

## **PART 1**

### **BRITISH SKYDIVING** **28TH NATIONAL ARTISTIC SKYDIVING CHAMPIONSHIPS 2024** **GENERAL INFORMATION**

#### **1 Title of the Competition**

The 28th British Skydiving National Artistic Skydiving Championships.

#### **2 Aims of the British Championships**

- To determine the British Champions of Freestyle Skydiving and Freeflying.
- To determine the British standings of the competing teams.
- To establish selection guidelines for National Teams and Individuals to be invited to attend FAI Category 1 events in 2025
- To promote and develop the Artistic Events.
- To exchange ideas and strengthen friendly relations between sport parachutists, Judges and support personnel.
- To allow participants to share and exchange experience, knowledge and information.
- To improve judging methods and practices.

#### **3 Competition Information**

##### **3.1 Venue**

Army Parachute Association  
Airfield Camp  
Netheravon  
Salisbury  
Wiltshire  
SP4 9SF  
Tel: 01980 628 250  
Email: [asst.secretary@netheravon.com](mailto:asst.secretary@netheravon.com)  
[www.netheravon.com](http://www.netheravon.com)

##### **3.2 Competition Dates**

Saturday 17 – Monday 19 August 2024. THERE IS NO RESERVE WEEKEND.

The competition will start at 09.00 each day. The medal ceremony will be held at 17.00 on Monday 19 August 2024.

##### **3.2.1 Other Dates**

- a) Entry fees, forms and booking in by 07.00 on Saturday 17 August (Nationals Entry Form & Indemnity Form can be found on British Skydiving Form 274)

- b) **At least 1** representative of each team is expected to be present for the Competition Briefing, where any rules can be clarified between the Competitors, Meet Director and Chief Judge.

### 3.3 Entry Forms and Fees

All Competitors **must** be registered and booked in by **07.00 on Friday 17 August 2024**.

Completed forms must be accompanied by the artistic entry fees.

Team captains are responsible for payment of the entire team's entry fees. General entry fees are NOT refundable under any circumstances.

In the event of any competitor being unable, through personal commitments, to compete in any part of the competition. **NO OUTSTANDING JUMP FEES WILL BE REFUNDED.**

Artistic entry fee per person      -£30.00 per person  
(see note below)

**Freestyle Jumps**            - Jumps are priced at £25.00 per person\*, therefore:

**Freestyle Skydiving A Category**      - **£350.00 per Team\***  
**Freestyle Skydiving B Category**      - **£250.00 per Team\***

**Freestyle Jumps**            - Jumps are priced at £25.00 per person\*, therefore:

**Freeflying A Category**                      - **£525.00 per Team\***  
**Freeflying B Category**                      - **£375.00 per Team\***

**Protest fee**      - **N/A**

**Re-jumps**      - **£25.00** per person (must be paid in full before completing jump)

**Note:** *The above tariff includes a British Skydiving levy towards the British Team fund of £5.00 per entry fee and £1.00 per jump.*

### 3.4 Documentation

All competitors will be required to produce the following minimum documentation when booking in:

- **Membership**

British Championship 'A' Category Teams - **Full** valid British Skydiving membership.  
British Championship 'Intermediate' Category Teams - Valid British Skydiving membership (Full or Temporary)  
British Championship 'B' Category Teams - Valid British Skydiving membership (Full or Temporary)  
Open Class Competitors - Valid British Skydiving Membership (Full or Temporary)

- **Sporting Licence**

Sporting Licences are not required for entry into the A categories of the British National Championships. Any competitor who feels they or their team may achieve a world record which they wish to have recognised, during the Nationals (or at any other time), must have (a) current Sporting Licence(s) prior to achieving that record. Also, any competitor wishing to be eligible to represent the UK at an FCE must be eligible for a current UK Sporting Licence (eligibility criteria can be found on British Skydiving Form 110). Competitors may obtain a new Licence or renewal at any time. Applications for a Sporting Licence or renewal must be made using British Skydiving Form 110 directly to the British Skydiving office. A fee applies. Sporting Licences or renewals will no longer be issued at British Skydiving Clubs. Sporting licences should be applied for at least one month before the deadline for which they are required, as the British Skydiving will require supporting documentation for those competitors not holding a UK passport. The Sporting Licence holder must be included on an FAI database by British Skydiving, at least one month prior to an FCE when representing the UK.



- **Medical** Certificate Declaration (Form 114) – current and valid
- The competitor's current and up-to-date Parachutists **Log Book**.

**All\*** Freely and Freestyle competitors will require **FF1**.

**All\*** Freely A and Freestyle A competitors will require **FF2**.

Freely Intermediate requires that the videographer and at least one performer must have **FF2**.

\* or equivalent – (Open class competitors only)

### 3.5 Equipment

Each individual is responsible for supplying their own equipment, which should consist of:

A serviceable main and reserve in a suitable harness/container system. This must be "Freely friendly" (at discretion of CI).

The use of an electronic Automatic Activation Device (AAD) is mandatory and this must be used for every jump.

The use of an Audible Altimeter(s) is recommended.

An equipment record of inspection (if packed in the UK) and a reserve data packing card.

Suitable clothing and footwear.

Camera helmets should have no snag points and preferably have a single point of release cutaway system, which will be at the discretion of the CI.

**Note:** All equipment and documentation must comply with the requirements of the British Skydiving Operations Manual. Competitors are reminded that they are required to jump with a visual altimeter and a knife.

### 3.6 Video Format

See Part 2 - 4.4.3

### 3.7 Competition Aircraft

At the time of writing the competition aircraft are expected to be:

2x C208B Black Hawk

### 3.8 Catering and Accommodation

Canteen will be offering hot refreshments and hot & cold meals throughout. Camping, Toilet and Shower facilities available on site.

## 4 Eligibility

To participate in the British Nationals, British Skydiving has decided to comply with the FAI rules regarding eligibility.

Please refer to the FAI Sporting Code – General Section, which can be found on the documents page of the FAI website: <http://www.fai.org/ipc-documents>

Only A Category eligible competitors can become British Champions and/or be considered for funding by British Skydiving.

## 5 Drug Testing

British Skydiving fully supports Drug-Free Sport and is committed to preventing drug misuse in sport parachuting. Drug misuse is cheating and it may prejudice your safety and the safety of others. There is no place for the misuse of drugs in our sport. British Skydiving's Anti-Doping Policy and Rules are set out in **British Skydiving Form 220** which is downloadable from the British Skydiving website and available on request from the British Skydiving Office.

**ANY COMPETITOR** may be required to take a random drugs test. Refusal to provide a urine sample for analysis will result in disqualification. Many medications that you may need to take for common medical conditions, such as asthma or hay fever, may contain Prohibited Substances. It is vital that you do not accidentally take a prohibited substance; the consequences are the same as if you were doping. Getting it from a doctor on prescription is no defence!

For further information, please see the anti-doping page of the British Skydiving website

<https://britishskydiving.org/competitions/drug-free-sport/> which has links to the FAI and World Anti-Doping Agency (WADA) websites, where you can find up-to-date information about the prohibited list of substances and therapeutic use exemptions (see below): <https://www.fai.org/anti-doping>

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.*

*British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee. Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*



Each competitor is STRICTLY LIABLE- this means that it is your own personal responsibility as a competitor to ensure you comply fully with this policy. A positive test result means disqualification for the whole team, a loss of any sponsorship, and a ban for the individual. British Skydiving Form 220 sets out the procedure to be followed in the event of a positive test. The test is concerned with whether a prohibited substance is present in the body, not how or why it got there.

The Therapeutic Use Exemption (TUE) application process gives competitors a means of attaining approval to use a prescribed Prohibited Substance or Method for the treatment of a legitimate medical condition. This process is in place to protect the rights of competitors to compete on a level playing field.

Any competitor with a TUE must attach a copy to the competition entry form, and must also file a copy with the British Skydiving Office before he or she competes. TUE forms may be downloaded from the anti-doping section of the FAI website:

<https://www.fai.org/page/anti-doping-therapeutic-exemptions>

## 6 Practice Jumps

Subject to organiser restrictions, practice jumps will be available up until the start of the competition.

## 7 Competition Completion

Teams who are not present for any round will be called as scheduled for that round and failure to attend will result in a nil score for that round only.

If the competition has not been completed by the declared end time, then the meet competition will be called with results based upon completed rounds ONLY.

## 8 Meet Director Terms of Reference

The Meet Director is responsible as follows:

- Ensure liaison with the Drop Zone for the administrative co-ordination of the event schedule
- Ensure a visible point of contact amongst the competitors is maintained at least for 25% of the event- time to allow the opportunity for feedback and clear access to officials.
- To have the casting vote on any matters identified by the Chief Judge

## 9 Licence to use Images

In entering this competition, competitors agree to grant British Skydiving a royalty free, non -exclusive license to use, for training and judging purposes, any video or other images submitted to the competition.

## 10 Team Captains.

a) Each team shall appoint a Team Captain.

b) The Team Captains shall attend meetings called by the Meet Director for the purpose of obtaining competitor advice or opinion and for any random draw, if applicable.

END

*Approved version for publication – Draft V1 Feb 2024*

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.*

*British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.*

*Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*



## PART 2

### BRITISH SKYDIVING COMPETITION RULES FOR ARTISTIC NATIONALS FREESTYLE SKYDIVING AND FREEFLYING 2023

#### **1. Authority**

- 1.1. The competition will be conducted under the authority granted by British Skydiving according to the regulations. All participants accept these rules together with those laid down in the British Skydiving operations manual/ and or any local SOP regulations as binding by registering in the competition.

#### **2. Definitions of Words and Phrases used in these Rules**

- 2.1. *Team:* A Freestyle skydiving team is composed of a performer and a videographer.  
A Freely team is composed of two (2) performers and a videographer.
- 2.2. *Heading:* the direction in which the front of the torso of the performer faces.
- 2.3. *Move:* a change in body position, and/or a rotation around one or more of the three (3) body axes, or a static pose. See Addendum B.
- 2.4. *Grips and docks.*
- 2.4.1. *Grip:* a recognisable stationary contact of the hand(s) of one performer on a specified part of the body of the other performer, performed in a controlled manner.
- 2.4.2. *Dock:* a recognisable stationary contact of the foot (feet) of one performer on a specified part of the body of the other performer, performed in a controlled manner.
- 2.5. *Routine:* a sequence of moves performed during the working time.
- 2.5.1. *Compulsory routine:* a routine composed of compulsory sequences and moves chosen by the team.
- 2.5.2. *Free routine:* a routine composed of moves chosen entirely by the team.
- 2.6. *Working time:* the period of time during which teams may perform a routine during a jump.  
Working time starts the instant any team member separates from the aircraft, as determined by the judges, and terminates **42 seconds later**.

#### **3. The events**

- 3.1. **Discipline:** the discipline will comprise the following events:

<b>A Category</b>	up to 7 Rounds (2 Compulsory Rounds, 5 Free Rounds)
<b>B Category</b>	up to 5 Rounds (2 Compulsory Rounds, 3 Free Rounds)
<b>Intermediate Category</b>	up to 5 Rounds (2 Compulsory Rounds, 3 Free Rounds)

**NOTE:** In order to compete in the 'A' category Freestyle and Freely events, ALL COMPETITORS must hold the FF2 qualification. The reason for this is that some of the sequences require the competitors to fly in a head-down orientation and, without this qualification, they may not be able to complete the round. FF1 must be held for Freely and Freestyle B class competitors, however if the videographer flies in head down orientation they must hold FF2. Intermediate Freely allows one PERFORMER to hold FF1, however all team members can hold FF2.

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.  
British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.  
Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*



## 3.2 Objectives of the Events

- 3.2.1 The objective for the team is to record a sequence of moves in freefall with the highest possible merit.

*Although no maximum qualification level, jump numbers or experience is set for intermediate and B group discipline, competitors and teams please respect the aims of these classes are to encourage lower experienced and newer competitors to compete at an introductory level and on a more even playing field. B team performers will not be scored for any head down moves.*

- 3.3. **Exit altitude:** 13.500 feet (4115 m.) AGL.

## 3.4. British Champions:

- 3.4.1 After all completed rounds British Champions in Category A and Category B Freestyle Skydiving and Freefly will be declared. (Subject to part 2 paras 7 and 8 and part 1 paras 4 and 5)

- 3.4.2. The Freestyle Champions and the Freefly Champions are the Teams with the highest total score for all completed rounds. If two (2) or more teams have equal scores, then if time permits, the first three (3) places will be determined by a tie-break free round. If a tie still exists, the procedure as in para. 5.5.1. will apply (including all completed free rounds) until a clear placing is determined.

## 3.4.3 Trophies and Medals.

All persons who won Trophies last year are asked to return them to the British Skydiving Office.

Trophies will be awarded to the British National Champions in the A category events. There are currently no trophies for Intermediate or B category events.

Medals in the British National Championships in all categories A, Intermediate and B, for Freefly and Freestyle, will be awarded to teams/competitors placed First (Gold), Second (Silver) and Third (Bronze). In the Open events, only a gold medal may be awarded, and then only if the winner is ineligible for the British Nationals *AND* has won the event in its entirety.

Prize giving will begin as soon as the host Drop Zone can arrange after the event has been completed and once any dignitaries who will be involved in the presentation are available.

Medal winning teams should make themselves available for such prize giving ceremony.

## 4. General rules

- 4.1. **Exit procedure:** There are no limitations on the exit other than those imposed by the Chief Pilot for safety reasons.

- 4.2 **Jump Order.** If possible the initial jump order will be by draw and will be maintained until the final rounds have been completed. This jump order should be maintained throughout the competition, except for any logistical changes, including manifesting constraints deemed necessary by the Chief Judge and the Meet Director.  
If due to such constraints, jump order is not maintained, then a complete round of any one discipline should be completed before moving on to further round, subject to any logistical changes, including manifest constraints, deemed necessary by the Chief Judge and the Meet Director.

- 4.3. **Jump abortion:** The Team may choose to abort a jump for any pertinent reason and may descend with the aircraft. If a jump-run is aborted and the Meet Director decides the reason is pertinent, the jump must then be made at the earliest opportunity. (Sporting Code, para 5.2.8.) If the reason is determined by the Meet Director not to be pertinent, the jump will score zero.

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.*

*British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.*

*Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*



#### **4.4. Air-to-air video recording:**

- 4.4.1.** The videographer shall provide the video evidence required to judge each jump and to show the team's performance to third parties. It is the responsibility of the videographer to show start of working time.
- 4.4.2.** A Video Controller should be appointed by the Meet Director or Chief Judge prior to the start of the official training jumps. Prior to the competition beginning, the video controller may inspect a team's freefall video equipment to verify that it meets the performance requirements as determined by him/her. Inspections that do not interfere with a team's performance may be made at any time during the competition, as determined by the Chief Judge. If any freefall video equipment does not meet the performance requirements as determined by the Video Controller, this equipment will be deemed to be unusable for the competition.
- 4.4.3.** For these rules, "freefall video equipment" shall consist of the complete video system used to record the video evidence of the Team's freefall performance, including the camera(s), recording media, cables and battery. The freefall video equipment must be able to deliver a High Definition 1080 type digital signal with a minimum frame rate of 50 frames per second through memory card, approved by the Video Controller.
- 4.4.4.** The videographer is responsible for assuring the compatibility of the freefall video equipment with the scoring system.
- 4.4.5.** The camera(s) must be fixed static to the helmet. No roll, pitch or yaw movements of the camera(s), mechanical and/or digital zoom adjustment, or any digital effects (excluding "steady shot" or other image stabilization feature) may be used during competition jumps. Failure to meet any of these requirements will lead to a score of zero (0) points.
- 4.4.6.** As soon as possible after each jump is completed, the videographer must deliver the freefall video equipment (including the recording media used to record that jump) for dubbing at the designated dubbing station. The video evidence must remain available for viewing or dubbing until all scores are posted as final.
- 4.4.7.** Video Review Panel (VRP). A VRP will be established prior to the start of any official Training Jumps, consisting of the Chief Judge and the Meet Director. The VRP may enlist the help of the Video Controller. Decisions rendered by the VRP shall be final and shall not be subject to protest or review by the Jury.
- 4.4.8** If instructed, the videographer must record, just before exit, the means inside the airplane with the relevant round number and date. The recording should continue with the jump without a stop in recording. Failure to meet this requirement will lead to a score of zero (0) points.
- 4.4.9** The organiser should provide the teams with a way of identification of the team, showing the team number to be recorded by the videographer just before exit. The recording should continue with the jump without a stop in recording.
- 4.5. Re-jumps:**
- 4.5.1.** In a situation where the video evidence is considered insufficient for judging purposes by a majority of the judging panel, the freefall video equipment will be handed directly to the VRP for assessing the conditions and circumstances of that occurrence. In this case a re-jump situation will be handled as follows;
- 4.5.1.1.** In the case the VRP determines that there has been an intentional abuse of the rules by the Team, no re-jump will be granted and the team's score for that jump will be zero (0).



- 4.5.1.2. In the case the VRP determines that the video's evidence insufficiency is due to weather conditions or any other cause not controllable by the team, a re-jump will be given.
- 4.5.1.3. In the case the VRP determines that the video's evidence insufficiency is due to a factor that could be controlled by the Team, no re-jump will be granted and the team will receive a score based on the video evidence available.
- 4.5.2. Contact or other means of interference between (a) performer(s) and/or the (b) videographer in a team shall not be grounds for a re-jump.
- 4.5.3. Problems with a competitor's equipment (excluding freefall video equipment) shall not be grounds for a re-jump.
- 4.5.4. Adverse weather conditions during a jump are no grounds for protest. However, a re-jump may be granted at the discretion of the Chief Judge.
- 4.6. **Wind tunnels:** Competitors are permitted to use a wind tunnel (freefall simulator) during the event.

## 5. Rules specific to the event

### 5.1. Teams:

- 5.1.1. Teams may consist of members of either or both sexes. There is no gender separation. Team members are allowed to change their position within the team **except** where a pool videographer(s) is/are used. They must fly videographer slot ONLY.

Teams requiring pool videographer should ensure request is made at the earliest opportunity prior to the start of the event. *(It is normally expected that A category teams will provide their own videographer)*

- 5.1.2. Each team member may compete in more than one (1) category or event, subject to manifesting constraints and payment of any relevant fees.
- 5.1.3. For eligibility see Part 1 (paras 4 and 5)
- 5.1.4.
  - a) Each team shall appoint a Team Captain.
  - b) The Team Captains shall attend meetings called by the Meet Director for the purpose of obtaining competitor advice or opinion and for any draw, if applicable.

### 5.2. Routines: The discipline is comprised of compulsory routines and free routines.

- 5.2.1. **Compulsory Routine:** The compulsory routines consist of four (4) compulsory sequences (three (3) for Intermediate and B Category) as described in the relevant Addenda A, and other moves at the teams' discretion. The order in which these compulsory sequences and other moves can be performed is determined by the team.

- 5.2.1.2 Teams must submit the order of the Compulsory Sequences and their chosen Max Values if applicable (for both Compulsory Rounds) to the Chief Judge before the beginning of the competition. See Addendum D.

- 5.2.1.3 Teams in A Categories, when executing Compulsory Sequences in a different order than the one submitted, will lead to a score of zero (0) for the sequences that are out of order. The Judges will judge each next Compulsory Sequence in the order submitted. (Any Compulsory Sequence that comes before the next in the submitted order will receive a score of zero (0), but will be counted as presentation.)

### 5.2.2. Free Routine: The content of the free routine(s) is chosen entirely by the team.

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.  
British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.  
Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*





However, teams competing in the B Category will not be scored for ANY head-down flying because the intention is to allow FF1 competitors to compete on a more level playing field. Teams competing in Intermediate Category will not be scored for any head-down flying of both performers at the same time to allow competitors to compete on a more level playing field.

5.2.2.1 Teams are requested to submit a written list of elements and/or present and explain their Free Routine to the panel before the start of the competition. See Addendum D. However, this is optional and failure to provide this information has no influence on the scoring.

5.2.2.2 Teams in A Categories must deliver a video of their Free Routine(s) to the Chief Judge before the start of the competition for difficulty to be scored, this should be delivered 48 hours ahead of the competition start via dropbox (details of which will be distributed by the judges ahead of the meet).

### 5.3. Number of rounds.

5.3.1 Full Competition:

<b>A Category</b>	7 Rounds
<b>Intermediate Category</b>	5 Rounds
<b>B Category</b>	5 Rounds

5.3.2 **Minimum Competition 1 Round 1 Team**

5.4. Jump order of Routines

<b>A Category</b>	F-C-F-F-C-F-F
<b>Intermediate Category</b>	F-C-F-F-C
<b>B Category</b>	F-C-F-F-C

(C=Compulsory routine, F=Free routine)

### 5.5. Tie Breaks:

5.5.1. If two (2) or more teams have equal scores the following procedure will be applied:

- i) The best score, then the second-best score, and then third-best score, of any completed free rounds.
- ii) The best score, then the second-best score, of any completed compulsory rounds.

## 6. Judging and scoring

6.1. **General:** Once any team member has left the aircraft, the jump shall be evaluated and scored.

### 6.2. Scoring Free Routines:

Before the start of the competition, the Judges will view the submitted videos for A Categories and determine the difficulty score, between 0,0 and 10,0 expressed as a number up to one (1) decimal point, taking into account the following guidelines;

#### Difficulty:

- Variety of orientations used (Head-up, Head-down, Belly-down, Back-down, Sideways, Diagonal, Angle, etc.)
- Variety of moves and styles (Carving, Eagles, Tricks, Acrobatics, etc.)
- The degree of difficulty of all moves and transitions (e.g., movements and spins in both directions, multiple simultaneous rotations, combined moves, etc.)
- Team Work: The ability to combine technical skills and create complex effects of movement, including the Videographer's involvement in the routine.
- See Addendum C.

#### Execution:

Patron: His Royal Highness The Prince of Wales

Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.

British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.

Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.



During the competition, three (3) Judges determine Execution deductions, according to the following guidelines:

Freestyle Skydiving:

0,2 to 1,0 point deduction	For each missing element, or portion of element.
0,1 to 0,3 points deduction	For each instance, an element was executed incorrectly, or the Performer is off heading, off level, wobble, or has poor body form.

Freeflying:

0,2 to 1,0 point deduction	For each missing element, or portion of element.
Up to 0,5 points deduction	For each instance an element was executed incorrectly, or one or both Performers are off heading / off level / wobble
Up to 0,5 points deduction	Team work: Levels between the Performers, synchronisation between members (including camera), proximity between Performers (excluding camera)

Each of the three (3) Judges will total all their Execution deductions.

**Presentation:**

- To encourage enhanced video, when “full frame” close video of the Performer(s) is shown, there will be no deduction for cropping the hands, feet, or part of the helmet out of the frame.
- Each of the two (2) Judges will total all their camera deductions.

During the competition, the Judges will give a presentation score, between 0,0 and 10,0 expressed as a number up to one (1) decimal point, taking into account the following guidelines;

***Creativity and routine composition:***

- Routine is **aesthetically** pleasing to watch and has a good **flow**.
- **Creative choreography (original** routine composition)
- Well executed **new moves** (and/or new presentation of old moves)
- There is a definite **beginning** and a definite **ending**.

***Camera Work:***

- Good use of video angle(s)
- creative interactivity
- Clean image and clear focus shown

During the competition, two (2) Judges determine Camera deductions, according to the following guidelines:

Up to -2,0 points	Proximity overall jump: Performer(s) far away from camera.
-2,0 points	For each instance, both Performers are completely out of the frame.

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.  
British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.  
Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*



-1,0 points	For each instance, one Performer is completely out of the frame.
-0.1 to -0,5 points	For each instance, Performer(s) is/are off centre frame.
-0.1 to -0,5 points	For each instance of unintentional cropping body part(s) off frame.
-0,1 points	For each instance, any part of the Videographer body/equipment is in the frame

- To encourage enhanced video, when “full frame” close video of the Performer(s) is shown, there will be no deduction for cropping the hands, feet, or part of the helmet out of the frame.
- Each of the two (2) Judges will total all their camera deductions.

For Intermediate and B Categories difficulty will be included in scoring and not scored before the start of the competition.

**6.3 Scoring Compulsory Routines:** Judges give a score for the Team (between 0,0 and 10,0, up to one (1) decimal point) for Presentation (as per Free Routine) and for each of the four (4) Compulsory Sequences relative to the Max Value of the Team’s selected Compulsory Sequences using the following guidelines:

	Deduction <b>UP TO:</b>	Explanation:	Example:
Major part of the compulsory	Up to 50%	The part that defines the Compulsory Sequence	The twist in the loop twist; Angle position, body orientation, etc’
Set-up	Up to 10%	Facing the correct direction; In the correct body position. Camera in place.	Performance requirements described for “at the beginning” for orientation, body position and camera position, etc.
Static Camera work:  (On top of the setup)	Up to 50%  Up to 20%	When the camera is too far to judge the Compulsory Sequence  Camera is moving when static image is required.	When not on the specified level or not in the correct angle
Required Camera move	Up to 30%	When camera is doing the wrong move	wrong roll direction, synchronisation, carving, etc.
Image orientation	30%	The video image must be upright with the sky in the upper portion of the frame throughout each Compulsory Sequence, except where the Sequence description specifically prescribes	
Specific body position requirements	Up to 30%	When the Compulsory Sequence requires specific body position or specific level between flyers	Layout position Straddle position Face-to-face Split
Specific grips	Up to 30%	When specific grip(s) / dock(s) are wrong	Hand-to-hand, feet-on-shoulders, lower legs during the Cat Barrel Roll

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.*

*British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.*

*Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*



Execution mistakes	Up to 30%	Flow, Wobble, Off heading, Off center frame	
Specific Judging Guidelines	See Addendum A	As specified for each Compulsory Sequence	See Addendum A

Presentation in the compulsory routines is scored for the beginning and the end of the routine, and move(s) performed between the compulsory sequences. If the judges cannot identify any presentation element, the score for presentation will be 0.0) (zero)

### 6.3.1.

If the Judges determine that the Team has performed a lower Max Value of a Compulsory Sequence than the declared Max Value, the maximum score will be 0,5 points less than the lower Max Value actually performed.

### 6.4.

**Score calculation:** The score for each round is calculated as follows:

- **Compulsory rounds:** all judges will score each compulsory sequence and presentation. Each average score for a Compulsory Sequence will be multiplied by 0.225, the average score for Presentation will be multiplied by 0.1, and then the sum of these five (5) values will be rounded to the first decimal place.
- **Free rounds: Intermediate and B Categories:** All judges will score the technical and presentation criteria. These scores of both technical and presentation will be averaged separately with no rounding applied. The average scores will be added, and the result will be divided by the number of judges, then rounded to the first decimal place.
- **Free Rounds: A Category:**
  - the three (3) total scores for the Execution deductions will be added, and the result will be divided by three (3), with no rounding applied. The two (2) total scores for the Camera deductions will be added, and the result will be divided by two (2), with no rounding applied. The highest and lowest Judges' scores for the Presentation criterion will be discarded, the remaining three (3) scores for Presentation will be averaged separately, with no rounding applied.
  - To determine the Technical score, the averaged Execution score will be deducted from the Difficulty score. The minimum possible score for Technical is zero (0) points.
  - To determine the final Presentation score, the averaged Camera score will be deducted from the averaged Presentation score, with no rounding applied. The minimum possible score for Presentation is zero (0) points.
  - The Technical and Presentation scores will be added, and the result will be divided by two (2), then rounded to the first decimal place.

#### 6.4.1.

Rounding must be done as follows: intermediate values must be converted from two decimal places to one, by rounding to the nearest tenth, except where the second decimal digit is exactly halfway between the two values, where it must be rounded to the higher of the two.

#### 6.4.2.

Total scores for the events are calculated by adding the Team's official scores of all completed rounds, excluding the lowest scoring Free Routine before Round 5.

#### 6.4.3.

All scores for each Judge will be published.

### 6.5.

**Judging rules:**

#### 6.5.1.

The jumps shall be judged using the video evidence as provided by the videographer.



- 6.5.2.** A panel consisting of all Artistic Discipline Judges must evaluate each team's performance. Where possible a complete round shall be judged by the same panel. The definition of "Judge" can include those under training. A panel of Judges cannot consist entirely of Judges who are under training. If 5 **qualified** Artistic Discipline Judges are present, current FAI judging rules should take precedence over this section of the rules
- 6.5.2.1.** Compulsory Routines: all Judges will evaluate the routines.
- 6.5.2.2.** Free Routines: all Judges will evaluate the technical and the presentation criteria.
- 6.5.3.** The Judges will watch each jump once with an optional second viewing.
- 6.5.4.** All viewings must be at normal speed. At the discretion of the Event Judge, a third view of a compulsory round jump, or part of it, is allowed, in normal or reduced speed (70%).
- 6.5.5.** If provided, the Judges will use the electronic scoring system to record the evaluation of the performance. At the end of working time, freeze frame will be applied on each viewing, based on the timing taken from the first viewing only. The Judges may correct their evaluation record after the jump has been judged. Corrections to the evaluation record can only be made before the Chief Judge signs the score sheet.
- 6.5.6.** If required, the chronometer will be operated by the Judges or by (a) person(s) appointed by the Chief Judge, and will be started when a team member leaves the aircraft. If Judges cannot determine the start of the working time, the following procedure will be followed. Working time will start as the videographer separates from the aircraft and a penalty equal to 20 % (rounded down) of the score for that jump will be deducted from the score for that jump.
- 6.6. Training Jumps – A Category only:**
- 6.6.1.** No training jumps will be given. However, practice jumps may be available (see Part 1, Clause 6).
- 6.6.2.** The Team Captain has the option to explain the delivered free routine description sheet(s). If for weather reasons, or as in 6.6.1 above, no training jumps are offered, teams can deliver a maximum of one (1) previous training jumps for scoring and move explanation (which the judge team will endeavour to evaluate subject to constraints of the competition. For (previous and official) training jumps submitted, no scores for presentation will be given.

## **7. Determination of British Champions**

The Freestyle Skydiving British Champions and Freeflying Skydiving British Champions are the teams with the highest total score for all completed rounds. If two or more teams have equal scores, if time permits, the first three places will be determined by a tiebreak free round. If a tie still exists (or no tie break round is possible) comparison of the highest scoring free round will determine placing. If a tie still exists (or no tiebreak free round is possible), the next highest scoring free round will determine placing, which will continue until a clear placing is determined. Teams containing competitors who do not qualify for qualification as British Team members will only be eligible for the Open event, their scores, and therefore their team's scores and positions will not be counted in the determination of British results.

## **8. Final Decision**

These rules will take precedence at all times, however, if due to ambiguity or omission these rules are not deemed by the Chief Judge to be clear, the Chief Judge will refer to the FAI rules. If, then, no final conclusion can be reached from the FAI rules, the Chief Judge will refer the matter to the Meet Director whose decision will be final and binding.

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.*

*British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee. Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*



END

*Approved version for publication – Draft V1 Feb 2024*

*Patron: His Royal Highness The Prince of Wales*

*Affiliated to The Fédération Aéronautique Internationale through the Royal Aero Club of the United Kingdom.*

*British Skydiving is the trading name of British Parachute Association Ltd. A company limited by guarantee.*

*Registered in England & Wales no 875429. Registered office: 5 Wharf Way, Glen Parva, Leicester LE2 9TF.*





*British Skydiving*  
*5 Wharf Way, Glen Parva*  
*Leicester, LE2 9TF*

*0116 278 5271*  
*[info@britishskydiving.org](mailto:info@britishskydiving.org)*  
*[britishskydiving.org](http://britishskydiving.org)*

## **ADDENDUM – A1**

### **FREESTYLE SKYDIVING COMPULSORY SEQUENCES**

### **PERFORMANCE REQUIREMENTS & JUDGEMENT CRITERIA**

#### **A & B Categories**

- The order in which these Compulsory Sequences can be performed is determined by the Team.
- Teams in all categories must submit the order of the Compulsory Sequences before the start of the competition to the Chief Judge. Freestyle A Category must also submit their chosen Max Values (see addendum D)
- Each Team must ensure that clothing and/or the camera do not hinder the ability for Judges to clearly see the performance requirements being met. (E.g. if Judges cannot see straight arms and/or legs then they may assume that the Performer does not have straight arms and/or legs).
- Toes must be pointed and knees must be straight, except as noted in descriptions. Otherwise, the maximum possible score for the Compulsory Sequence is 90% of the Max Value.
- The judging of each sequence begins when the Judges see the Team beginning the sequence from the described beginning position (after a transition from the previous move with or without a momentary stop).
- The judging of each sequence begins when the Judges see the Team beginning the sequence from the described beginning position (after a transition from the previous move with or without a momentary stop).
- The Videographer must maintain proximity to the Performer throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise.
- The video image must be upright with the sky in the upper portion of the frame throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise. Otherwise, the maximum possible score for the Compulsory Sequence is 70% of the Max Value.
- The definition of each body position is described in Addendum B.
- Youtube playlist for compulsories: <https://youtube.com/playlist?list=PLSLmrmjmQczovnpv8e3NngzAgK1LFeaMa>

## **FREESTYLE A CATEGORY**

### **FIRST COMPULSORY ROUND (ROUND 2)**

#### **FR-1 Eagle Sequence**

##### Half Eagle

- At the beginning, the Performer is in a head-down orientation.
- Legs must be in line with the torso (when viewed from the side).
- The Performer goes below the Videographer as the Videographer goes over the top, moving around an imaginary centre between them so that both end up in opposite positions and orientations than they originally began.
- The Eagle should be performed as one continuous movement.
- The Eagle must remain on the same heading.

##### Videographer requirements

- Videographer must show Performer from his/her front during the whole sequence.

**Max Value 3 pts: Half Eagle** is performed as described above.

##### **Max Value 7.5 pts: Full Eagle**

- Half Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.

**Max Value 10 pts: Full Eagle with Trick**

- Half Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.
- The Performer must perform a tight tuck front loop (trick) in the middle of the second part of the Eagle (when he/she is above the Videographer).
- Videographer must show Performer from his/her front during the whole sequence, with the exception of the full tight tuck front loop.

#### **Judging guidelines:**

- When the tuck is not tight for the front loop, 15% will be deducted.
- When the front of the Performer is not shown throughout the whole sequence (except for the front loop), 20% will be deducted.
- When the front loop is not performed above the Videographer in the middle of the second part of the Eagle, 15% will be deducted.

### **FR-2 Mixed Carve**

#### Carve

- At the beginning, the Performer must be in a head-down orientation, facing the Videographer. The Performer and Videographer must inface carve 180° around an imaginary centre, stop, then make a transition (presenting the side to the camera) to head-up outfacing through the belly-down orientation. (During the stop, the Performer makes a ¼ pirouette before and after the transition through the belly-down orientation.)
- In the head-up orientation, outfacing, the Performer then carves 180° in the opposite direction.

#### Videographer requirements

- Videographer must show the front of the Performer while the Performer is inface carving, and the back of the Performer while outface carving.
- While carving, the Videographer must show the image as if the Performer remains static with only the background moving.
- Videographer must be on the same level as the Performer (and show the Performer on the horizon) throughout the sequence.
- Videographer must maintain the same distance from the Performer throughout the sequence.

#### **Max Value 5 pts: Inface Carve with Switching Direction**

- At the beginning, the Performer must be in a head-down orientation, facing the Videographer.
- The Performer and Videographer must carve 180° around an imaginary centre, stop, and then inface carve 180° to the opposite direction.

#### **Max Value 7,5 pts: Mixed Carve**

- The Mixed carve is performed as described above.

#### **Max Value 10 pts: Layout Mixed Carve**

- The Mixed Carve is performed as described above, and:
- The Performer must maintain the layout position throughout the sequence.

#### **Judging guidelines**

- When the Performer is not in layout position when it is required, 30% will be deducted.
- If the Performer, during the outface carving, flies in a straight line instead of carving, 30% will be deducted.

### **FR-3 Rebound**

#### Rebound

- The Performer is in a head-down or angle back-flying orientation. Facing the videographer.
- The Performer travels over the Videographer to the belly-down orientation.
- After a momentary stop, the Performer travels over the Videographer, back to the original starting position.
- The performer must keep an eye contact with the videographer throughout the move.

#### Videographer requirements

- The camera shows the performer on the horizon at beginning, middle and the end of the move.

#### **Max Value 7.5 pts: Rebound**

- The move is performed as described above.

#### **Max Value 10 pts: Rebound with a roll**



- The move is performed as described in 7.5 points, but the performer does a belly-to-belly barrel-roll in the middle of the move, on the horizon. (Back Layout-Roll-Front Layout)

#### **Judging guidelines**

- When the Performer loses eye contact, up to 10% will be deducted.

### **FR-4 Looping Sequence**

#### **Back Layout Loops**

- Beginning is from a layout position in head-up orientation.
- Three (3) complete 360° layout back loop rotations, without stopping, must be performed.
- Looping movement must remain about a horizontal axis, without tilting or changing heading.
- Torso must be straight and legs in line with torso, without any bend at the waist.
- Videographer requirements
- Videographer must be on the same level with the Performer and show the Performer from his/her side at start of the sequence, must remain in place.

**Max Value 3 pts: Layout Back Loops** are performed as described above.

#### **Max Value 7.5 pts: Layout Loops with Half Twist**

- First back loop is performed as described above.
- A half twist must be performed within and evenly executed throughout the second loop.
- After a momentary stop in the head-up orientation, a full front loop must be performed.

#### **Max Value 10 pts: Layout Back Loops with Full Twist**

- Layout Back Loops are performed as described above but:
- A full twist must be performed within the second loop.
- Looping motion must be smooth.
- The sequence must end with a momentary stop, in a layout position in head-up orientation, on the same heading as the beginning.

#### **Judging guidelines:**

- When the half or full twists are not performed within the second loop, 30% - 50% will be deducted.
- If there are stops between the loops, 15% will be deducted.
- If no momentary stop is shown at the end, the maximum score will be 95%

## **SECOND COMPULSORY ROUND (ROUND 5)**

### **FR-5 Reverse Eagle Sequence**

#### **Half Reverse Eagle**

- At the beginning, the Performer is in a head-up orientation, facing the camera
- The Performer goes below the Videographer as the Videographer goes over the top, moving around an imaginary centre between them so that both end up in opposite positions and orientations than they originally began.
- The Reverse Eagle should be performed as one continuous movement.
- The Reverse Eagle must remain on the same heading.

**Max Value 3 pts: Half Reverse Eagle** is performed as described above.

#### **Max Value 7.5 pts: Full Reverse Eagle**

- Half Reverse Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.

#### **Max Value 10 pts: Full Reverse Eagle in Layout Position**

- Half Reverse Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.
- Legs must be in line with the torso (when viewed from the side), with the knees straight, throughout the sequence. (The legs may be separated.)

## **FR-6 Angle Flying**

THIS COMPULSORY SEQUENCE MUST **NOT** BE THE FIRST ONE PERFORMED!

- Performer is flying at a minimum of 20° diagonally off vertical and horizontal compared to the horizon with the head low.
- Videographer must demonstrate an on-level position.

### **Max Value 3 pts: Angle Flying Pose**

- Performer is facing upward.
- This angle flying must be maintained for a minimum of three (3) seconds.
- Videographer must show Performer from his/her side throughout the sequence.

### **Max Value 5 pts: Angle Flying roll**

- The move is performed as described above.
- After 3 seconds of angle flying, The Performer will make a 180° rotation on the Body Head-Tail axis (Half a barrel roll into face-down) while maintaining the heading and the angle.
- Videographer maintains position and must show Performer from his/her side at the beginning and the end of the move.

### **Max Value 7,5 pts: Angle Flying with a flip**

- The performer is angle-flying on the belly, with the head low for minimum two (2) seconds.
- The performer does a front "flip" to head-up belly angle going the opposite direction.
- The performer holds the head-up belly angle for minimum two (2) seconds.
- Videographer must show Performer from his/her side throughout the sequence.

### **Max Value 10 pts: Layout Angle Flying with a flip**

- The move is performed as described in 7.5, but performer must maintain a layout position through the full sequence

### **Judging guidelines**

- When this Compulsory Sequence is performed first in the compulsory routine, 70% will be deducted.
- If the angle-flying is not held for a minimum of two (2) seconds at the beginning or end, 10% will be deducted. If not held for two (2) seconds at both the beginning and end, 20% will be deducted.

## **FR-7 Side Flying**

Rotating side pose

- At the beginning, the performer is on their side, with their legs together, facing the camera.
- While on their side, performing a 360 rotation (either forward or backwards).

Videographer requirements

- Videographer must be on the same level with the Performer
- Videographer must maintain the same distance from the Performer throughout the sequence.

### **Max Value 5 pts: Rotating side pose**

- The move is performed as described above.

### **Max Value 7.5 pts: Rotating layout side pose**

- The move is performed as described above.
- The performer must be in a layout position, without a bent in the waist/hips/knees, with their legs together.

### **Max Value 10 pts: Rotating layout side pose with a stop**

- A layout side rotation is performed as described above.
- At the end of the rotation, the performer must hold a side pose, in a layout position for two seconds

### **Judging guidelines**

- If the side pose is not held for a minimum of two (2) seconds at the end with the Videographer remaining in place, 15% will be deducted.

## **FR-8 Head-Up Straddle Spins**

- Performer is in straddle position, without any bend at the waist, in head-up orientation, with the toes pointed and the knees straight.
- Spins can be in either direction.

- At the beginning and end, the Performer must show a momentary stop in the Head-up Straddle.
- At the beginning and the end, the Videographer must show the front of the Performer

### **Max Value 3 pts: Head-Up Straddle Spins**

- The straddle must spin rapidly, with three pirouette rotations performed within five seconds from the start of the first rotation.
- Videographer must be on the same level throughout the sequence.

### **Max Value 5 pts: Head-Up Straddle Spins with Synchronised Carve**

- The straddle must spin rapidly, with three and a half (3.5) pirouette rotations performed within five seconds from the start of the first rotation.
- Synchronous with the Performers' rotations, the Videographer must carve 180° opposite the Performer's rotation.
- Videographer must be on the same level throughout the sequence.

### **Max Value 10 pts: Head-Up Straddle Spins with Half Eagle**

- The straddle must spin rapidly, with three and a half (3.5) pirouette rotations performed within five (5) seconds from the start of the first rotation.
- Synchronous with the Performers' rotations, the Videographer must perform a half Eagle passing under the Performer with half (180°) camera roll at the lowest point, the roll in the opposite direction as the Performer's rotation.
- At the end, the Videographer must be on the same level.

### **Judging guidelines**

- When the Videographer passing under the Performer, during the Half Eagle, makes the camera roll to the wrong direction, 30% will be deducted.
- When the Videographer is not passing directly under the Performer, during the Half Eagle, up to 30% will be deducted.
- When the legs are clearly not straddled at least 90° apart, 30% to 50% will be deducted.
- If there is a forward bend (i.e., torso is not vertical) at the waist/hips, 20% to 50% will be deducted.
- If the performer executed less than the required number of spins, 15% will be deducted for each missing spin.
- if no momentary stop is shown at the beginning **or** end, 5% will be deducted.
- If the stop is not shown at the beginning **and** end, 10% will be deducted.
- When the toes are not pointed and/or the knees are not straight, 10% will be deducted.

## **FREESTYLE B CATEGORY**

### **FIRST COMPULSORY ROUND (ROUND 2)**

#### **FsB-1 Back Loop Sequence**

##### **Back layout loop:**

- Start must be from a layout position in a head up orientation
- Torso must be straight and legs in line with the torso without any bend at the waist
- One complete 360° back layout rotation must be performed
- Loop must be about a horizontal axis without tilting or changing direction
- Looping motion must be smooth
- Entry into the tuck back loops shall be smooth and without any stopping

##### **Tucked back loops:**

- **Two** complete back loops must be performed in a tuck position.
- The second back loop must end in a head up straddle pose

##### **Videographer Requirements:**

- Camera must be on the same level and show the performer from his/her front at the start of the back layout rotation
- The same distance and level between performer and Videographer must be maintained

#### **FsB-2 Cartwheel Sequence**

##### **Cartwheel:**

- Beginning is a straddle position in head-up orientation.
- Torso must be straight, without any bend at the waist throughout the sequence.

- Head, shoulders and torso must be in line, facing the same direction throughout the Cartwheel (without any twist in the torso).
- The sequence must end in a straddle position in head-up orientation.
- One (1) complete 360° cartwheel rotation in the straddle position must be performed.
- The cartwheel can rotate in either direction.

**Videograher Requirements:**

- Camera must show Performer from his/her front at the start and end of the compulsory sequence.
- The same distance and level between Performer and Videographer must be maintained during the sequence and camera must stay in place.

**FsB-3 Head-Up Carving Sequence**

**Carve:**

- The Performer must start from a layout position in a head-up orientation, facing the Videographer.
- The Performer and Videographer must orbit 360° around an imaginary centre.

**Videograher Requirements:**

- Videographer must show the front of the Performer throughout the sequence.
- Videographer must show the image as if the Performer remains static with only the background moving.
- Videographer must be on the same level as the Performer throughout the sequence and show a portion of the ground within the video frame.
- Videographer must maintain the same distance from the Performer throughout the sequence.

**FREESTYLE B CATEGORY**

**SECOND COMPULSORY ROUND (ROUND 5)**

**FsB-4. Angle Flying with 360° Barrel Roll**

THIS COMPULSORY SEQUENCE MUST **NOT** BE THE FIRST ONE PERFORMED!

- Performer is in approximately 45° diagonal orientation with the head low.
- Performer must be in a layout position, without any bend at the waist, throughout the sequence.
- At the beginning and the end, the Performer must be facing upward.
- The Performer will make a 360° rotation on the Body Head-Tail axis while maintaining an approximately 45° diagonal orientation.

**Camera requirements:**

- Videographer must show Performer from his/her side.
- The video image must show the horizon, with the sky in the upper portion of the frame throughout the sequence.

**Judging guidelines:**

- When this Compulsory Sequence is performed first in the compulsory routine, the maximum score will be three.

**FsB-5 Head Up Straddle Spins**

**Straddle position:**

- A Straddle position in head-up orientation must be demonstrated prior to starting the rotation and after the rotation.

**Spins:**

- Performer is in straddle position, without any bend at the waist, in head-up orientation.
- Spins can be in either direction.
- The straddle must spin rapidly, with a minimum of two (2) pirouette rotations performed.

**Videographer requirements:**

- At the beginning and the end, the Videographer must show the front of the Performer.
- Videographer must be on the same level throughout the sequence.

**FsB-6 Flip Through Sequence**

- At the beginning, the Performer is in belly-down orientation.
- For a complete Flip Through, torso must roll through 360° while simultaneously turning through 360° horizontally.
- The torso must be belly-down at the start of the rotation, on its side when 90° of the turn is complete, on its back when 180° of the turn is complete, and on the other side when 270° of the turn is complete.
- Legs must remain together and straight.
- There must be at least an 160° angle between the front of the torso and the thighs throughout the sequence.
- The face must remain facing the Videographer (Performer looking into the camera lens) and maintain the same direction throughout all the rotations.
- Three complete rotations, without stopping, must be performed.

**Videographer requirements:**

- The image must be upright with the sky in the upper portion of the frame.
- Videographer must stay on the same level, remain in place and show the Performer from the front.

**END.**



*British Skydiving*  
*5 Wharf Way, Glen Parva*  
*Leicester, LE2 9TF*

*0116 278 5271*  
*[info@britishskydiving.org](mailto:info@britishskydiving.org)*  
*[britishskydiving.org](http://britishskydiving.org)*

## **ADDENDUM – A1**

### **FREESTYLE SKYDIVING COMPULSORY SEQUENCES**

### **PERFORMANCE REQUIREMENTS & JUDGEMENT CRITERIA**

#### **A & B Categories**

- The order in which these Compulsory Sequences can be performed is determined by the Team.
- Teams in all categories must submit the order of the Compulsory Sequences before the start of the competition to the Chief Judge. Freestyle A Category must also submit their chosen Max Values (see addendum D)
- Each Team must ensure that clothing and/or the camera do not hinder the ability for Judges to clearly see the performance requirements being met. (E.g. if Judges cannot see straight arms and/or legs then they may assume that the Performer does not have straight arms and/or legs).
- Toes must be pointed and knees must be straight, except as noted in descriptions. Otherwise, the maximum possible score for the Compulsory Sequence is 90% of the Max Value.
- The judging of each sequence begins when the Judges see the Team beginning the sequence from the described beginning position (after a transition from the previous move with or without a momentary stop).
- The judging of each sequence begins when the Judges see the Team beginning the sequence from the described beginning position (after a transition from the previous move with or without a momentary stop).
- The Videographer must maintain proximity to the Performer throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise.
- The video image must be upright with the sky in the upper portion of the frame throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise. Otherwise, the maximum possible score for the Compulsory Sequence is 70% of the Max Value.
- The definition of each body position is described in Addendum B.
- Youtube playlist for compulsories: <https://youtube.com/playlist?list=PLSLmrmjmQczovnpv8e3NngzAgK1LFeaMa>

## **FREESTYLE A CATEGORY**

### **FIRST COMPULSORY ROUND (ROUND 2)**

#### **FR-1 Eagle Sequence**

##### Half Eagle

- At the beginning, the Performer is in a head-down orientation.
- Legs must be in line with the torso (when viewed from the side).
- The Performer goes below the Videographer as the Videographer goes over the top, moving around an imaginary centre between them so that both end up in opposite positions and orientations than they originally began.
- The Eagle should be performed as one continuous movement.
- The Eagle must remain on the same heading.

##### Videographer requirements

- Videographer must show Performer from his/her front during the whole sequence.

**Max Value 3 pts: Half Eagle** is performed as described above.

##### **Max Value 7.5 pts: Full Eagle**

- Half Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.

**Max Value 10 pts: Full Eagle with Trick**

- Half Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.
- The Performer must perform a tight tuck front loop (trick) in the middle of the second part of the Eagle (when he/she is above the Videographer).
- Videographer must show Performer from his/her front during the whole sequence, with the exception of the full tight tuck front loop.

#### **Judging guidelines:**

- When the tuck is not tight for the front loop, 15% will be deducted.
- When the front of the Performer is not shown throughout the whole sequence (except for the front loop), 20% will be deducted.
- When the front loop is not performed above the Videographer in the middle of the second part of the Eagle, 15% will be deducted.

### **FR-2 Mixed Carve**

#### Carve

- At the beginning, the Performer must be in a head-down orientation, facing the Videographer. The Performer and Videographer must inface carve 180° around an imaginary centre, stop, then make a transition (presenting the side to the camera) to head-up outfacing through the belly-down orientation. (During the stop, the Performer makes a ¼ pirouette before and after the transition through the belly-down orientation.)
- In the head-up orientation, outfacing, the Performer then carves 180° in the opposite direction.

#### Videographer requirements

- Videographer must show the front of the Performer while the Performer is inface carving, and the back of the Performer while outface carving.
- While carving, the Videographer must show the image as if the Performer remains static with only the background moving.
- Videographer must be on the same level as the Performer (and show the Performer on the horizon) throughout the sequence.
- Videographer must maintain the same distance from the Performer throughout the sequence.

#### **Max Value 5 pts: Inface Carve with Switching Direction**

- At the beginning, the Performer must be in a head-down orientation, facing the Videographer.
- The Performer and Videographer must carve 180° around an imaginary centre, stop, and then inface carve 180° to the opposite direction.

#### **Max Value 7,5 pts: Mixed Carve**

- The Mixed carve is performed as described above.

#### **Max Value 10 pts: Layout Mixed Carve**

- The Mixed Carve is performed as described above, and:
- The Performer must maintain the layout position throughout the sequence.

#### **Judging guidelines**

- When the Performer is not in layout position when it is required, 30% will be deducted.
- If the Performer, during the outface carving, flies in a straight line instead of carving, 30% will be deducted.

### **FR-3 Rebound**

#### Rebound

- The Performer is in a head-down or angle back-flying orientation. Facing the videographer.
- The Performer travels over the Videographer to the belly-down orientation.
- After a momentary stop, the Performer travels over the Videographer, back to the original starting position.
- The performer must keep an eye contact with the videographer throughout the move.

#### Videographer requirements

- The camera shows the performer on the horizon at beginning, middle and the end of the move.

#### **Max Value 7.5 pts: Rebound**

- The move is performed as described above.

#### **Max Value 10 pts: Rebound with a roll**

- The move is performed as described in 7.5 points, but the performer does a belly-to-belly barrel-roll in the middle of the move, on the horizon. (Back Layout-Roll-Front Layout)

### **Judging guidelines**

- When the Performer loses eye contact, up to 10% will be deducted.

## **FR-4 Looping Sequence**

### **Back Layout Loops**

- Beginning is from a layout position in head-up orientation.
- Three (3) complete 360° layout back loop rotations, without stopping, must be performed.
- Looping movement must remain about a horizontal axis, without tilting or changing heading.
- Torso must be straight and legs in line with torso, without any bend at the waist.
- Videographer requirements
- Videographer must be on the same level with the Performer and show the Performer from his/her side at start of the sequence, must remain in place.

**Max Value 3 pts: Layout Back Loops** are performed as described above.

### **Max Value 7.5 pts: Layout Loops with Half Twist**

- First back loop is performed as described above.
- A half twist must be performed within and evenly executed throughout the second loop.
- After a momentary stop in the head-up orientation, a full front loop must be performed.

### **Max Value 10 pts: Layout Back Loops with Full Twist**

- Layout Back Loops are performed as described above but:
- A full twist must be performed within the second loop.
- Looping motion must be smooth.
- The sequence must end with a momentary stop, in a layout position in head-up orientation, on the same heading as the beginning.

### **Judging guidelines:**

- When the half or full twists are not performed within the second loop, 30% - 50% will be deducted.
- If there are stops between the loops, 15% will be deducted.
- If no momentary stop is shown at the end, the maximum score will be 95%

## **SECOND COMPULSORY ROUND (ROUND 5)**

### **FR-5 Reverse Eagle Sequence**

#### **Half Reverse Eagle**

- At the beginning, the Performer is in a head-up orientation, facing the camera
- The Performer goes below the Videographer as the Videographer goes over the top, moving around an imaginary centre between them so that both end up in opposite positions and orientations than they originally began.
- The Reverse Eagle should be performed as one continuous movement.
- The Reverse Eagle must remain on the same heading.

**Max Value 3 pts: Half Reverse Eagle** is performed as described above.

### **Max Value 7.5 pts: Full Reverse Eagle**

- Half Reverse Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.

### **Max Value 10 pts: Full Reverse Eagle in Layout Position**

- Half Reverse Eagle is performed as described above, then:
- The movement continues until the Performer and the Videographer end up in their relative beginning positions.
- Legs must be in line with the torso (when viewed from the side), with the knees straight, throughout the sequence. (The legs may be separated.)



## **FR-6 Angle Flying**

**THIS COMPULSORY SEQUENCE MUST NOT BE THE FIRST ONE PERFORMED!**

- Performer is flying at a minimum of 20° diagonally off vertical and horizontal compared to the horizon with the head low.
- Videographer must demonstrate an on-level position.

### **Max Value 3 pts: Angle Flying Pose**

- Performer is facing upward.
- This angle flying must be maintained for a minimum of three (3) seconds.
- Videographer must show Performer from his/her side throughout the sequence.

### **Max Value 5 pts: Angle Flying roll**

- The move is performed as described above.
- After 3 seconds of angle flying, The Performer will make a 180° rotation on the Body Head-Tail axis (Half a barrel roll into face-down) while maintaining the heading and the angle.
- Videographer maintains position and must show Performer from his/her side at the beginning and the end of the move.

### **Max Value 7,5 pts: Angle Flying with a flip**

- The performer is angle-flying on the belly, with the head low for minimum two (2) seconds.
- The performer does a front "flip" to head-up belly angle going the opposite direction.
- The performer holds the head-up belly angle for minimum two (2) seconds.
- Videographer must show Performer from his/her side throughout the sequence.

### **Max Value 10 pts: Layout Angle Flying with a flip**

- The move is performed as described in 7.5, but performer must maintain a layout position through the full sequence

### **Judging guidelines**

- When this Compulsory Sequence is performed first in the compulsory routine, 70% will be deducted.
- If the angle-flying is not held for a minimum of two (2) seconds at the beginning or end, 10% will be deducted. If not held for two (2) seconds at both the beginning and end, 20% will be deducted.

## **FR-7 Side Flying**

Rotating side pose

- At the beginning, the performer is on their side, with their legs together, facing the camera.
- While on their side, performing a 360 rotation (either forward or backwards).

Videographer requirements

- Videographer must be on the same level with the Performer
- Videographer must maintain the same distance from the Performer throughout the sequence.

### **Max Value 5 pts: Rotating side pose**

- The move is performed as described above.

### **Max Value 7.5 pts: Rotating layout side pose**

- The move is performed as described above.
- The performer must be in a layout position, without a bent in the waist/hips/knees, with their legs together.

### **Max Value 10 pts: Rotating layout side pose with a stop**

- A layout side rotation is performed as described above.
- At the end of the rotation, the performer must hold a side pose, in a layout position for two seconds

### **Judging guidelines**

- If the side pose is not held for a minimum of two (2) seconds at the end with the Videographer remaining in place, 15% will be deducted.

## **FR-8 Head-Up Straddle Spins**

- Performer is in straddle position, without any bend at the waist, in head-up orientation, with the toes pointed and the knees straight.
- Spins can be in either direction.

- At the beginning and end, the Performer must show a momentary stop in the Head-up Straddle.
- At the beginning and the end, the Videographer must show the front of the Performer

### **Max Value 3 pts: Head-Up Straddle Spins**

- The straddle must spin rapidly, with three pirouette rotations performed within five seconds from the start of the first rotation.
- Videographer must be on the same level throughout the sequence.

### **Max Value 5 pts: Head-Up Straddle Spins with Synchronised Carve**

- The straddle must spin rapidly, with three and a half (3.5) pirouette rotations performed within five seconds from the start of the first rotation.
- Synchronous with the Performers' rotations, the Videographer must carve 180° opposite the Performer's rotation.
- Videographer must be on the same level throughout the sequence.

### **Max Value 10 pts: Head-Up Straddle Spins with Half Eagle**

- The straddle must spin rapidly, with three and a half (3.5) pirouette rotations performed within five (5) seconds from the start of the first rotation.
- Synchronous with the Performers' rotations, the Videographer must perform a half Eagle passing under the Performer with half (180°) camera roll at the lowest point, the roll in the opposite direction as the Performer's rotation.
- At the end, the Videographer must be on the same level.

### **Judging guidelines**

- When the Videographer passing under the Performer, during the Half Eagle, makes the camera roll to the wrong direction, 30% will be deducted.
- When the Videographer is not passing directly under the Performer, during the Half Eagle, up to 30% will be deducted.
- When the legs are clearly not straddled at least 90° apart, 30% to 50% will be deducted.
- If there is a forward bend (i.e., torso is not vertical) at the waist/hips, 20% to 50% will be deducted.
- If the performer executed less than the required number of spins, 15% will be deducted for each missing spin.
- if no momentary stop is shown at the beginning **or** end, 5% will be deducted.
- If the stop is not shown at the beginning **and** end, 10% will be deducted.
- When the toes are not pointed and/or the knees are not straight, 10% will be deducted.

## **FREESTYLE B CATEGORY**

### **FIRST COMPULSORY ROUND (ROUND 2)**

#### **FsB-1 Back Loop Sequence**

##### **Back layout loop:**

- Start must be from a layout position in a head up orientation
- Torso must be straight and legs in line with the torso without any bend at the waist
- One complete 360° back layout rotation must be performed
- Loop must be about a horizontal axis without tilting or changing direction
- Looping motion must be smooth
- Entry into the tuck back loops shall be smooth and without any stopping

##### **Tucked back loops:**

- **Two** complete back loops must be performed in a tuck position.
- The second back loop must end in a head up straddle pose

##### **Videographer Requirements:**

- Camera must be on the same level and show the performer from his/her front at the start of the back layout rotation
- The same distance and level between performer and Videographer must be maintained

#### **FsB-2 Cartwheel Sequence**

##### **Cartwheel:**

- Beginning is a straddle position in head-up orientation.
- Torso must be straight, without any bend at the waist throughout the sequence.

- Head, shoulders and torso must be in line, facing the same direction throughout the Cartwheel (without any twist in the torso).
- The sequence must end in a straddle position in head-up orientation.
- One (1) complete 360° cartwheel rotation in the straddle position must be performed.
- The cartwheel can rotate in either direction.

**Videograher Requirements:**

- Camera must show Performer from his/her front at the start and end of the compulsory sequence.
- The same distance and level between Performer and Videographer must be maintained during the sequence and camera must stay in place.

**FsB-3 Head-Up Carving Sequence**

**Carve:**

- The Performer must start from a layout position in a head-up orientation, facing the Videographer.
- The Performer and Videographer must orbit 360° around an imaginary centre.

**Videograher Requirements:**

- Videographer must show the front of the Performer throughout the sequence.
- Videographer must show the image as if the Performer remains static with only the background moving.
- Videographer must be on the same level as the Performer throughout the sequence and show a portion of the ground within the video frame.
- Videographer must maintain the same distance from the Performer throughout the sequence.

**FREESTYLE B CATEGORY**

**SECOND COMPULSORY ROUND (ROUND 5)**

**FsB-4. Angle Flying with 360° Barrel Roll**

**THIS COMPULSORY SEQUENCE MUST NOT BE THE FIRST ONE PERFORMED!**

- Performer is in approximately 45° diagonal orientation with the head low.
- Performer must be in a layout position, without any bend at the waist, throughout the sequence.
- At the beginning and the end, the Performer must be facing upward.
- The Performer will make a 360° rotation on the Body Head-Tail axis while maintaining an approximately 45° diagonal orientation.

**Camera requirements:**

- Videographer must show Performer from his/her side.
- The video image must show the horizon, with the sky in the upper portion of the frame throughout the sequence.

**Judging guidelines:**

- When this Compulsory Sequence is performed first in the compulsory routine, the maximum score will be three.

**FsB-5 Head Up Straddle Spins**

**Straddle position:**

- A Straddle position in head-up orientation must be demonstrated prior to starting the rotation and after the rotation.

**Spins:**

- Performer is in straddle position, without any bend at the waist, in head-up orientation.
- Spins can be in either direction.
- The straddle must spin rapidly, with a minimum of two (2) pirouette rotations performed.

**Videographer requirements:**

- At the beginning and the end, the Videographer must show the front of the Performer.
- Videographer must be on the same level throughout the sequence.

**FsB-6 Flip Through Sequence**

- At the beginning, the Performer is in belly-down orientation.
- For a complete Flip Through, torso must roll through 360° while simultaneously turning through 360° horizontally.
- The torso must be belly-down at the start of the rotation, on its side when 90° of the turn is complete, on its back when 180° of the turn is complete, and on the other side when 270° of the turn is complete.
- Legs must remain together and straight.
- There must be at least an 160° angle between the front of the torso and the thighs throughout the sequence.
- The face must remain facing the Videographer (Performer looking into the camera lens) and maintain the same direction throughout all the rotations.
- Three complete rotations, without stopping, must be performed.

**Videographer requirements:**

- The image must be upright with the sky in the upper portion of the frame.
- Videographer must stay on the same level, remain in place and show the Performer from the front.

**END.**

**ADDENDUM – A2**  
**FREEFLYING COMPULSORY SEQUENCES**  
**PERFORMANCE REQUIREMENTS & JUDGEMENT**  
**CRITERIA**

- The order in which these Compulsory Sequences can be performed is determined by the Team.
- Teams in all categories must submit the order of the Compulsory Sequences before the start of the competition to the Chief Judge. Freely A Category must also submit their chosen Max Values (see addendum D)
- The face to face requirement means that the Performers must be with their heads at the same level and looking at each other.
- Being on the same level means that the centres of the bodies are at the same level.
- The judging of each sequence begins when the Judges see the Team beginning the sequence from the described beginning position (after a transition from the previous move with or without a momentary stop).
- The judging of each sequence ends when the Judges see the Team completes or abandons the performance requirements of that sequence.
- The Videographer must maintain a consistent distance from the Performers' centre point throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise.
- The video image must be upright with the sky in the upper portion of the frame throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise. Otherwise, the maximum possible score for the Compulsory Sequence is 70% of the Max Value.
- The definition of each body position is described in Addendum B.

**FREEFLY A CATEGORY**

**FIRST COMPULSORY ROUND (ROUND 2)**

**FF-1. 2-way Eagle**

Half Eagle

- One Performer is in a head-up orientation, the other in a head-down orientation, on level.
- The head-down Performer goes below the head-up Performer, as the head-up Performer goes over the top, moving around an imaginary centre between them so that they end up in opposite positions and orientations than they originally began.
- The Half Eagle should be performed as one continuous movement.
- The Half Eagle must remain on the same heading.

Videographer requirements

- The Videographer must show the Performers from the side.
- The Videographer must be on the same level with the Performers' centre point, throughout the sequence.

**Max Value 5 pts: 2-way Half Eagle**

- The move is performed as described above.

**Max Value 7,5 pts: 2-way Full Eagle**

- The move is performed as described above, then:
- The movement continues until the Performers end up in their relative beginning positions.
- The Full Eagle should be performed as one continuous movement.
- The Full Eagle must remain on the same heading.

### **Max Value 10 pts: 2-way Full Eagle with Synchronised Roll**

- The move is performed as described for 7,5 points and:
- The Videographer must make a synchronised roll with the Performers, showing an image as if the Performers remain static with only the background moving.

### **Judging guidelines**

- When the Videographer makes the roll in the wrong direction, 30% will be deducted.
- When the Full Eagle is not performed as one continuous movement, 20% will be deducted.

## **FF-2. Cat Barrel Roll**

### **Cat position**

- Both Performers are in belly-down orientation.
- One Performer has grips on the lower legs or feet of the other Performer, the right hand on the right lower leg/foot and the left hand on the left lower leg/foot.
- The upper legs should be in line with the torso.
- Both Performers simultaneously perform one full barrel roll along the same axis, maintaining the same heading.
- The barrel rolling can be in either direction.

### **Videographer requirements**

- At the beginning, the Videographer must be in line with the body Left-Right axes of the Performers showing a side of the Performers.
- Videographer must be on the same level as the Performers' centre point and remain in place throughout the sequence.

### **Max Value 5 pts: Single Cat Barrel Roll**

- The move is performed as described above.

### **Max Value 7,5 pts: Double Cat Barrel Roll**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.

### **Max Value 10 pts: Double Cat Barrel Roll in Layout Position**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.
- The Performers must maintain a layout position, without any bend at the waist, with the knees straight, throughout the entire sequence.

### **Judging guidelines**

- One or both grips in wrong location (i.e., not on lower leg/feet), 30% will be deducted.
- If the two (2) barrel rolls are not consecutive and smooth, 20% will be deducted.
- When one Performer is not in layout position when it is required, 25% will be deducted.
- When both Performers are not in layout position when it is required, 40% will be deducted.

## **FF-3. Head Up Grip Sequence**

- Both Performers are in head-up orientation.
- After making the required grip(s) both performers simultaneously release their grip(s)
- The distance between the Performers must remain the same during the sequence.

### **Max Value 3 pts: Head-Up Side-by-Side Grip 360°**

- At the beginning, both Performers are side-by-side. (Sit Position is allowed.)
- A hand-to-hand grip is taken (left-to-right hand or right-to-left hand).
- After grip release, both Performers simultaneously perform a 360° pirouette while remaining on the same level and retake the grip.
- Videographer must show the front of the Performers at the beginning, on the same level, stay on level and remain in place.

### **Max Value 5 pts: Head-Up Face-to-Face Grips 360°**

- At the beginning, both Performers are face-to-face. (Sit Position is allowed.)
- A double hand-to-hand grip is taken (left-to-right hand and right-to-left hand).

- After grip release, both Performers simultaneously perform a 360° pirouette while remaining on the same level.
- Both Performers retake both grips at the same time
- Videographer must show the side of the Performers at the beginning, on the same level, stay on level and remain in place.

**Max Value 7,5 pts: Stand-Up Side-by-Side Grip 360° - Layout Position**

- Both Performers must maintain the layout position throughout the entire sequence

**Max Value 10 pts: Stand-Up Face-to-Face Grips 360° - Layout Position**

- Both Performers must maintain the layout position throughout the entire sequence.

**Judging guidelines**

- \_Wrong body position (when not in layout position when it is required), 50% will be deducted.
- \_When double hand-to-hand grips are not taken simultaneously, 20% will be deducted.
- \_When only one (1) grip is taken when two (2) should be taken, 30% will be deducted.
- \_When any grip(s) is (are) not hand-to-hand, 30% will be deducted.

**FF-3. Side-by-Side Mixed Carve (Replacing FF-6 Peekaboo)**

**Max Value 5 pts: Mixed Carve**

Head-Up Carve

- At the beginning, both Performers must be in a head-up orientation, side by side, facing the Videographer. A hand-to-hand grip (left-to-right hand or right-to-left hand) is to be taken and maintained throughout the sequence.
- Both Performers start in face carving around the Videographer.
- A minimum of 180° of head-up in face carving must be performed.
- The carving orbits must be circular (not elliptical)

Transition to Head-Down Carve

- While maintaining the grip, the Performers make a half reverse eagle under the Videographer, to a Head-Down orientation.
- Synchronous with the Performers' half reverse eagle, the Videographer must perform a half eagle passing over the Performers with a half (180°) camera roll at the highest point to show an upright image after the transition.

Head-Down Carve

- Without stopping, both Performers continue to carve in a head-down orientation, side by side, facing the Videographer.
- If the Performers were head-up carving to their right, they must be head-down carving to their right, or vice versa.  
A minimum of 180° of head-down in face carving must be performed.

Videographer Requirements

- The Videographer must show the front of the Performers throughout the sequence.
- While carving, the Videographer must show an upright image as if the Performers remain static with only the background moving.
- Videographer must be on the same level as the Performers (and show the Performers on the horizon) throughout the sequence, except for the transition.

Videographer must maintain the same distance from the Performers throughout the sequence.

#### **Max Value 7.5 pts: Mixed Carve**

- The Mixed Carve is performed as described above and
- One Performer must show their back to the Videographer, throughout the sequence.
- The grip will be left-to-left hand or right-to-right hand.
- If the inface Performer was head up carving to their right, that inface Performer must be head-down carving to their right, or vice versa.

#### **Max Value 10 pts: Mixed Carve**

The Mixed Carve is performed as described for the Max Value 5 pts version and

- Both Performers must be outfacing, showing their backs to the Videographer, with their legs straight, throughout the sequence.

Judging guidelines

- If the legs are not straight, 20% will be deducted

## **SECOND COMPULSORY ROUND (ROUND 5)**

### **FF-5. Head Down Carve**

Head-Down Carve

- Both Performers are in head-down orientation, facing one another on the same level.
- Both Performers start carving around an imaginary centre between them.
- A minimum of 360° of carving must be performed by the Performers.
- The carving orbits must be ~~round~~ circular (not elliptical).
- The Performers must maintain the same distance from each other and remain facing one another during the sequence.

Videographer requirements

- Videographer must be carving around in the opposite direction of the Performers, maintaining the same distance and the same level.
- A minimum of 360° of carving must be performed by the Videographer, at the same angular speed as the Performers.
- Videographer must stay on the same level as the Performers.

#### **Max Value 3 pts: 360° Head-Down Carve**

- The move is performed as described above.

#### **Max Value 5 pts: Head-Down Carve with Carousel**

- Head-Down Carve is performed as described above and then a Carousel.
- Upon completing 360° of carving, the Performers, each perform an individual 360° Pirouette while arched at the hips.



- The Videographer must be stationary, showing the sides of the Performers at the beginning and end of the Carousel.

**Max Value 7,5 pts: Outface Head-Down Carve with Videographer Carving**

- Head-Down Carve is performed as described above, but outfacing (without a Carousel).
- Both Performers are in head-down orientation, outfacing with their backs to one another, and on the same level.
- A minimum of 720° of carving must be performed by the Performers.
- A minimum of 360° of carving must be performed by the Videographer.

**Max Value 10 pts: Outface Head-Down Layout Carve with Videographer Carving**

- Outface Head-Down Carve is performed as described above plus the following:
- Both Performers must be in a layout position, without any bend at the waist, with the knees straight throughout the sequence.

**FF-6. Angle Flying (New numbering)**

THIS COMPULSORY SEQUENCE MUST **NOT** BE THE FIRST ONE PERFORMED!

- Both Performers are flying at a minimum of 20° diagonally off vertical and horizontal compared to the horizon with their heads low.
- No grips
- The Videographer must demonstrate an on-level position.

**Max Value 3 pts: Angle Flying Pose**

- One Performer is facing upward, and the other Performer is facing downward, face-to-face, with their heads low.
- This angle flying must be maintained for a minimum of three (3) seconds.
- The Videographer must show the Performers from the side.
- The Videographer must show the horizon at an approximately 45° diagonal angle.

**Max Value 5 pts: Angle Flying with Synchronised Back Loops**

- At the beginning and the end, both Performers are side-by-side, facing upward, with their heads low.
- Both Performers must simultaneously perform a full back loop.
- The Videographer must show the front of the Performers from above.

**Max Value 7,5 pts: Angle Flying with a Loop (video on the front)**

- At the beginning, both Performers are angle flying side-by-side on the belly, with their heads low for a minimum two (2) seconds, facing the Videographer. The Videographer is back-flying in the same direction as the Performers.
- The Performers make a synchronised front loop to head high angle-flying on the belly travelling in the opposite direction. Synchronous with the Performers' front loop, the Videographer must pass underneath the Performers.
- At the end, both Performers are angle flying side-by-side on the belly, with the head high for a minimum of two (2) seconds, facing the Videographer. The Videographer is back-flying in the same direction as the Performers.
- The Videographer must show the Performers from their front at the beginning and at the end.

**Max Value 10 pts: Angle Flying with a Loop (video on the side)**

- At the beginning, both Performers are angle flying side-by-side on the belly, with their heads low for a minimum two (2) seconds.
- The Performers make a synchronised front loop to head high angle-flying on the belly travelling in the opposite direction.
- At the end, both Performers are angle flying side-by-side on the belly, with the head high for a minimum two (2) seconds.
- The Videographer must show both Performers from their side throughout the sequence.

**Judging guidelines**

- When this Compulsory Sequence is performed first in the compulsory routine, 70% will be deducted.
- If any grips are taken, 30% will be deducted.
- If the angle-flying is not held for a minimum of two (2) seconds at the beginning or end, 10% will be deducted. If not held for two (2) seconds at both the beginning and end, 20% will be deducted.

## **FF-7. Synchronised Back Layouts**

### Back Layouts

- Both Performers begin in layout position in head-up orientation, side- by -side, on the same level and heading.
- Both Performers simultaneously perform a full layout back loop.
- Looping motion must be smooth, around the same horizontal axis, without wobbling.
- Both Performers simultaneously end in head-up orientation, side- by- side, both facing the Videographer.
- Both Performers must be in a layout position throughout the sequence.

### Videographer requirements

- At the beginning, the Videographer must be in front of both Performers.
- Videographer must stay on the same level as the Performers' centre point and remain in place throughout the sequence.

### **Max Value 3 pts: Single Back Layout**

- The move is performed as described above.

### **Max Value 7.5 pts: Two (2) Back Layouts**

- Without stopping, both performers simultaneously perform a second full layout back loop.

### **Max Value 10 pts: Two (2) Back Layouts with Half Twist**

- Back layouts performed as described above.
- Without stopping, both Performers simultaneously perform a second full layout back loop with a half twist.
- The half twist must be performed within and evenly executed throughout the loop and performed in the same direction.
- Both Performers simultaneously end in head-up orientation, side by side, both facing away from the Videographer.

### **Judging guidelines**

- When each Performer is twisting in a different direction, 30% will be deducted.

## **FF-8. Rebound**

### **Max Value 5 pts: Half Linked Rebound**

- Both Performers are side-by-side in a head-down or angle back-flying orientation, facing the Videographer.
- A hand-to-hand grip (left hand of one Performer with the right hand of the other Performer or vice versa) is taken.

While maintaining the grip, the Performers travel make a half reverse eagle over the Videographer ("back layout") to the belly-down orientation and release the grip.

After a momentary stop in the belly-down orientation, the Performers then travel over the Videographer make a half eagle ("front layout") to a head-down or angle back-flying orientation, ending on the original heading in their original starting position.

- The Performers must maintain eye contact with the Videographer throughout the sequence.

### Videographer requirements

- The Videographer is facing the Performers and shows them on the horizon at the beginning, middle, and end of the sequence.

### **Max Value 7,5 pts: Linked Rebound**

The move is performed as described above, But the performers maintaining the grip throughout the sequence.

### **Max Value 7,5 pts: Linked Rebound**

The move is performed as described above, But the performers maintaining the grip throughout the sequence.

### **Max Value 10 pts: Linked Rebound with a Tucked Loop**

- Both Performers are side-by-side in a head-down or angle back-flying orientation, facing the Videographer.

- A hand-to-hand grip (left hand of one Performer with the right hand of the other Performer or vice versa) is taken and is **maintained throughout the sequence**.
- While maintaining the grip, the Performers make a half reverse eagle over the Videographer ("back layout") to the belly.
- Once on the belly, both Performers, while maintaining the grip, then make a half eagle ("front layout") back to their original starting position.
- The Performers must perform a linked tight tuck front loop (trick) in the middle of the linked half eagle ("front layout") (when they are above the Videographer).
- At the end, both Performers should be in their original starting position.

### **Judging guidelines**

- When the Performers lose eye contact (except for the trick), 20% will be deducted.
- When the tuck is not tight for the front loop, 15% will be deducted. (to be consistent with other judging guidelines on the trick)

## **FREEFLY INTERMEDIATE**

### **CATEGORY FIRST COMPULSORY ROUND (ROUND 2)**

#### **FFI-1. Turning Joker**

##### **Joker**

- One Performer is in a head-up orientation, the other in a head-down orientation, face to face.
- A right hand-to-right hand (or left hand-to-left hand) grip is taken and must be maintained during the entire sequence.
- The formation is rotated 180°, i.e. the Performers rotate to swap positions.

##### **Videographer requirements**

- The Videographer must show the Performers from the side.
- The Videographer must be on the same level with the Performers' centre point.

#### **FFI-2. Cat Barrel Roll**

##### **Cat position**

- Both Performers are in belly-down orientation.
- One Performer has grips on the lower legs of the other Performer, the right hand on the right lower leg or foot and the left hand on the left lower leg or foot.
- The upper legs should be in line with the torso.
- Both Performers simultaneously perform one full barrel roll along the same axis, maintaining the same heading.
- The barrel roll can be in either direction

##### **Videographer requirements**

- At the beginning, the Videographer must be in line with the body Left-Right axes of the Performers showing a side of the Performers.
- Videographer must be on the same level as the Performers' centre point and remain in place throughout the sequence.

**Max Value 5 pts: Cat Barrel Roll** is performed as described above.

#### **Max Value 7.5 pts: Double Cat Barrel Roll**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.

#### **Max Value 10 pts: Double Cat Barrel Roll in Layout Position**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.
- The Performers must maintain a layout position, without any bend at the waist, with the knees straight, throughout the entire sequence.

### **FFI-3. Totem**

#### Totem

- Both Performers are in head-up orientation, on the same heading.
- One Performer demonstrates a feet-to-shoulder dock, a separate foot on each side of the head of the lower Performer, without any additional grips.
- The left foot of the top Performer must be on the left shoulder of the lower Performer and the right foot of the top Performer must be on the right shoulder of the lower Performer.

#### Videographer requirements

- The Videographer must show the front of both Performers on level with the head of the lower Performer and remain in place throughout the sequence.



**Max Value 5 pts: Totem** is performed as described above.

#### **Max Value 7.5 pts: Layout Top Totem**

- Totem is performed as described plus the following:
- The Performer on the top must be in a layout position, without any bend at the waist, with the knees straight throughout the sequence.

#### **Max Value 10 pts: Layout Totem**

- Totem is performed as described plus the following:
- Both Performers must be in a layout position, without any bend at the waist, with the knees straight throughout the sequence.

## **CATEGORY SECOND COMPULSORY ROUND (ROUND 5)**

### **FFI-4. Full Eagle (Head-up)**

#### **Eagle**

- Both Performers are in head-up orientation, facing the Videographer, with a hand to hand grip.
- The Performers move over the Videographer, who simultaneously moves under.
- As the Performers and Videographer pass, each performs a 180° turn. (They will have effectively swapped positions).
- After a momentary stop, the Videographer then moves over the Performers, who simultaneously move under.
- As the Videographer and Performers pass, each performs a 180° turn. (They will have effectively swapped positions again).
- Performers must move in a controlled manner and at the same time.

### **FFI-5. Synchronised Back Layouts**

#### **Back Layouts**

- Both Performers begin in layout position in head-up orientation, side by side, on the same level and heading.
- Both Performers simultaneously perform a full layout back loop.
- Looping motion must be smooth, around the same horizontal axis, without wobbling.
- Both Performers simultaneously end in head-up orientation, side by side, both facing the Videographer.

#### **Videographer requirements**

- At the beginning, the Videographer must be in front of both Performers.
- Videographer must stay on the same level as the Performers' centre point and remain in place throughout the sequence.

### **FFI-6. Mixed Carve**

- One Performer is in head-down orientation, the other is in head-up orientation facing one another with heads on the same level.
- Both Performers start carving around an imaginary centre between them.

- 360° of carving must be performed by the Performers, (so they end in the start positions).
- The carving orbit must be circular (not elliptical).
- The Performers must maintain the same distance from each other and remain facing one another during the sequence.

#### **Videographer requirements**

- The Videographer must show the Performers from the side.
- The Videographer must be on the same level as the Performers.

## **FREEFLY B**

### **FIRST COMPULSORY ROUND (ROUND 2)**

#### **FFB-1 Synchronized Front Loop**

- At the beginning, both Performers are side-by-side in a sit position, facing the camera.
- Performers must be **unlinked** at all times during the sequence.
- Both Performers simultaneously perform one (1) synchronized Front loop.
- Performers end up in original positions, maintaining level with each other during the front loop.

**Videographer** must show the front of the Performers at the beginning, on the same level, stay on level and remain in place.

#### **FFB-2 Head-Up Grip Turns**

- At the beginning, both Performers are face-to-face in a head-up orientation (sit position allowed).
- A hand-to-hand grip is taken (left-to-right hand or right-to-left hand).
- After grip release, both performers simultaneously perform a 360° pirouette while remaining on the same level and retake the same grip.

**Videographer** must show the side of the Performers at the beginning, on the same level, stay on level and remain in place.

#### **FFB-3 Head Up Carve**

- At the beginning, both Performers are face-to-face in a head-up orientation (sit position allowed).
- Both Performers start carving around an imaginary centre between them.
- Both Performers must carve 360°, ending where they began.
- The Performers must maintain the same distance from each other and remain facing one another during the sequence.

**Videographer** must show the side of the Performers at the beginning and end, stay on level and remain in place

## SECOND COMPULSORY ROUND (ROUND 5)

### **FFB-4. Cat Barrel Roll**

- Both Performers are in belly-down orientation.
- One Performer has grips on the lower legs of the other Performer, the right hand on the right lower leg and the left hand on the left lower leg.
- The upper legs should be in line with the torso.
- Both Performers simultaneously perform one full barrel roll along the same axis, maintaining the same heading.
- The barrel rolling can be in either direction.

**Videographer** must show the side of the Performers at the beginning and end, stay on level and remain in place.

### **FFB-5. Angle Flying**

**THIS COMPULSORY SEQUENCE MUST NOT BE THE FIRST ONE PERFORMED!**

When this Compulsory Sequence is performed first in the compulsory routine, the maximum score will be three.

- Both Performers are in an approximately 45° diagonal orientation with their heads low.
- At the beginning, both Performers are facing downwards (belly-to-earth), in a layout position, without any significant bend at the waist.
- Performers take a hand-to-hand grip (left-to-right hand or right-to-left hand).
- Performers fly in a forward direction, in an approximately 45° diagonal orientation with their heads low, maintaining hand grip.
- This angle flying must be maintained for a minimum of 3 seconds.

**Videographer** must show the Performers and the hand grip during the whole of the sequence, from above or below, whichever position they prefer.

### **FFB-6. Head-Up Full Eagle**

Eagle

- At the beginning, both Performers are face-to-face in a head-up orientation (sit position allowed).
- One performer moves over the top of the other performer, who simultaneously moves under the other.
- As each performer passes under/over the other performer each performs a 180° turn. (Performers will have effectively swapped positions).
- After a momentary stop, each performer then repeats the sequence with the performer who moved over in the first move going under on the second move.
- Performers must move in a controlled manner and at the same time.

**Videographer** must show the side of the Performers at the beginning and end, stay on level and remain in place. (The performers will end in the same positions they started from.)

**ADDENDUM – A2**  
**FREEFLYING COMPULSORY SEQUENCES**  
**PERFORMANCE REQUIREMENTS & JUDGEMENT**  
**CRITERIA**

- The order in which these Compulsory Sequences can be performed is determined by the Team.
- Teams in all categories must submit the order of the Compulsory Sequences before the start of the competition to the Chief Judge. Freely A Category must also submit their chosen Max Values (see addendum D)
- The face to face requirement means that the Performers must be with their heads at the same level and looking at each other.
- Being on the same level means that the centres of the bodies are at the same level.
- The judging of each sequence begins when the Judges see the Team beginning the sequence from the described beginning position (after a transition from the previous move with or without a momentary stop).
- The judging of each sequence ends when the Judges see the Team completes or abandons the performance requirements of that sequence.
- The Videographer must maintain a consistent distance from the Performers' centre point throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise.
- The video image must be upright with the sky in the upper portion of the frame throughout each Compulsory Sequence, except where the Sequence description specifically prescribes otherwise. Otherwise, the maximum possible score for the Compulsory Sequence is 70% of the Max Value.
- The definition of each body position is described in Addendum B.

**FREEFLY A CATEGORY**

**FIRST COMPULSORY ROUND (ROUND 2)**

**FF-1. 2-way Eagle**

Half Eagle

- One Performer is in a head-up orientation, the other in a head-down orientation, on level.
- The head-down Performer goes below the head-up Performer, as the head-up Performer goes over the top, moving around an imaginary centre between them so that they end up in opposite positions and orientations than they originally began.
- The Half Eagle should be performed as one continuous movement.
- The Half Eagle must remain on the same heading.

Videographer requirements

- The Videographer must show the Performers from the side.
- The Videographer must be on the same level with the Performers' centre point, throughout the sequence.

**Max Value 5 pts: 2-way Half Eagle**

- The move is performed as described above.

**Max Value 7,5 pts: 2-way Full Eagle**

- The move is performed as described above, then:
- The movement continues until the Performers end up in their relative beginning positions.
- The Full Eagle should be performed as one continuous movement.
- The Full Eagle must remain on the same heading.

### **Max Value 10 pts: 2-way Full Eagle with Synchronised Roll**

- The move is performed as described for 7,5 points and:
- The Videographer must make a synchronised roll with the Performers, showing an image as if the Performers remain static with only the background moving.

### **Judging guidelines**

- When the Videographer makes the roll in the wrong direction, 30% will be deducted.
- When the Full Eagle is not performed as one continuous movement, 20% will be deducted.

## **FF-2. Cat Barrel Roll**

### **Cat position**

- Both Performers are in belly-down orientation.
- One Performer has grips on the lower legs or feet of the other Performer, the right hand on the right lower leg/foot and the left hand on the left lower leg/foot.
- The upper legs should be in line with the torso.
- Both Performers simultaneously perform one full barrel roll along the same axis, maintaining the same heading.
- The barrel rolling can be in either direction.

### **Videographer requirements**

- At the beginning, the Videographer must be in line with the body Left-Right axes of the Performers showing a side of the Performers.
- Videographer must be on the same level as the Performers' centre point and remain in place throughout the sequence.

### **Max Value 5 pts: Single Cat Barrel Roll**

- The move is performed as described above.

### **Max Value 7,5 pts: Double Cat Barrel Roll**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.

### **Max Value 10 pts: Double Cat Barrel Roll in Layout Position**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.
- The Performers must maintain a layout position, without any bend at the waist, with the knees straight, throughout the entire sequence.

### **Judging guidelines**

- One or both grips in wrong location (i.e., not on lower leg/feet), 30% will be deducted.
- If the two (2) barrel rolls are not consecutive and smooth, 20% will be deducted.
- When one Performer is not in layout position when it is required, 25% will be deducted.
- When both Performers are not in layout position when it is required, 40% will be deducted.

## **FF-3. Head Up Grip Sequence**

- Both Performers are in head-up orientation.
- After making the required grip(s) both performers simultaneously release their grip(s)
- The distance between the Performers must remain the same during the sequence.

### **Max Value 3 pts: Head-Up Side-by-Side Grip 360°**

- At the beginning, both Performers are side-by-side. (Sit Position is allowed.)
- A hand-to-hand grip is taken (left-to-right hand or right-to-left hand).
- After grip release, both Performers simultaneously perform a 360° pirouette while remaining on the same level and retake the grip.
- Videographer must show the front of the Performers at the beginning, on the same level, stay on level and remain in place.

### **Max Value 5 pts: Head-Up Face-to-Face Grips 360°**

- At the beginning, both Performers are face-to-face. (Sit Position is allowed.)
- A double hand-to-hand grip is taken (left-to-right hand and right-to-left hand).



- After grip release, both Performers simultaneously perform a 360° pirouette while remaining on the same level.
- Both Performers retake both grips at the same time
- Videographer must show the side of the Performers at the beginning, on the same level, stay on level and remain in place.

**Max Value 7,5 pts: Stand-Up Side-by-Side Grip 360° - Layout Position**

- Both Performers must maintain the layout position throughout the entire sequence

**Max Value 10 pts: Stand-Up Face-to-Face Grips 360° - Layout Position**

- Both Performers must maintain the layout position throughout the entire sequence.

**Judging guidelines**

- \_Wrong body position (when not in layout position when it is required), 50% will be deducted.
- \_When double hand-to-hand grips are not taken simultaneously, 20% will be deducted.
- \_When only one (1) grip is taken when two (2) should be taken, 30% will be deducted.
- \_When any grip(s) is (are) not hand-to-hand, 30% will be deducted.

**FF-4 Side-by-Side Mixed Carve (Replacing FF-6**

**Peekaboo)**

**Max Value 5 pts: Inface Mixed Carve**

**Head-Up Carve**

- At the beginning, both Performers must be in a head-up orientation, side by side, facing the Videographer. A hand-to-hand grip (left-to-right hand or right-to-left hand) is to be taken and maintained throughout the sequence.
- Both Performers start inface carving around the Videographer.
- A minimum of 180° of head-up inface carving must be performed.
- The carving orbits must be circular (not elliptical).

**Transition to Head-Down Carve**

- While maintaining the grip, the Performers make a half reverse eagle under the Videographer, to a Head-Down orientation.
- Synchronous with the Performers' half reverse eagle, the Videographer must perform a half eagle passing over the Performers with a half (180°) camera roll at the highest point to show an upright image after the transition.

**Head-Down Carve**

- Without stopping, both Performers continue to carve in a head-down orientation, side by side, facing the Videographer.
- If the Performers were head-up carving to their right, they must be head-down carving to their right, or vice versa.
- A minimum of 180° of head-down inface carving must be performed.

**Videographer requirements**

- The Videographer must show the front of the Performers throughout the sequence.
- While carving, the Videographer must show an upright image as if the Performers remain static with only the background moving.
- Videographer must be on the same level as the Performers (and show the Performers on the horizon) throughout the sequence, except for the transition.
- Videographer must maintain the same distance from the Performers throughout the sequence.

**Max Value 7,5 pts: Inface/Outface Mixed Carve**

- The Mixed Carve is performed as described above, but:
- One Performer must show their back to the

Videographer, throughout the sequence.

- The grip will be left-to-left hand or right-to-right hand.
- If the inface Performer was headup carving to their right, that inface Performer must be head-down carving to their right, or vice versa.

Max Value 10 pts: Outface Mixed Carve

The Mixed Carve is performed as described for the Max Value 5 pts version, but:

Both Performers must be outfacing, showing their backs to the Videographer, with their legs straight throughout the sequence

Judging guidelines

- If the legs are not straight, 20% will be deducted

## SECOND COMPULSORY ROUND (ROUND 5)

### FF-5. Head Down Carve

Head-Down Carve

- Both Performers are in head-down orientation, facing one another on the same level.
- Both Performers start carving around an imaginary centre between them.
- A minimum of 360° of carving must be performed by the Performers.
- The carving orbits must be ~~round~~ circular (not elliptical).
- The Performers must maintain the same distance from each other and remain facing one another during the sequence.

Videographer requirements

- Videographer must be carving around in the opposite direction of the Performers, maintaining the same distance and the same level.
- A minimum of 360° of carving must be performed by the Videographer, at the same angular speed as the Performers.
- Videographer must stay on the same level as the Performers.

**Max Value 3 pts: 360° Head-Down Carve**

- The move is performed as described above.

**Max Value 5 pts: Head-Down Carve with Carousel**

- Head-Down Carve is performed as described above and then a Carousel.
- Upon completing 360° of carving, the Performers, each perform an individual 360° Pirouette while arched at the hips.
- The Videographer must be stationary, showing the sides of the Performers at the beginning and end of the Carousel.

**Max Value 7,5 pts: Outface Head-Down Carve with Videographer Carving**

- Head-Down Carve is performed as described above, but outfacing (without a Carousel).
- Both Performers are in head-down orientation, outfacing with their backs to one another, and on the same level.
- A minimum of 720° of carving must be performed by the Performers.
- A minimum of 360° of carving must be performed by the Videographer.

**Max Value 10 pts: Outface Head-Down Layout Carve with Videographer Carving**

- Outface Head-Down Carve is performed as described above plus the following:
- Both Performers must be in a layout position, without any bend at the waist, with the knees straight throughout the sequence.

## **FF-6. Angle Flying (New numbering)**

### **THIS COMPULSORY SEQUENCE MUST NOT BE THE FIRST ONE PERFORMED!**

- Both Performers are flying at a minimum of 20° diagonally off vertical and horizontal compared to the horizon with their heads low.
- No grips
- The Videographer must demonstrate an on-level position.

### **Max Value 3 pts: Angle Flying Pose**

- One Performer is facing upward, and the other Performer is facing downward, face-to-face, with their heads low.
- This angle flying must be maintained for a minimum of three (3) seconds.
- The Videographer must show the Performers from the side.
- The Videographer must show the horizon at an approximately 45° diagonal angle.

### **Max Value 5 pts: Angle Flying with Synchronised Back Loops**

- At the beginning and the end, both Performers are side-by-side, facing upward, with their heads low.
- Both Performers must simultaneously perform a full back loop.
- The Videographer must show the front of the Performers from above.

### **Max Value 7,5 pts: Angle Flying with a Loop (video on the front)**

- At the beginning, both Performers are angle flying side-by-side on the belly, with their heads low for a minimum two (2) seconds, facing the Videographer. The Videographer is back-flying in the same direction as the Performers.
- The Performers make a synchronised front loop to head high angle-flying on the belly travelling in the opposite direction. Synchronous with the Performers' front loop, the Videographer must pass underneath the Performers.
- At the end, both Performers are angle flying side-by-side on the belly, with the head high for a minimum of two (2) seconds, facing the Videographer. The Videographer is back-flying in the same direction as the Performers.
- The Videographer must show the Performers from their front at the beginning and at the end.

### **Max Value 10 pts: Angle Flying with a Loop (video on the side)**

- At the beginning, both Performers are angle flying side-by-side on the belly, with their heads low for a minimum two (2) seconds.
- The Performers make a synchronised front loop to head high angle-flying on the belly travelling in the opposite direction.
- At the end, both Performers are angle flying side-by-side on the belly, with the head high for a minimum two (2) seconds.
- The Videographer must show both Performers from their side throughout the sequence.

### **Judging guidelines**

- When this Compulsory Sequence is performed first in the compulsory routine, 70% will be deducted.
- If any grips are taken, 30% will be deducted.
- If the angle-flying is not held for a minimum of two (2) seconds at the beginning or end, 10% will be deducted. If not held for two (2) seconds at both the beginning and end, 20% will be deducted.

## **FF-7. Synchronised Back Layouts**

### **Back Layouts**

- Both Performers begin in layout position in head-up orientation, side-by-side, on the same level and heading.
- Both Performers simultaneously perform a full layout back loop.
- Looping motion must be smooth, around the same horizontal axis, without wobbling.
- Both Performers simultaneously end in head-up orientation, side-by-side, both facing the Videographer.
- Both Performers must be in a layout position throughout the sequence.

### **Videographer requirements**

- At the beginning, the Videographer must be in front of both Performers.
- Videographer must stay on the same level as the Performers' centre point and remain in place throughout the sequence.

### **Max Value 3 pts: Single Back Layout**

- The move is performed as described above.

### **Max Value 7.5 pts: Two (2) Back Layouts**

- Without stopping, both performers simultaneously perform a second full layout back loop.

### **Max Value 10 pts: Two (2) Back Layouts with Half Twist**

- Back layouts performed as described above.
- Without stopping, both Performers simultaneously perform a second full layout back loop with a half twist.
- The half twist must be performed within and evenly executed throughout the loop and performed in the same direction.
- Both Performers simultaneously end in head-up orientation, side by side, both facing away from the Videographer.

### **Judging guidelines**

- When each Performer is twisting in a different direction, 30% will be deducted.

## **FF-8. Rebound**

### **Max Value 5 pts: Half Linked Rebound**

- Both Performers are side-by-side in a head-down or angle back-flying orientation, facing the Videographer.
- A hand-to-hand grip (left hand of one Performer with the right hand of the other Performer or vice versa) is taken.

While maintaining the grip, the Performers travel make a half reverse eagle over the Videographer ("back layout") to the belly-down orientation and release the grip.

After a momentary stop in the belly-down orientation, the Performers then travel over the Videographer make a half eagle ("front layout") to a head-down or angle back-flying orientation, ending on the original heading in their original starting position.

- The Performers must maintain eye contact with the Videographer throughout the sequence.

### Videographer requirements

- The Videographer is facing the Performers and shows them on the horizon at the beginning, middle, and end of the sequence.

### **Max Value 7,5 pts: Linked Rebound**

The move is performed as described above, But the performers maintaining the grip throughout the sequence.

### **Max Value 7,5 pts: Linked Rebound**

The move is performed as described above, But the performers maintaining the grip throughout the sequence.

### **Max Value 10 pts: Linked Rebound with a Tucked Loop**

- Both Performers are side-by-side in a head-down or angle back-flying orientation, facing the Videographer.
- A hand-to-hand grip (left hand of one Performer with the right hand of the other Performer or vice versa) is taken and is **maintained throughout the sequence**.
- While maintaining the grip, the Performers make a half reverse eagle over the Videographer ("back layout") to the belly.
- Once on the belly, both Performers, while maintaining the grip, then make a half eagle ("front layout") back to their original starting position.
- The Performers must perform a linked tight tuck front loop (trick) in the middle of the linked half eagle ("front layout") (when they are above the Videographer).
- At the end, both Performers should be in their original starting position.

### **Judging guidelines**

- When the Performers lose eye contact (except for the trick), 20% will be deducted.
- When the tuck is not tight for the front loop, 15% will be deducted. (to be consistent with other judging guidelines on the trick)

# FREELY INTERMEDIATE

## CATEGORY FIRST COMPULSORY ROUND (ROUND 2)

### FFI-1. Turning Joker

#### **Joker**

- One Performer is in a head-up orientation, the other in a head-down orientation, face to face.
- A right hand-to-right hand (or left hand-to-left hand) grip is taken and must be maintained during the entire sequence.
- The formation is rotated 180°, i.e. the Performers rotate to swap positions.

#### **Videographer requirements**

- The Videographer must show the Performers from the side.
- The Videographer must be on the same level with the Performers' centre point.

### FFI-2. Cat Barrel Roll

#### **Cat position**

- Both Performers are in belly-down orientation.
- One Performer has grips on the lower legs of the other Performer, the right hand on the right lower leg or foot and the left hand on the left lower leg or foot.
- The upper legs should be in line with the torso.
- Both Performers simultaneously perform one full barrel roll along the same axis, maintaining the same heading.
- The barrel roll can be in either direction

#### **Videographer requirements**

- At the beginning, the Videographer must be in line with the body Left-Right axes of the Performers showing a side of the Performers.
- Videographer must be on the same level as the Performers' centre point and remain in place throughout the sequence.

**Max Value 5 pts: Cat Barrel Roll** is performed as described above.

#### **Max Value 7.5 pts: Double Cat Barrel Roll**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.

#### **Max Value 10 pts: Double Cat Barrel Roll in Layout Position**

- Cat Barrel Roll is performed as described but with two rolls
- Both Performers simultaneously perform two consecutive full barrel rolls, without stopping, along the same axis, maintaining the same heading.
- The Performers must maintain a layout position, without any bend at the waist, with the knees straight, throughout the entire sequence.

### FFI-3. Totem

#### **Totem**

- Both Performers are in head-up orientation, on the same heading.
- One Performer demonstrates a feet-to-shoulder dock, a separate foot on each side of the head of the lower Performer, without any additional grips.
- The left foot of the top Performer must be on the left shoulder of the lower Performer and the right foot of the top Performer must be on the right shoulder of the lower Performer.

#### **Videographer requirements**

- The Videographer must show the front of both Performers on level with the head of the lower Performer and remain in place throughout the sequence.

□

**Max Value 5 pts: Totem** is performed as described above.

**Max Value 7.5 pts: Layout Top Totem**

- Totem is performed as described plus the following:
- The Performer on the top must be in a layout position, without any bend at the waist, with the knees straight throughout the sequence.

**Max Value 10 pts: Layout Totem**

- Totem is performed as described plus the following:
- Both Performers must be in a layout position, without any bend at the waist, with the knees straight throughout the sequence.

**CATEGORY SECOND COMPULSORY ROUND (ROUND 5)****FFI-4. Full Eagle (Head-up)****Eagle**

- Both Performers are in head-up orientation, facing the Videographer, with a hand to hand grip.
- The Performers move over the Videographer, who simultaneously moves under.
- As the Performers and Videographer pass, each performs a 180° turn. (They will have effectively swapped positions).
- After a momentary stop, the Videographer then moves over the Performers, who simultaneously move under.
- As the Videographer and Performers pass, each performs a 180° turn. (They will have effectively swapped positions again).
- Performers must move in a controlled manner and at the same time.

**FFI-5. Synchronised Back Layouts****Back Layouts**

- Both Performers begin in layout position in head-up orientation, side by side, on the same level and heading.
- Both Performers simultaneously perform a full layout back loop.
- Looping motion must be smooth, around the same horizontal axis, without wobbling.
- Both Performers simultaneously end in head-up orientation, side by side, both facing the Videographer.

**Videographer requirements**

- At the beginning, the Videographer must be in front of both Performers.
- Videographer must stay on the same level as the Performers' centre point and remain in place throughout the sequence.

**FFI-6. Mixed Carve**

- One Performer is in head-down orientation, the other is in head-up orientation facing one another with heads on the same level.
- Both Performers start carving around an imaginary centre between them.
- 360° of carving must be performed by the Performers, (so they end in the start positions).
- The carving orbit must be circular (not elliptical).
- The Performers must maintain the same distance from each other and remain facing one another during the sequence.

**Videographer requirements**

- The Videographer must show the Performers from the side.
- The Videographer must be on the same level as the Performers.

## FIRST COMPULSORY ROUND (ROUND 2)

### FFB-1 Synchronized Front Loop

- At the beginning, both Performers are side-by-side in a sit position, facing the camera.
- Performers must be **unlinked** at all times during the sequence.
- Both Performers simultaneously perform one (1) synchronized Front loop.
- Performers end up in original positions, maintaining level with each other during the front loop.

**Videographer** must show the front of the Performers at the beginning, on the same level, stay on level and remain in place.

### FFB-2 Head-Up Grip Turns

- At the beginning, both Performers are face-to-face in a head-up orientation (sit position allowed).
- A hand-to-hand grip is taken (left-to-right hand or right-to-left hand).
- After grip release, both performers simultaneously perform a 360° pirouette while remaining on the same level and retake the same grip.

**Videographer** must show the side of the Performers at the beginning, on the same level, stay on level and remain in place.

### FFB-3 Head Up Carve

- At the beginning, both Performers are face-to-face in a head-up orientation (sit position allowed).
- Both Performers start carving around an imaginary centre between them.
- Both Performers must carve 360°, ending where they began.
- The Performers must maintain the same distance from each other and remain facing one another during the sequence.

**Videographer** must show the side of the Performers at the beginning and end, stay on level and remain in place

## SECOND COMPULSORY ROUND (ROUND 5)

### **FFB-4. Cat Barrel Roll**

- Both Performers are in belly-down orientation.
- One Performer has grips on the lower legs of the other Performer, the right hand on the right lower leg and the left hand on the left lower leg.
- The upper legs should be in line with the torso.
- Both Performers simultaneously perform one full barrel roll along the same axis, maintaining the same heading.
- The barrel rolling can be in either direction.

**Videographer** must show the side of the Performers at the beginning and end, stay on level and remain in place.

### **FFB-5. Angle Flying**

**THIS COMPULSORY SEQUENCE MUST NOT BE THE FIRST ONE PERFORMED!**

When this Compulsory Sequence is performed first in the compulsory routine, the maximum score will be three.

- Both Performers are in an approximately 45° diagonal orientation with their heads low.
- At the beginning, both Performers are facing downwards (belly-to-earth), in a layout position, without any significant bend at the waist.
- Performers take a hand-to-hand grip (left-to-right hand or right-to-left hand).
- Performers fly in a forward direction, in an approximately 45° diagonal orientation with their heads low, maintaining hand grip.
- This angle flying must be maintained for a minimum of 3 seconds.

**Videographer** must show the Performers and the hand grip during the whole of the sequence, from above or below, whichever position they prefer.

### **FFB-6. Head-Up Full Eagle**

Eagle

- At the beginning, both Performers are face-to-face in a head-up orientation (sit position allowed).
- One performer moves over the top of the other performer, who simultaneously moves under the other.
- As each performer passes under/over the other performer each performs a 180° turn. (Performers will have effectively swapped positions).
- After a momentary stop, each performer then repeats the sequence with the performer who moved over in the first move going under on the second move.
- Performers must move in a controlled manner and at the same time.

**Videographer** must show the side of the Performers at the beginning and end, stay on level and remain in place. (The performers will end in the same positions they started from.)



## ADDENDUM – C DIFFICULTY

'Difficulty' is the combined result of several factors. Moves are classified from very easy to very difficult. The overall performance of the jumps (poses, moves and transitions) counts for difficulty. In general, difficulty factors are:

Easy	Difficult
Large support base	Small support base
Rotations on 1 axis	Rotations on >1 axis (in which use of 3 axes is more difficult than use of 2 axes)
Transitions between moves with the same axes	Transitions between moves with different axes
Single spins in loops	Multiple spins in loops
Single moves	Consecutive moves
No direction change	Reversal of direction
No synchronization with Videographer	Moves synchronised with Videographer
Eye contact	No eye contact

According to this list of difficulty factors, the following are **examples** only of the grading:

Freeflying					
Manoeuvres	Very easy	Easy	Moderate	Difficult	Very difficult
Carving head down	In-face	In-face with snake (direction change) or tricks	One Performer In-face, the other out-face; In-face with snakes (direction changes) and/or tricks; out-face	Mixed or out-face with snakes (direction changes) and/or tricks; Sideflying	
Carving head up			In-face	In-face with grip and/or tricks; In-face/Out-face	In-face/Out-face with snakes (direction changes) and/or tricks; Out-face
Eagles	Half	Full; Half with one Performer reverse	Full with one Performer reverse; Full with tricks, spins; Half reverse	Full reverse; Full with one Performer reverse with tricks, spins	Full reverse with tricks, spins
Eagles on Angle		Half	Full	Full with tricks	
Synchronised moves	Tucked back/front loop	Layout loop	Layout loops with half twist	Layout loops with full twist	Layout loops with multiple twists
Angle Head-Down	Side-by-side, background is still	Side-by-side, background is moving	Side-by-side in a different orientation, background is moving	Slot swapping/rolls while background is moving, side flying	Cork screwing in sync with camera including tricks/rolls/spins; Side flying with tricks
Angle Head-Up			facing each other	side-by-side	Feet first with tricks/rolls/spins; side flying
Vertical	Double spock Compress Totem Double joker Double grip vice-versa	Sole-to-sole Vertical compressed rotations Double grips Head Up Surf	Double joker reverse Head-to-head Vertical compressed switch Totem rotation	Head-to-head rotation Double Sole-to-sole Sole-to-sole rotation	
Belly-down/back-down position	Cat Star Compressed	Brouette Cat barrel roll	Interlock (leg lock)	breakers	

Videographer flying	Static	Motion with no interaction with Performers	Continuous motion in the same axis, Direction switches	Continuous motion while moving from one axis to another	Maintaining framing while transitioning on an angle, Continuous motion
---------------------	--------	--	--	---	--

According to this list of difficulty factors, the following are examples only of the grading:

Freestyle Skydiving				
Very easy	Easy	Moderate	Difficult	Very difficult
F/B tuck loop F/B LO loop	F/B LO 0.5 twist	F/B LO 1 twist LO Cartwheel 0.5 twist LO Cartwheel	F/B LO 1.5 twist LO Cartwheel 1 twist Consecutive full twists	F/B LO 2 or more twists LO Cartwheel 1.5 or more twists Consecutive double twists
Straddle Standup	Straddle headstand	Straddle Cartwheel, Straddle headstand pirouette, Swan (headstand with legs straight and together, with a straight body)	Swan spin	Head-down spin with legs at 90° (Pike)
Flip through		Thomas Flair		
Symmetrical head-up poses (i.e. Standup, V-Seat, Straddle Seat, Sifly)	Daffy headstand, Daffy switch, Daffy swivel, Daffy reverse Head-down carve Head-up carve	Compass switch, Compass swivel, Compass illusion, Compass inversion, Billman, Helicopter	Swan pirouette, Helix spin, Stag LO 1 twist, Eouzan	Blind carving with 360° pirouette inside the carve
Tee Tee reverse Tee switch Tee swivel Pinwheel	Back-down Tee, Propeller, Arabian	Stag kick pirouettes, Stag spin	Robin Spin	Fast Robin Spins (2 or more) with quick stop
		Pike backstop	Cele (continuous back loop, tuck position + at least 1 twist in each loop)	Double Cele (continuous back loop, tuck position + double twist in each loop)
	Half Eagle	Half Eagle + tricks, Full Eagle, Half Reverse Eagle	Half Reverse Eagle + tricks, Full Reverse Eagle, Full Eagle + tricks	Full Blind Eagle, Full Reverse Eagle with tricks, Half Eagle with Breaker

No stops are allowed between (part of) twists or these parts will be valued as single twisting moves.

**Switch:** A simultaneous change of the legs of the leg position (left to right, front to back, up to down) while maintaining the same body position and orientation.

**Swivel:** A transition between similar positions, but on opposite legs, while keeping the legs in approximately the same place. For example, a daffy swivel might start in a right daffy (right leg forward), and then you twist your upper body 180° over your legs, such that you end up in a left daffy, facing 180° away from where you started.

**Illusion:** An upward transition where only the orientation changes while maintaining the same body position, (for example from a Tee to a Compass while holding the legs in place and rotating the torso over the legs).

**Inversion:** A downward transition where only the orientation changes while maintaining the same body position, (for example from a Compass to a Tee while holding the legs in place and rotating the torso over the legs).



**British Skydiving**  
 5 Wharf Way, Glen Parva  
 Leicester, LE2 9TF  
 0116 278 5271  
[info@britishskydiving.org](mailto:info@britishskydiving.org)  
[britishskydiving.org](http://britishskydiving.org)

**ADDENDUM – D**  
**ROUTINE DESCRIPTIONS – A CATEGORIES**

Teams are requested to deliver a description of their Free Routine(s) and the order of the Compulsory Sequences (for both Compulsory Rounds) using this proforma to the Chief Judge before the start of the official training jumps.

Team Name				
Please indicate the event <i>(circle as appropriate)</i>	<b>FREESTYLE A</b>	<b>FREELY A</b>		
First Compulsory Round: ROUND 2 <i>(FR-1 through FR-4, or FF -1 through FF-4)</i>				
Compulsory Sequence Max Value: %				

Second Compulsory Round: ROUND 5 <i>(FR-5 through FR-8, or FF -5 through FF-8)</i>				
Compulsory Sequence Max Value: %				

The Free Routine List of elements covers the following rounds <i>(circle as appropriate)</i>	<b>ALL</b> or	<b>1</b>	<b>3</b>	<b>4</b>	<b>6</b>	<b>7</b>
--	---------------	----------	----------	----------	----------	----------

	Name of move / sequence	Difficulty (very easy, easy, moderate, difficult, very difficult) See Addendum C
1		
2		
3		
4		
5		
6		
7		
8		

Continue overleaf if need be

## ROUTINE DESCRIPTION –INTERMEDIATE CATEGORY

Teams are requested to deliver a description of their Free Routine(s) and the order of the Compulsory Sequences (for both Compulsory Rounds) using this proforma to the Chief Judge before the start of the official training jumps.

Team Name			
<b>FREEFLY INTERMEDIATE</b>			
First Compulsory Round: ROUND 2 <i>(FsB-1, FsB-2, FsB-3, or FFB-1, FFB-2, FFB-3)</i>  Max Value (if applicable)			
Second Compulsory Round: ROUND 5 <i>(FsB-3, FsB-4, FsB-5, or FFB-4, FFB-5, FFB-6)</i>  Max Value (if applicable)			
The Free Routine List of elements covers the following rounds <i>(circle as appropriate)</i>	<b>ALL</b>	<b>or</b>	<b>1      3      4</b>

	Name of move / sequence
1	
2	
3	
4	
5	
6	
7	
8	

## ROUTINE DESCRIPTION –B CATEGORIES

Teams are requested to deliver a description of their Free Routine(s) and the order of the Compulsory Sequences (for both Compulsory Rounds) using this proforma to the Chief Judge before the start of the official training jumps.

Team Name			
Please indicate the event <i>(circle as appropriate)</i>	<b>FREESTYLE B</b>	<b>FREELY B</b>	
First Compulsory Round: ROUND 2 <i>(FsB-1, FsB-2, FsB-3, or FFB-1, FFB-2, FFB-3)</i>			
Second Compulsory Round: ROUND 5 <i>(FsB-3, FsB-4, FsB-5, or FFB-4, FFB-5, FFB-6)</i>			
The Free Routine List of elements covers the following rounds <i>(circle as appropriate)</i>	<b>ALL</b>	<b>or</b>	<b>1      3      4</b>

	Name of move / sequence
1	
2	
3	
4	
5	
6	
7	
8	