

SECTION 5

TRAINING

1. GENERAL

All training and instruction must take place as required in the British Skydiving Category System, the British Skydiving Accelerated Free Fall (AFF) Levels, the British Skydiving Grading System or Tandem Skydiving; and all such training and instruction shall be by suitably qualified British Skydiving instructors.

2. THE BASIC TRAINING SYSTEM SYLLABUS

- 2.1.** All training for Category System and Accelerated Free Fall skydiving must include the following:
 - 2.1.1. Orientation and Documentation.
 - 2.1.2. Familiarisation with and Fitting of Equipment.
 - 2.1.3. After Landing Procedures.
 - 2.1.4. The Stable Position.
 - 2.1.5. Aircraft Drills and Emergency Drills.
 - 2.1.6. Malfunctions and Reserve Procedures.
 - 2.1.7. Canopy Control and Flight Drills.
 - 2.1.8. Abnormal Landings.
 - 2.1.9. Landings, including practical Parachute Landing Fall (PLF) training.
 - 2.1.10. Written Examination.
- 2.2.** Nuisance Factors may not be taught or introduced to student skydivers for the first time within the Malfunctions Lesson but must be taught as part of an earlier lesson.
- 2.3.** Nuisance Factors may not be formally introduced into the main Malfunctions Lesson until Malfunctions have been fully described, and the drill to deal with those Malfunctions has been demonstrated to, and practiced by, the participating Student Skydivers.
- 2.4.** Briefing for Tandem skydiving must include the following:
 - 2.2.1. Orientation and Documentation.
 - 2.2.2. Equipment.
 - 2.2.3. The Stable Position.
 - 2.2.4. Aircraft Drills and the Exit Position.
 - 2.2.5. Landings.

3. REVISION TRAINING

3.1. AFF and the Category System

- 3.1.1. Revision training must take place prior to a Student Skydiver's first descent of the day. The type of revision training will be as required by the CI and must be recorded in the Student Skydiver's Training Record Card or Logbook.
- 3.1.2. Category Systems Instructors who have been briefed by an AFFI and have a logbook endorsement may carry out revision training for AFF Students who have been cleared to make consolidation descents, provided the period since the previous recorded revision training session does not exceed one month
- 3.1.3. Should a gap exceeding 1 week and up to a maximum of 1-month lapse since the last recorded Revision Training Session, a practical and theoretical assessment (including exits and malfunctions) must be undertaken and if appropriate a written examination. This is to be recorded in the Student Skydiver's Training Record Card or Logbook.
- 3.1.4. Should a gap exceeding 1 month and up to a maximum of 3 months' elapse since the last recorded Revision Training Session, the basic training syllabus must be revised, including a written examination. The duration of this revision training will be as required by the CI. This is to be recorded in the Student Skydiver's Training Record Card or Logbook.
- 3.1.5. Should a gap exceeding 3 months' elapse since the last recorded Revision Training Session, the full basic training syllabus must be revised, or complete retraining may be required. This will be as required by the CI and is to be recorded in the Student Skydiver's Training Record Card or Logbook.

3.2. Tandem

- 3.2.1. Revision training must take place should a gap of 1 week or more elapse since initial training, or the last recorded revision training. The type of revision training will be as required by the CI and must be recorded.
- 3.2.2. Should there be a gap of 1 year or more since initial training, or the last recorded revision training, a full re-brief must take place.

4. AFF AND THE CATEGORY SYSTEM

No more than 6 AFF or 12 Category System Student Skydivers will be trained on any one Course.

5. LANDINGS

Suitable training equipment, such as ramps, platforms or 'fan' trainers are to be used on practical landing sessions.

6. SUSPENDED HARNESS

All AFF and Category System Student Skydivers must perform suspended harness drills during initial training.

7. PROGRESSION TRAINING

As part of any progression training, revision/instruction of emergency drills and procedures must take place.

8. ASSISTANTS

An assistant may be used by an instructor at the CI's discretion.

9. RECORDS

9.1. Records should be kept showing what training has been completed. The record should include details of any problem(s) encountered and the response to corrective training.

9.2. Entries copied into logbooks from training record cards should be countersigned by the original instructor or, the original critique card attached to the bound logbook, where practicable.

10. TRAINING FACILITIES AND EQUIPMENT

10.1. Facilities for the training of skydivers will be inspected periodically by a British Skydiving official. The British Skydiving official must be permitted access to any PTO area or relevant documentation.

10.2. British Skydiving makes no safety inspections of training equipment, apparatus or facilities used in conjunction with skydive training or skydiving activities.

11. RESTRICTIONS FOLLOWING A LAY-OFF

Where a Student or a British Skydiving 'A' Licence skydiver has had a lay-off of two months or more, approval of the CI must be obtained as to the type of descent to be made next.

12. NON-BRITISH SKYDIVING TRAINED STUDENT SKYDIVERS

Student skydivers trained outside the British Skydiving system may be integrated into the appropriate British Skydiving training system at the appropriate Category/Level/Grade, with CI approval.