. You will need to demonstrate a minimum of 20 CPD points per year (pro rata² for the period to 1st April after awarded), with a minimum of 15 from logged practical coaching sessions (Briefing or Jumping with the learner) and a minimum of 5 coming from personal study; accessed from online <u>UK Coaching</u> content, demonstrable training to improve your coaching skills or attendance of British Skydiving CPD events.

<u>CPD points from face-to-face coaching</u> For example:

1 person briefed and jumped with = 1 point A group of 3 or more briefed and debriefed = 3 points 3-way jump with 2 non FS1 = 2 points

You will need to make an entry into you Coach logbook of

- When?
- Where?
- Who you coached, to include the members licence number.
- What you coached them
- The result or outcome of the coaching session.
- Reflection- what went well, what you would like to improve.

CPD points from ongoing development

To show ongoing development you will need to record in your coach's logbook at least 5 points per year gained by:

- UK Coaching content (existing Foundation Coach content or Advanced Coach content) you have read with the date (1 point per article, equivalent of 1 <u>CIMSPA</u>³ point) this will require an annual subscription to access UK Coaching content.
- Ongoing technique training as per CPD plan (2 points per event).
- Attendance of British Skydiving Coach CPD event* (2 points).

*Such as Training Provider workforce training, Expo events or ad hoc events.

To renew your qualification, you will need to show your coach logbook, with other supporting evidence as required to your Training Provider before or up to 6 months after 1st April. For information if you do not renew your qualification on the 1st of April, then you will be removed from the online list of qualified coaches and your qualification will show as lapsed on the British Skydiving membership database. After 6 months you will need to attend another course to renew.

¹ Continuing Professional Development (CPD) is the term used to describe learning activities to develop and enhance your abilities, personal skills and proficiency throughout a person's career.

 $^{^{2}\,}$ Pro rata: meaning in equal portions or in proportion.

³ The Chartered Institute for the Management of Sport and Physical Activity.

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